# A randomised, controlled, factorial pilot study investigating omacor and/or fluvastatin in patients with chronic hepatitis C who have not responded to standard combination anti-viral therapy

Submission date 13/11/2007	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li><li>Protocol</li></ul>
Registration date 27/03/2008	Overall study status Completed	<ul><li>Statistical analysis plan</li><li>[X] Results</li></ul>
<b>Last Edited</b> 22/02/2019	Condition category Infections and Infestations	[] Individual participant data

# **Plain English summary of protocol**Not provided at time of registration

# Contact information

# Type(s)

Scientific

### Contact name

Prof Maggie Bassendine

### Contact details

Freeman Hospital High Heaton Newcastle upon Tyne United Kingdom NE7 7DN

# Additional identifiers

**EudraCT/CTIS number** 2006-004335-29

IRAS number

ClinicalTrials.gov number

### Secondary identifying numbers

MRC ref: G0502028; EudraCT: 2006-004335-29

# Study information

### Scientific Title

A randomised, controlled, factorial pilot study investigating omacor and/or fluvastatin in patients with chronic hepatitis C who have not responded to standard combination anti-viral therapy

### Acronym

**HCV Lipid Study** 

### Study objectives

**Null hypotheses:** 

- 1. Omacor (low dose or high dose) treatment will have no effect on hepatitis C viral load
- 2. Fluvastatin treatment will have no effect on viral load

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Ethics approval received from the Fife and Forth Valley Research Ethics Committee, 09/05/2007, ref: 07/S0501/21

### Study design

Randomised open 3 x 2 factorial trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

### Participant information sheet

# Health condition(s) or problem(s) studied

Chronic hepatitis C infection

### **Interventions**

Patients will be randomised to either:

Group 1: olive oil capsules daily for 12 weeks

Group 2: omacor 1 g daily for 12 weeks

Group 3: omacor 2 g daily for four weeks increasing to 1 g four times a day (q.d.s.) from weeks 5 - 12

Group 4: fluvastatin 40 mg daily for four weeks, then 80 mg daily from weeks 5 - 12, and olive oil capsules daily for 12 weeks

Group 5: omacor 1 g daily for 12 weeks, combined with fluvastatin 40 mg daily for four weeks, then 80 mg daily from weeks 5 - 12

Group 6: omacor 2 g daily for four weeks combined with fluvastatin 40 mg daily for four weeks, then omacor 1 g q.d.s and fluvastatin 80 mg daily from weeks 5 - 12

### Intervention Type

Drug

### Phase

**Not Specified** 

### Drug/device/biological/vaccine name(s)

Omacor, fluvastatin

### Primary outcome measure

- 1. Fall in ALT from pre-treatment (average of screening and baseline visits) to end of treatment (EOT)
- 2. Fall in HCV viral load (lipoviroparticle [LVP] = putative infectious virion and/or total HCV RNA) from pre-treatment (average of screening and baseline visits) to EOT

### Secondary outcome measures

No secondary outcome measures

### Overall study start date

01/12/2007

### Completion date

30/04/2010

# **Eligibility**

### Key inclusion criteria

- 1. Age greater than or equal to 18 years
- 2. Positive hepatitis C ribonucleic acid (RNA) for more than six months
- 3. Elevated serum alanine transaminase (ALT) above normal limits for each laboratory
- 4. Previous lack of sustained virological response (SVR) to treatment with standard combination anti-viral therapy (standard interferon alpha and ribavirin and/or pegylated interferon alpha and ribavirin)
- 5. No lipid modulating agents for at least three months
- 6. Negative urine pregnancy test (for women of child bearing potential) documented within the 48 hour period prior to the first dose of test drug

Additionally all subjects must ensure adequate contraception during and for one month after treatment.

### Participant type(s)

**Patient** 

### Age group

Adult

### Lower age limit

18 Years

### Sex

Both

### Target number of participants

72

### Key exclusion criteria

- 1. Hepatitis B virus (HBV), hepatitis D virus (HDV) or human immunodeficiency virus (HIV) co-infection
- 2. A medical condition associated with chronic liver disease other than viral hepatitis, specifically excluding non-alcoholic fatty liver disease by body mass index (BMI) greater than or equal to 30
- 3. Clinical evidence of decompensated cirrhosis (ascites, portal hypertension with grade 2 oesophageal varices, hepatocellular cancer)
- 4. Alcohol use in excess of safe limits (28 units per week for men and 21 units per week for women)
- 5. Unable to conform to study protocol due to alcohol misuse or drug abuse
- 6. Serum alphafoetoprotein greater than or equal to 100
- 7. Platelet count less than 60,000 cells per/ml
- 8. Any research study within previous three months
- 9. Severe seizure disorder or concurrent phenytoin use
- 10. Lactation
- 11. History of muscular toxicity secondary to statins or fibrates
- 12. Hereditary muscle disorder or family history of hereditary muscle disorder
- 13. Concurrent anti-coagulant use

### Date of first enrolment

01/12/2007

### Date of final enrolment

30/04/2010

# Locations

### Countries of recruitment

England

**United Kingdom** 

Study participating centre Freeman Hospital

Newcastle upon Tyne

# Sponsor information

### Organisation

Newcastle upon Tyne Hospitals NHS Foundation Trust (UK)

### Sponsor details

Research and Development Department 4th Floor, Leazes Wing Royal Victoria Infirmary Queen Victoria Road Newcastle upon Tyne England United Kingdom NE1 4LP

### Sponsor type

Hospital/treatment centre

### Website

http://www.newcastle-hospitals.org.uk/

### **ROR**

https://ror.org/05p40t847

# Funder(s)

### Funder type

Research council

### **Funder Name**

Medical Research Council (UK) (grant ref: AW-67446; G0502028)

### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

### **Funding Body Type**

Government organisation

# **Funding Body Subtype**

National government

### Location

United Kingdom

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

**Study outputs** 

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2014		Yes	No