

# A randomised, controlled, factorial pilot study investigating omacor and/or fluvastatin in patients with chronic hepatitis C who have not responded to standard combination anti-viral therapy

**Submission date**

13/11/2007

**Recruitment status**

No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**

27/03/2008

**Overall study status**

Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**

22/02/2019

**Condition category**

Infections and Infestations

☐ Individual participant data

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

Prof Maggie Bassendine

**Contact details**

Freeman Hospital  
High Heaton  
Newcastle upon Tyne  
United Kingdom  
NE7 7DN

## Additional identifiers

**EudraCT/CTIS number**

2006-004335-29

**IRAS number****ClinicalTrials.gov number**

## Secondary identifying numbers

MRC ref: G0502028; EudraCT: 2006-004335-29

# Study information

## Scientific Title

A randomised, controlled, factorial pilot study investigating omacor and/or fluvastatin in patients with chronic hepatitis C who have not responded to standard combination anti-viral therapy

## Acronym

HCV Lipid Study

## Study objectives

Null hypotheses:

1. Omacor (low dose or high dose) treatment will have no effect on hepatitis C viral load
2. Fluvastatin treatment will have no effect on viral load

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the Fife and Forth Valley Research Ethics Committee, 09/05/2007, ref: 07/S0501/21

## Study design

Randomised open 3 x 2 factorial trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Chronic hepatitis C infection

## Interventions

Patients will be randomised to either:

Group 1: olive oil capsules daily for 12 weeks

Group 2: omacor 1 g daily for 12 weeks

Group 3: omacor 2 g daily for four weeks increasing to 1 g four times a day (q.d.s.) from weeks 5 - 12

Group 4: fluvastatin 40 mg daily for four weeks, then 80 mg daily from weeks 5 - 12, and olive oil capsules daily for 12 weeks

Group 5: omacor 1 g daily for 12 weeks, combined with fluvastatin 40 mg daily for four weeks, then 80 mg daily from weeks 5 - 12

Group 6: omacor 2 g daily for four weeks combined with fluvastatin 40 mg daily for four weeks, then omacor 1 g q.d.s and fluvastatin 80 mg daily from weeks 5 - 12

### **Intervention Type**

Drug

### **Phase**

Not Specified

### **Drug/device/biological/vaccine name(s)**

Omacor, fluvastatin

### **Primary outcome measure**

1. Fall in ALT from pre-treatment (average of screening and baseline visits) to end of treatment (EOT)
2. Fall in HCV viral load (lipoviroparticle [LVP] = putative infectious virion and/or total HCV RNA) from pre-treatment (average of screening and baseline visits) to EOT

### **Secondary outcome measures**

No secondary outcome measures

### **Overall study start date**

01/12/2007

### **Completion date**

30/04/2010

## **Eligibility**

### **Key inclusion criteria**

1. Age greater than or equal to 18 years
2. Positive hepatitis C ribonucleic acid (RNA) for more than six months
3. Elevated serum alanine transaminase (ALT) above normal limits for each laboratory
4. Previous lack of sustained virological response (SVR) to treatment with standard combination anti-viral therapy (standard interferon alpha and ribavirin and/or pegylated interferon alpha and ribavirin)
5. No lipid modulating agents for at least three months
6. Negative urine pregnancy test (for women of child bearing potential) documented within the 48 hour period prior to the first dose of test drug

Additionally all subjects must ensure adequate contraception during and for one month after treatment.

### **Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

72

**Key exclusion criteria**

1. Hepatitis B virus (HBV), hepatitis D virus (HDV) or human immunodeficiency virus (HIV) co-infection
2. A medical condition associated with chronic liver disease other than viral hepatitis, specifically excluding non-alcoholic fatty liver disease by body mass index (BMI) greater than or equal to 30
3. Clinical evidence of decompensated cirrhosis (ascites, portal hypertension with grade 2 oesophageal varices, hepatocellular cancer)
4. Alcohol use in excess of safe limits (28 units per week for men and 21 units per week for women)
5. Unable to conform to study protocol due to alcohol misuse or drug abuse
6. Serum alphafoetoprotein greater than or equal to 100
7. Platelet count less than 60,000 cells per/ml
8. Any research study within previous three months
9. Severe seizure disorder or concurrent phenytoin use
10. Lactation
11. History of muscular toxicity secondary to statins or fibrates
12. Hereditary muscle disorder or family history of hereditary muscle disorder
13. Concurrent anti-coagulant use

**Date of first enrolment**

01/12/2007

**Date of final enrolment**

30/04/2010

**Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Freeman Hospital

Newcastle upon Tyne

United Kingdom  
NE7 7DN

## Sponsor information

### Organisation

Newcastle upon Tyne Hospitals NHS Foundation Trust (UK)

### Sponsor details

Research and Development Department  
4th Floor, Leazes Wing  
Royal Victoria Infirmary  
Queen Victoria Road  
Newcastle upon Tyne  
England  
United Kingdom  
NE1 4LP

### Sponsor type

Hospital/treatment centre

### Website

<http://www.newcastle-hospitals.org.uk/>

### ROR

<https://ror.org/05p40t847>

## Funder(s)

### Funder type

Research council

### Funder Name

Medical Research Council (UK) (grant ref: AW-67446; G0502028)

### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

### Funding Body Type

Government organisation

### Funding Body Subtype

National government

**Location**

United Kingdom

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/05/2014		Yes	No