# A randomised controlled trial to evaluate the effectiveness of a pharmacist's telephone reminders in reducing mortality in patients receiving polypharmacy

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
05/10/2004		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
15/02/2005	Completed	[X] Results		
<b>Last Edited</b> 18/02/2008	<b>Condition category</b> Other	[] Individual participant data		

# Plain English summary of protocol

Not provided at time of registration

# **Contact information**

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

EudraCT/CTIS number

IRAS number

## ClinicalTrials.gov number

## Secondary identifying numbers

HSRC/HCPF226103

# Study information

#### Scientific Title

# **Study objectives**

To investigate the effects of compliance and periodic telephone counselling by a pharmacist on mortality in patients receiving polypharmacy.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Added as of 22/10/2007:

Ethics approval received from the Chinese University of Hong Kong clinical research ethics committee.

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

# Study type(s)

Treatment

## Participant information sheet

# Health condition(s) or problem(s) studied

Compliance to polypharmacy

#### **Interventions**

Patients randomised to the intervention group received a 10 - 15 minute telephone call from the pharmacist for education and counselling between clinic visits for 2 years. Patients in the control group did not receive any telephone reminders.

# Intervention Type

Other

## **Phase**

**Not Specified** 

## Primary outcome measure

Time from randomisation to death from any cause.

## Secondary outcome measures

- 1. Changes in the rate of admission to hospital
- 2. Number of emergency room visits
- 3. Hospital stay in the two years before and after the screening visit
- 4. Changes in compliance

## Overall study start date

01/10/1998

## Completion date

01/06/1999

# **Eligibility**

## Key inclusion criteria

Patients receiving polypharmacy defined as five or more chronic medications who were found to be non-compliant upon first assessment by pharmacist

# Participant type(s)

**Patient** 

## Age group

Adult

#### Sex

Both

## Target number of participants

Added as of 22/10/2007: 502 recruited

## Key exclusion criteria

- 1. Speak non-Cantonese dialects or a different language
- 2. Conditions that prevented effective communication (for example, patients who are deaf, mute, or have dementia or other psychological disorders)
- 3. Live in nursing homes with supervised treatment

## Date of first enrolment

01/10/1998

## Date of final enrolment

01/06/1999

# Locations

## Countries of recruitment

Hong Kong

# Study participating centre Dept of Medicine and Therapeutics

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Hong Kong

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# Sponsor information

## Organisation

Hong Kong Health Services Research Fund (Hong Kong)

## Sponsor details

Health Welfare and Food Bureau Government Secretariat, HKSAR 20th floor Murray Building Garden Road

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Hong Kong

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+852 (0)2973 8288 hsrf@hwfb.gov.hk

# Sponsor type

Government

#### Website

http://www.fhb.gov.hk/index.html

#### **ROR**

https://ror.org/03qh32912

# Funder(s)

# Funder type

Government

## **Funder Name**

Hong Kong SAR Government Health Services Research Committee (Hong Kong)

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	09/09/2006		Yes	No