# Head repositioning accuracy and posturography related to cervical facet nerve blockade and spinal manipulative therapy in healthy volunteers: a feasibility study

Submission date	<b>Recruitment status</b> No longer recruiting	Prospectively registered		
21/06/2007		☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
05/11/2007		[X] Results		
Last Edited	Condition category	Individual participant data		
10/06/2021	Nervous System Diseases			

# Plain English summary of protocol

Not provided at time of registration

# **Contact information**

# Type(s)

Scientific

#### Contact name

Dr Lars Björndahl

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

**BL1SKHS** 

# Study information

#### Scientific Title

Head repositioning accuracy and posturography related to cervical facet nerve blockade and spinal manipulative therapy in healthy volunteers: a feasibility study

#### Study objectives

Three working hypotheses formed the basis for the project:

- 1. Unilateral facet nerve anaesthesia is expected to elicit disturbed Head Repositioning Accuracy (HRA) and decreased postural control in healthy subjects
- 2. Disturbed HRA and altered postural control would also be expected after Spinal Manipulative Therapy (SMT) in the cervical spine
- 3. The disturbances would be caused by abnormal afferent input from the joints

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from:

- 1. Institutional Review Board of the Scandinavian College of Chiropractic in May 2004 (ref: BL1SKHS)
- 2. Research Ethical Board of the Swedish Chiropractic Association in May 2007 (ref: BL1KFSFeK)

#### Study design

This randomised, single-blinded feasibility study used some features adopted from the Single-Subject Research Design (SSRD), with multiple baseline measurements.

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

# Study type(s)

Other

## Participant information sheet

# Health condition(s) or problem(s) studied

Neck proprioception and balance

#### Interventions

All participants were subjected to unilateral facet nerve blockade (injection of a local anaesthetic) and cervical spinal manipulative chiropractic therapy. There was no control group in this trial. Instead, subjects acted as their own controls by using multiple baseline measurements.

# **Intervention Type**

#### Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Cervical proprioceptive functions and static posture were assessed by examining HRA and Computerised Posturography (CPG), respectively.

#### Sequence of measurements for Group 1:

- 1. Four baseline measurements
- 2. One measurement immediately after facet blockade
- 3. One measurement 24 hours after facet blockade
- 4. One baseline measurement
- 5. One measurement immediately after cervical spinal manipulative chiropractic therapy

#### Sequence of measurements for Group 2:

- 1. Two baseline measurements
- 2. One measurement immediately after cervical spinal manipulative chiropractic therapy
- 3. One baseline measurement
- 4. One measurement immediately after facet blockade
- 5. One measurement 24 hours after facet blockade
- 6. Two baseline measurements

## Secondary outcome measures

No secondary outcome measures

# Overall study start date

21/05/2007

## Completion date

10/09/2007

# Eligibility

#### Key inclusion criteria

Healthy volunteers.

#### Participant type(s)

Healthy volunteer

#### Age group

**Not Specified** 

#### Sex

Both

#### Target number of participants

6 (one woman and five men)

#### Total final enrolment

6

## Key exclusion criteria

- 1. History of cervical trauma
- 2. Whiplash associated disorders
- 3. Recent problems with chronic neck pain

#### Date of first enrolment

21/05/2007

#### Date of final enrolment

10/09/2007

# Locations

#### Countries of recruitment

Sweden

# Study participating centre Råsundavägen 101

Solna Sweden 16957

# Sponsor information

## Organisation

Scandinavian College of Chiropractic (Sweden)

## Sponsor details

Råsundavägen 101 Solna Sweden 16957

#### Sponsor type

University/education

#### Website

http://www.kiropraktik.edu/

#### **ROR**

https://ror.org/023j1w312

# Funder(s)

# Funder type

University/education

#### Funder Name

Scandinavian College of Chiropractic (Sweden)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		01/03/2009	10/06/2021	Yes	No