Does a specially designed teacher-led sex education programme reduce sexual risk-taking? A randomised controlled trial of SHARE in Scottish schools

Submission date	Recruitment status No longer recruiting	Prospectively registered		
25/10/2000		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
25/10/2000	Completed	[X] Results		
Last Edited 03/08/2009	Condition category	[] Individual participant data		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number E354/77

Study information

Scientific Title

Study objectives

To evaluate whether a specially designed teacher-delivered sex education programme for young people aged 13-15 has any effect on sexual risk taking and the incidence of unwanted sexual outcomes

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Public health, social medicine

Interventions

Teacher-delivered sex education programme/control

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Cumulative termination rate by age 20 and reported incidence of first intercourse without a condom.

Key secondary outcome(s))

Cognitions associated with safer sex, reported coercive sexual encounters, regretted sexual experience, use of sexual health services, etc.

Completion date

25/06/2005

Eligibility

Key inclusion criteria

Non-denominational secondary state schools in Tayside and Lothian Regions and pupils attending these schools.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Sex

Female

Key exclusion criteria

Roman Catholic schools and pupils who opt out of the research.

Date of first enrolment

01/01/1996

Date of final enrolment

25/06/2005

Locations

Countries of recruitment

United Kingdom

Scotland

Study participating centre MRC Social and Public Health Sciences Unit

Glasgow United Kingdom G12 8RZ

Sponsor information

Organisation

Medical Research Council (MRC) (UK)

Funder(s)

Funder type

Research council

Funder Name

Medical Research Council (MRC) (UK)

Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	20/01/2007		Yes	No