

# Telehealth adaptation of the Camperdown Program: a randomised controlled trial

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|--|---|--|
| <b>Submission date</b><br>30/10/2005   | <b>Recruitment status</b><br>No longer recruiting             | <input type="checkbox"/> Prospectively registered    |
|  |   | <input type="checkbox"/> Protocol                    |
| <b>Registration date</b><br>03/02/2006 | <b>Overall study status</b><br>Completed                      | <input type="checkbox"/> Statistical analysis plan   |
|  |   | <input checked="" type="checkbox"/> Results          |
| <b>Last Edited</b><br>27/04/2010       | <b>Condition category</b><br>Mental and Behavioural Disorders | <input type="checkbox"/> Individual participant data |

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Prof Mark Onslow

### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

## Scientific Title

## Study objectives

How many participants will respond to the telehealth adaptation of the Camperdown Program?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

La Trobe University (Australia), granted on 23rd May 2005

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Chronic stuttering

## Interventions

Standard format Camperdown Program versus Telehealth-adapted Camperdown Program

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

1. Percentage of syllables stuttered measured at one day pre-treatment and at 1 day, 6 months, and 12 months post-treatment, as well as 12 months post-randomisation
2. Calculation of mean stuttering
3. Severity scores (SEV scale), reported by the participant in the week prior to collection of each data point

**Secondary outcome measures**

Time taken to attain minimal stuttering will be evaluated as well as speech rate and speech naturalness of participants post therapy.

**Overall study start date**

01/04/2005

**Completion date**

01/03/2008

**Eligibility****Key inclusion criteria**

1. Diagnosis of stuttering
2. Stuttering over 2% Syllables Stuttered (SS)
3. Over 18 years of age

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

40 (20 in each program)

**Key exclusion criteria**

1. Less than 2% SS
2. Unable to attend weekly clinic for three months
3. Received therapy for stuttering in previous 12 months

**Date of first enrolment**

01/04/2005

**Date of final enrolment**

01/03/2008

**Locations****Countries of recruitment**

Australia

**Study participating centre**  
**Australian Stuttering Research Centre (ASRC)**  
Sydney  
Australia  
1825

## **Sponsor information**

**Organisation**  
University of Sydney (Australia)

**Sponsor details**  
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University of Sydney  
P.O. Box 170  
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**Sponsor type**  
University/education

**Website**  
<http://www.fhs.usyd.edu.au/asrc>

**ROR**  
<https://ror.org/0384j8v12>

## **Funder(s)**

**Funder type**  
Research council

**Funder Name**  
Australian National Health and Medical Research Council (NHMRC)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | results | 01/01/2010   |            | Yes            | No              |