

Tailored implementation of guidelines for obesity barriers study

Submission date 27/04/2012	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 27/04/2012	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 21/11/2019	Condition category Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Jane Krause

Contact details
University of Leicester
Department of Health Sciences
22-28 Princess Road West
Leicester
United Kingdom
LE1 6TP
-
jk208@leicester.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
12024

Study information

Scientific Title

Tailored implementation of guidelines for obesity barriers study: a randomised controlled trial

Study objectives

The aim of our study is to improve the quality of obesity care delivered by health professionals and teams. Traditional interventions such as educational sessions related to the NICE guidelines on obesity have only limited effectiveness. We plan to develop valid, feasible and efficient methods of tailoring implementation to the treatment of obesity. Tailoring involves designing an intervention to overcome the specific limiting factors or barriers experienced by a particular group of health care professionals to providing improved health care, which in this case is care in accordance with the NICE guidelines. However, methods for identifying the most important barriers health professionals face in delivering appropriate care are not well developed. Therefore, we need to evaluate and test different methods for identifying barriers and enablers for improving obesity care. A wide range of methods can be used to identify barriers and enablers.

The methods we plan to use are:

1. Brainstorming with health professionals (two sessions with between 610 participants)
2. Focus groups with health professionals (two sessions with between 610 participants)
3. Interviews of health professionals (a minimum of 8 professionals)
4. Interviews with patients (a minimum of 8 patients)
5. Questionnaire based on a checklist

These methods will be used in head to head comparisons for each chronic condition (in England, primary care management of obesity) in order to evaluate which methods are most appropriate to use, and to which contexts and settings they are most applicable. The comparisons will to some extent be designed as diagnostic studies, the methods being compared on the extent to which they identify all the barriers and enablers. The analysis will compare methods in terms of process (the time, resources and expertise required), and outcomes (the range and completeness of barriers and enablers identified).

More details can be found at <http://public.ukcrn.org.uk/Search/StudyDetail.aspx?StudyID=12024>

Ethics approval required

Old ethics approval format

Ethics approval(s)

ref: 12/NW/0106

Study design

Randomised interventional trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

GP practice

Study type(s)

Quality of life

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Obesity

Interventions

Management of Obesity: this project aims to assess the management of obesity within primary care, and to identify the barriers and enablers to care.

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Assess the barriers and enablers to obesity care within the NHS

Secondary outcome measures

No secondary outcome measures

Overall study start date

30/03/2012

Completion date

31/05/2012

Eligibility

Key inclusion criteria

1. Health professionals invited to participate in the study will be a mix of male and female participants, participants with a range of work experience, both in duration and a mix of clinical workers and managers.
2. A mix of health professionals will be used in order to ensure the perspectives of different groups are obtained, for example, doctors, nurses, dietitians etc. at different grade levels.
3. The patients should currently be receiving or have previously received weight reduction treatment.
4. Patients with different stages of the condition, different ages, gender, social status and so forth
5. Male and female participants
6. Minimum age 18 years

Participant type(s)

Mixed

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

Planned Sample Size: 350; UK Sample Size: 350

Key exclusion criteria

1. Health professionals who have no experience in delivering weight management care
2. Patients who have not recently been treated for weight reduction

Date of first enrolment

30/03/2012

Date of final enrolment

31/05/2012

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

University of Leicester

Leicester

United Kingdom

LE1 6TP

Sponsor information

Organisation

University of Leicester (UK)

Sponsor details

Department of Health Sciences

22-28 Princess Road West

Leicester
England
United Kingdom
LE1 6TP

Sponsor type

University/education

Website

<http://www2.le.ac.uk/>

ROR

<https://ror.org/04h699437>

Funder(s)

Funder type

Government

Funder Name

Seventh Framework Programme

Alternative Name(s)

EC Seventh Framework Programme, European Commission Seventh Framework Programme, EU Seventh Framework Programme, European Union Seventh Framework Programme, FP7

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

