

WeBirthStudy: Questionnaire for assessing waterbirth experience design and validation

Submission date 21/06/2020	Recruitment status No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 01/07/2020	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
Last Edited 28/08/2025	Condition category Pregnancy and Childbirth	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

Plain English summary of protocol

Background and study aims

Water birth is the process of giving birth in water using a deep bath or birthing pool. Being in water during labour can help with pain as well as being more relaxing and soothing than being out of water. The water can help to support the weight, making it easier to move around and feel more in control during labour. Waterbirth has become an increasingly popular childbirth option. However, there is no specific questionnaire for evaluating waterbirth experience. The aim of this study was to design and develop a self-reporting questionnaire to evaluate the waterbirth experience.

Who can participate?

Adult women who have experience of waterbirth, and can speak Spanish.

What does the study involve?

The study sample will be recruited in Hospital Germans trias i Pujol, located in the Barcelona region and belong to the Catalan Health Service. Participants will be informed of the nature of the study and recruited in the delivery room or hospitalization ward. Recruitment will be continuous throughout different time periods on all days of the week during the period October 2022 to December 2024. Spanish Questionnaire for Assessing Waterbirth Experience (QAWEx) version will be sent to the participants online between 1 and 3 months postpartum together a questionnaire on sociodemographic and clinical variables.

The study involves the waterbirth experience questionnaire creation and the description of the obstetrical and neonatal results obtained and also the description of the facility agents and barriers of waterbirth.

What are the possible benefits and risks of participating?

There are no risks of participating since postpartum women have to answer an online questionnaire after one month of birth. However, they will be contributing to the creation of a valid and reliable instrument, which allows health professionals to evaluate waterbirth experience and can be used to assess the quality of health care, incorporating the point of view of women, and contribute to the evaluation and monitoring of the changes introduced with the new delivery care model.

Where is the study run from?
Hospital Germans Trias i Pujol (Badalona) Spain.

When is the study starting and how long is it expected to run for?
June 2020 to December 2025

Who is funding the study?
Investigator initiated and funded

Who is the main contact?
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Additional identifiers

Clinical Trials Information System (CTIS)

Nil known

ClinicalTrials.gov (NCT)

Nil known

Protocol serial number

Nil known

Study information

Scientific Title

Design and validation of a questionnaire for assessing waterbirth experience

Acronym

WeBirthStudy

Study objectives

Waterbirth has become an increasingly popular childbirth option. However, there is no specific questionnaire for evaluating waterbirth experience. The aim of this study was to design and develop a self-reporting questionnaire to evaluate the waterbirth experience

Ethics approval required

Ethics approval required

Ethics approval(s)

1. approved 17/12/2021, COMITÉ DE ÉTICA DE LA INVESTIGACIÓN - HOSPITAL UNIVERSITARIO GERMANS TRIAS I PUJOL (Ctra. de Canyet s/n, Badalona, Barcelona, 08916, Spain; +34 934 65 12 00; avaluacionsceic.germanstrias@gencat.cat), ref: PI-21-326

2. approved 29/11/2023, Comitè Ètic d'Investigació amb medicaments (CEIm) de l'IDIAP Jordi Gol (Gran Vía Corts Catalanes, 587 ático, Barcelona, 08007, Spain; +34934824124; cei@idiapjgol.org), ref: Codi CEIm: 23/172-P

Study design

Multicentre observational transverse trial

Primary study design

Observational

Study type(s)

Screening

Health condition(s) or problem(s) studied

Screening tool for evaluating waterbirth experience

Interventions

Participants will be informed and recruited in the delivery room or hospitalization ward. They will receive an e-mail from one to two months after waterbirth, inviting them to answer the online questionnaire that includes the created waterbirth questionnaire and a questionnaire on

sociodemographic variables. If they do not answer, they will be recalled by the researcher's team. Once they answer the e-mail, their participation will be finished.

Intervention Type

Other

Primary outcome(s)

Waterbirth Experience will be evaluated using the created specific questionnaire one month after birth as a minimum.

Key secondary outcome(s)

1. Obstetrical results from participants will be obtained and of measured using hospital records
2. Neonatal results of participants' children will be obtained and measured using hospital records
3. Waterbirth facilitators and barriers will be obtained and measured from two focus group composed of 5 postpartum women who gave birth in water. Information will be recorded, transcribed and triangulated to obtain those barriers and facilitators identified by women participating in this phase of the study. Phase I: questionnaire creation

Completion date

01/12/2025

Eligibility

Key inclusion criteria

Current inclusion criteria as of 20/10/2023:

1. Older than 18 years
2. Able to understand Spanish
3. Have computer knowledge in order to answer an online questionnaire
4. Have used water immersion during birth

Previous inclusion criteria:

1. Older than 18 years
2. Able to understand Spanish
3. Have computer knowledge in order to answer an online questionnaire
4. Have given birth using waterbirth

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

Female

Key exclusion criteria

Does not meet inclusion criteria

Date of first enrolment

11/10/2022

Date of final enrolment

01/12/2025

Locations

Countries of recruitment

Spain

Study participating centre

Hospital Germans Trias i Pujol

Canyet street, w/n

Badalona

Spain

08916

Study participating centre

Hospital Santa caterina

Doctor Castany Street, w/n

Salt (Gerona)

Spain

17190

Study participating centre

Hospital Comarcal de Inca

Street Vella de Llubí, w/n

Inca (Balearic Islands)

Spain

07300

Sponsor information

Organisation
Hospital de Mollet

Organisation
Fundació Hospital Sant Joan de Déu de Martorell

Funder(s)

Funder type
Other

Funder Name
Investigator initiated and funded

Results and Publications

Individual participant data (IPD) sharing plan

The current data sharing plans for this study are unknown and will be available at a later date.

IPD sharing plan summary

Data sharing statement to be made available at a later date

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet			03/07/2020	No	Yes
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes