

# Does a specially designed teacher-led sex education programme reduce sexual risk-taking? A randomised controlled trial of SHARE in Scottish schools

<b>Submission date</b> 25/10/2000	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 25/10/2000	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 03/08/2009	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

E354/77

# Study information

## Scientific Title

### Study objectives

To evaluate whether a specially designed teacher-delivered sex education programme for young people aged 13-15 has any effect on sexual risk taking and the incidence of unwanted sexual outcomes

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Not Specified

### Participant information sheet

### Health condition(s) or problem(s) studied

Public health, social medicine

### Interventions

Teacher-delivered sex education programme/control

### Intervention Type

Other

### Phase

Not Specified

### Primary outcome measure

Cumulative termination rate by age 20 and reported incidence of first intercourse without a condom.

**Secondary outcome measures**

Cognitions associated with safer sex, reported coercive sexual encounters, regretted sexual experience, use of sexual health services, etc.

**Overall study start date**

01/01/1996

**Completion date**

25/06/2005

**Eligibility****Key inclusion criteria**

Non-denominational secondary state schools in Tayside and Lothian Regions and pupils attending these schools.

**Participant type(s)**

Patient

**Age group**

Child

**Sex**

Female

**Target number of participants**

24 schools, 7200 pupils (3400 in each arm)

**Key exclusion criteria**

Roman Catholic schools and pupils who opt out of the research.

**Date of first enrolment**

01/01/1996

**Date of final enrolment**

25/06/2005

**Locations****Countries of recruitment**

Scotland

United Kingdom

**Study participating centre**

**MRC Social and Public Health Sciences Unit**  
Glasgow  
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## **Sponsor information**

### **Organisation**

Medical Research Council (MRC) (UK)

### **Sponsor details**

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[clinical.trial@headoffice.mrc.ac.uk](mailto:clinical.trial@headoffice.mrc.ac.uk)

### **Sponsor type**

Research council

### **Website**

<http://www.mrc.ac.uk>

## **Funder(s)**

### **Funder type**

Research council

### **Funder Name**

Medical Research Council (MRC) (UK)

### **Alternative Name(s)**

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

### **Funding Body Type**

Government organisation

### **Funding Body Subtype**

National government

### **Location**

United Kingdom

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	20/01/2007		Yes	No