

# An evaluation of the Incredible Years Parent Programme in Birmingham: support for parents of 3 and 4 year old children displaying problem behaviour

<b>Submission date</b> 08/10/2009	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 15/12/2009	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 18/07/2016	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Study website

<http://www.dartington.org.uk>

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

L680 TA-01631-01 RVPOG AOO

# Study information

## Scientific Title

A randomised controlled trial of the Incredible Years Parent Programme with parents of children at risk of developing conduct disorder in nine areas across Birmingham City

## Study objectives

1. There will be an improvement in parenting competencies following parent training
2. Children whose parents received parent training will show reduced problem behaviour and hyperactivity, and improved social competence
3. The programme will offer value for money and net benefit to the Council

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Warren House Group Ethics Committee, 05/03/2009, ref: WHG 2009-1

## Study design

Single centre randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Other

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Conduct disorder (CD)

## Interventions

The 12-week Incredible Years BASIC Parent Programme will be delivered as an early intervention to parents of children already displaying problematic behaviour in order to reduce the likelihood of children developing conduct disorder. The waiting list control group will be offered the intervention after the final follow up.

The total duration of follow-up will be 12 months after baseline for both arms of trial.

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome measure**

Administered at baseline, and the 6- and 12-month follow-ups:

1. Parent completed Strengths and Difficulties Questionnaire (SDQ)
2. Subscales of conduct, peer relationships and hyperactivity problems
3. Social competence
4. Impact supplement, which assesses the impact problem behaviour can have in other areas of life

**Secondary outcome measures**

Parent report at baseline, 6- and 12-month follow-ups:

1. 36-item Eyberg Child Behaviour Inventory (ECBI), used to assess child problem behaviours on the index child and sibling closest in age. Each behaviour is rated on two scales:
  - 1.1. 7-point Intensity Scale that measures how often the behaviour is perceived to occur, ranging in response intensity from 1 (never) to 7 (always)
  - 1.2. Yes-No Problem Scale that identifies whether the behaviour is currently seen as a problem for the parent
2. Demographics Questionnaire administered at baseline to assess background family characteristics; a follow-up version will be administered at both follow-ups to establish any factors that may impact on the results
3. Parenting Scale, to assess parenting competencies. There is no cut-off but the higher the score on the 7-point likert scale the less competent, or skilled, the parent.
4. An adapted Service Use Questionnaire will establish amount and type of health, social and education services accessed by the main caretaker and index child. This information will be used to calculate cost effectiveness and future cost benefits.

**Overall study start date**

01/11/2009

**Completion date**

30/03/2011

**Eligibility****Key inclusion criteria**

1. Live within one of the designated nine Children Centre catchment areas
2. Child aged 3 - 4 years, either sex
3. Scoring above the clinical cut-off of 17 for total difficulties on the Strengths and Difficulties Questionnaire (SDQ)

**Participant type(s)**

Patient

**Age group**

Child

**Lower age limit**

3 Years

**Upper age limit**

4 Years

**Sex**

Both

**Target number of participants**

162 (108: intervention; 54: waiting list control)

**Key exclusion criteria**

1. Child aged below 3 or above 4 years
2. Scored below the clinical cut off of 17 on the SDQ

**Date of first enrolment**

01/11/2009

**Date of final enrolment**

30/03/2011

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**The Social Research Unit**

Dartington

United Kingdom

TQ9 6AB

## **Sponsor information**

**Organisation**

Birmingham County Council (UK)

**Sponsor details**

c/o Cheryl Hopkins

Service Director - Strategy & Commissioning

CYP&F Directorate  
Room 183, Council House Extension  
Margaret Street  
Birmingham  
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B3 3BU

**Sponsor type**

Government

**Website**

<http://www.birmingham.gov.uk/>

**ROR**

<https://ror.org/04dm6ed68>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

Birmingham County Council (UK) (ref: L680 TA-01631-01 RVPOG AOO)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration