A comparison study of internal versus external rotation immobilisation for primary anterior shoulder dislocation

Submission date 29/09/2006	Recruitment status No longer recruiting	 Prospectively registered Protocol
Registration date 29/09/2006	Overall study status Completed	 Statistical analysis plan Results
Last Edited 18/08/2015	Condition category Musculoskeletal Diseases	 Individual participant data Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s) Scientific

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers N0523163139

Study information

Scientific Title

A comparison study of internal versus external rotation immobilisation for primary anterior shoulder dislocation

Study objectives Not provided at time of registration

Ethics approval required Old ethics approval format

Ethics approval(s) Not provided at time of registration

Study design Randomised controlled trial

Primary study design Interventional

Secondary study design Randomised controlled trial

Study setting(s) Hospital

Study type(s) Treatment

Participant information sheet Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied Musculoskeletal Diseases: Shoulder dislocation

Interventions Arm [A] external rotation Arm [B] internal rotation

Intervention Type Procedure/Surgery

Primary outcome measure To assess rate of re dislocation per technique of splinting

Secondary outcome measures Not provided at time of registration

Overall study start date 01/01/2005

Completion date

01/05/2008

Eligibility

Key inclusion criteria

- 1. Age 20-40 years old
- 2. Traumatic dislocations
- 3. First time dislocations
- 4. No associated fractures of the region
- 5. No associated rotator cuff tears
- 6. No co morbidity that affect general health

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

75 patients per group

Key exclusion criteria

- 1. Recurrent disclocation
- 2. Unable to co operate for physiotherapy and/or follow up
- 3. Co morbidity
- 4. Associated fracture or rotator cuff injury
- 5. Significant ipsilateral injury
- 6. Open injuries
- 7. Neurological disease
- 8. Collagen disease
- 9. Pregnancy
- 10. Unfit for surgery

Date of first enrolment

01/01/2005

Date of final enrolment 01/05/2008

Locations

Countries of recruitment England United Kingdom

Study participating centre Good Hope Hospital NHS Trust Birmingham United Kingdom B75 7RR

Sponsor information

Organisation Record Provided by the NHSTCT Register - 2006 Update - Department of Health (UK)

Sponsor details The Department of Health, Richmond House, 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type Government

Website http://www.dh.gov.uk/Home/fs/en

Funder(s)

Funder type Government

Funder Name Good Hope Hospital NHS Trust (UK)

Results and Publications

Publication and dissemination plan Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration