# Acceptability of the Wand® local anaesthetic device for young dental patients

Submission date 08/12/2020	<b>Recruitment status</b> Suspended	<ul><li>[X] Prospectively registered</li><li>[X] Protocol</li></ul>		
Registration date	Overall study status Completed	Statistical analysis plan		
10/03/2021		☐ Results		
<b>Last Edited</b> 19/07/2021	<b>Condition category</b> Oral Health	Individual participant data		
		<ul><li>Record updated in last year</li></ul>		

### Plain English summary of protocol

Background and study aims

Local anaesthesia involves numbing an area of the body using a type of medication called a local anaesthetic.

These medications can be used to treat painful conditions, prevent pain during a procedure or operation, or relieve pain after surgery.

Dental injections are used to inject the local anaesthetic to a specific site in the mouth as an essential measure to provide painless dental treatment. However, injection pain is one of the most common reasons for dental anxiety. A computer-controlled local anaesthetic device named the 'Wand®' has recently been developed, designed to reduce the discomfort of providing dental local anaesthesia. The aim of this study is to compare the Wand® and the usual injection method to find which is more acceptable to children.

### Who can participate?

Children aged 10 - 16 years who require non-urgent dental treatment under local anaesthetic.

### What does the study involve?

Participants will be randomly allocated to receive local anaesthetic by one of two methods. The intervention group will receive the intervention treatment (dental local anaesthetic via the Wand® CCLAD system), and the control group will receive the control treatment (dental local anaesthetic via the conventional dental syringe).

The two groups will be compared in terms of their acceptability of the LA delivered by the two methods.

What are the possible benefits and risks of participating?

Benefits: The child's dental treatment will be done by experienced dentists at the Eastman Dental Hospital using widely recognised local anaesthetic delivery methods.

Risks: It will take extra time out of the participant's day to complete the questionnaires (15-20 minutes). Otherwise, there are no known risks for children participating in this trial rather that the known risks of the local anaesthetic that will be explained by the child's dentist during the appointment.

Where is the study run from? UCLH Eastman Dental Hospital (UK)

When is the study starting and how long is it expected to run for? August 2020 to July 2021

Who is funding the study? Ministry of Education (Libya)

Who is the main contact? Rema Elhaj-Husian, rema.elhaj-husian.14@ucl.ac.uk

# Contact information

### Type(s)

Scientific

#### Contact name

Mrs Rema Elhaj-Husian

### Contact details

UCL Eastman Dental Institute 256 Gray's Inn Road London United Kingdom WC1X 8LD +44 (0)203 4561022 rema.elhaj-husian.14@ucl.ac.uk

# Additional identifiers

### Clinical Trials Information System (CTIS)

Nil known

# Integrated Research Application System (IRAS)

184896

# ClinicalTrials.gov (NCT)

Nil known

### Protocol serial number

Sponsor R&D reference: 125424, IRAS 184896

# Study information

### Scientific Title

Assessing the acceptability of the Wand® computer-controlled local anaesthetic device for paediatric dental patients: A pilot clinical trial

### **Study objectives**

To compare child dental patients' acceptability of local anaesthetic (LA) delivered by the Wand® computer-controlled local anaesthetic delivery system (CCLAD) to LA delivered by the conventional dental syringe.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Approved DATE, East Midlands - Nottingham 1 Research Ethics Committee (The Old Chapel, Royal Standard Place, Nottingham, NG1 6FS, UK; +44 (0)207104 8036; nottingham1.rec@hra.nhs.uk), ref:

### Study design

Parallel unblinded randomised controlled pilot trial

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Assessing Wand® local anaesthetic acceptance in young dental patients

### **Interventions**

Trial procedure:

1- Pre-intervention assessments

Patients will be screened for eligibility against the inclusion criteria for their age (10-16 yrs), their medical history will be checked for any health problems that will interfere with the participation in the trial (ASA Class III or above) and the dental history will be reviewed for any previous experience with the local anaesthetic administrated with the Wand. Patients are required to have no previous experience with the Wand LA in order to be eligible. Participants who are willing to involve will then be consented and explained how to use the modified Visual Analogue Scales VAS before the trial on the same day which will be used by them to assess the LA acceptability during the intervention.

#### 2- Randomisation Procedures

Participants are considered to be enrolled into the trial following consent

All of the enrolled participants will be assigned to either the intervention or control group, with equivalent numbers of anxious and non-anxious in the two groups. Simple randomisation will be used for the allocation. The randomisation will be conducted using envelope technique by the statistician who will have no contact with the participants or researchers. The allocation will only take place after obtaining consents and assents. The researchers will be blinded to which group a participant has been assigned.

As an unblinded pilot trial, participants will not be blinded to which LA delivery method they will receive so that their acceptability of the overall experience will be assessed. The clinical practitioners who will provide the dental treatment including the administration of the LA will not be blinded during the clinical trial as it is not possible. However, outcome assessors will be blinded for measuring the outcomes.

### 3-Intervention procedures

All enrolled children in this trial will follow a three-phase procedure on the trial day as follows. Data will be recorded by the operator providing the treatment:

- Pre-LA phase: In this stage participants will indicate their prospective acceptability for the intervention by completing the Children's Intervention Rating Profile (CIRP), following which pre-LA participants' anxiety will be recorded using Children's Experience of Dental Anxiety Measure (CEDAM). It is estimated that this phase will last for 10 minutes.
- LA phase: During this stage the intervention group will receive LA via the Wand whereas the control group will receive LA via the traditional syringe, as a part of their required dental treatment. Treatments will be provided by the same practitioners who ordinarily treat the participants, and who are part of the clinical staff at the hospital. Immediately following the administration of the LA, participants will be given a modified VAS to record their concurrent acceptability of the LA received. Subsequently, the dental treatment will be continued and is estimated to range from 30-60 minutes, depending on the presenting dental complaints of participants. The trial treatments will be applied as a one-off at the Eastman Dental Hospital, and only this visit will be recorded and administered by clinical staff according to a standardised procedure, as blinding will not be feasible. This will be as follows:
- o Oral mucosa of the injection site will be dried and a topical anaesthetic, Lignocain 5% (a generic drug), will be applied by a cotton applicator for one minute.
- o LA will be performed according to the site of treatment (infiltration or nerve block) using the same LA substance (2% Lidocain with 1:80,000 epinephrine) and quantity for both types of techniques, as well as the gauge and the length of the needle. The conventional dental syringe will be used to deliver LA to control group participants and the WandTM (Milestone Scientific Inc.) will be used to deliver LA to the intervention group, as per the manufacturers' instructions. Both are standard devices used in everyday dental treatment provided in the Hospital.
- Post-LA phase: Similar to the pre-LA phase, the acceptability and the anxiety of the participants to the LA provided will be measured using the same scales, however acceptability in this phase is measured retrospectively. Further, children's fear of dental injections will be measured with Intra-Oral Injection Fear Scale (IOIFs). This stage will last approximately 15 minutes.

#### -Subsequent assessments and procedures

After the trial visit the trial is complete, and patients will continue with treatment as normal. A schedule of all trial assessments and procedures is as follows:

Visit 0 (baseline): Patients will be assessed against the inclusion criteria when they attend their arranged dental appointment with a member of the clinical staff. This includes, reviewing patients' notes for their age, medical and dental history and for any notes of patients' degree of anxiety, if any. Patient' will then be seen by one of the clinicians and a treatment plan will be determined and only following this, it will be confirmed whether the patient meets the inclusion criteria. Eligible patients will be invited to participate in the trial and will be provided with verbal and written explanation of the trial. They will be advised to respond via email to confirm if they are willing to be involved. Potential participants will then be given a date for their next treatment when they will receive the LA with either the intervention or the control anaesthetic device.

Visit 1 (trial): When participants agree to participate and attend, they will first be assented and their parents/guardians will be consented and only by which their involvement in the trial is commenced. Participants will be handed an intervention procpective acceptability rating profile and an anxiety scale to complete. They will also be explained on how to use the modified VAS that they will be given during the treatment just after having the LA to assess the concurrent acceptability. On the same visit following completion of the dental treatment, Participants will be asked to complete another anxiety scale, to measure the effect of the intervention on the anxiety level, and a retrospective intervention acceptability rating profile. Participants' injection fear will also be recorded after the treatment only to avoid provoking any needle anxiety before

the treatment using an injection fear scale. By this point the participant's involvement in the trial comes to an end.

This trial is to be performed unblinded whereby only the researcher (RE) and the supervisors (PA and SP) will not be able to identify the assigned LA delivery method to avoid influencing the responses. Participants will not be blinded to what LA technique they will receive to enable them to reflect their experience of the whole procedure. The researcher who will collect and analyse data and adjudicate outcome will not be informed of what group were participants assigned to and the two groups will be labelled using nonidentifying terms (A and B).

### Intervention Type

Device

#### Phase

Not Applicable

### Drug/device/biological/vaccine name(s)

The Wand® computer-controlled local anaesthetic device

### Primary outcome(s)

Measured before and after dental treatment during the single visit:

- 1. Acceptability of local anaesthetic received using a VAS
- 2. Level of anxiety before using a novel questionnaire

### Key secondary outcome(s))

There are no secondary outcome measures

### Completion date

03/07/2021

# **Eligibility**

### Key inclusion criteria

- 1. Paediatric patients aged 10 16 years
- 2. No previous experience of having LA delivered by the Wand®
- 3. Requiring dental treatment under LA
- 4. Good general health (American Society of Anaesthesiology ASA classification I & II)
- 5. Able to understand English sufficiently to complete scales/rating profiles appropriately
- 6. Patients and guardians willing to give informed assent/consent to participate in the study
- 7. Co-operative, with no indication of conscious sedation or treatment under general anaesthesia

### Participant type(s)

Patient

### Healthy volunteers allowed

No

#### Age group

Child

### Lower age limit

10 years

### Upper age limit

16 years

### Sex

All

### Key exclusion criteria

- 1. Aged below 10 or over 16 years old
- 2. Children unable to understand English sufficiently
- 3. Requiring treatment under conscious sedation or general anaesthesia
- 4. Children with ASA class III or over
- 5. Patients who have previously received dental anaesthesia using the Wand®
- 6. Unwilling to give consent

### Date of first enrolment

01/07/2021

### Date of final enrolment

03/07/2021

# Locations

### Countries of recruitment

United Kingdom

England

# Study participating centre

UCLH Eastman Dental Hospital

Royal National ENT and Eastman Dental Hospitals 47-49 Huntley Street London United Kingdom WC1E 6DG

# Sponsor information

### Organisation

Libyan Ministry of Education

# Funder(s)

### Funder type

Government

### Funder Name

Ministry of Education, Libya

# Alternative Name(s)

Ministry of Education-Libya, Libyan Ministry of Education,

### **Funding Body Type**

Government organisation

# **Funding Body Subtype**

Research institutes and centers

### Location

Libya

# **Results and Publications**

# Individual participant data (IPD) sharing plan

All data generated or analysed during this study will be included in the subsequent results publication.

# IPD sharing plan summary

Other

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet			10/03/2021	No	Yes
Participant information sheet			10/03/2021	No	Yes
Participant information sheet			10/03/2021		Yes
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Protocol file	version v3	15/07/2020	10/03/2021	No	No