# Metformin PharmacoKinetics in young girls

Submission date	Recruitment status  No longer recruiting	<ul><li>Prospectively registered</li></ul>	
03/03/2011		☐ Protocol	
Registration date 15/03/2011	Overall study status Completed Condition category	Statistical analysis plan	
		[X] Results	
Last Edited		[] Individual participant data	
14/08/2012	Nutritional, Metabolic, Endocrine		

### Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

#### Contact name

Prof Lourdes Ibañez

#### Contact details

Hospital Sant Joan de Deu, University of Barcelona Esplugues, Barcelona Spain 08950

## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

PIC-72-10

## Study information

#### Scientific Title

PharmacoKinetics of Metformin at age 9

#### Acronym

MPK

#### **Study objectives**

To ascertain whether the pharmacokinetic parameters after oral metformin administration in young children are comparable to those in adults

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Review Board Hospital Sant Joan de Deu, apporved on 10th November 2010

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Screening

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Advanced puberty

#### **Interventions**

The patients were sampled after being admitted to the hospital, every 45 minutes for 3 hours and then 4, 6, 8, 10 and 12 hours after metformin intake, 850 mg/d.

The girls were started on metformin at a mean age of 9 years.

### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

1. Height velocity: according to local reference curves: Ferrández-Longás A, Mayayo E, Labarta JI, Bagué L, Puga B, Rueda C, Ruiz-Echarri M, Labena C. Estudio longitudinal de crecimiento y

desarrollo. Centro Andrea Prader. Zaragoza 1980-2002. In ERGON, ed. Patrones de crecimiento y desarrollo en España. Atlas de gráficas y tablas., pp 61-115. Madrid: 2004

2. Pubertal status: according to Tanner standards (Marshall WA, Tanner JM. Variations in the pattern of pubertal changes in girls. Arch Dis Child 1969; 44:291-303)

#### Secondary outcome measures

- 1. Bone age: according to Greulich & Pyle
- 2. Uterine and ovarian size: as measured by ultrasound and according to: Griffin IJ, Cole TJ, Duncan KA, Hollman AS, Donaldson MDC. Pelvic ultrasound measurements in normal girls. Acta Paediatr 1995; 84:536-543

#### Overall study start date

03/03/2011

#### Completion date

12/03/2011

## Eligibility

#### Key inclusion criteria

The study population consisted of 6 non-obese, Caucasian girls receiving metformin (850 mg/d at dinner time) after a history of low-birthweight (Z-score; Ü-1.5 for gestational age) and early-normal puberty (onset of Tanner breast stage 2 at age 8 yr; increase of uterine and ovarian size by ultrasound; pubertal gonadotropin response to GnRH agonist).

### Participant type(s)

Patient

#### Age group

Child

#### Sex

Female

#### Target number of participants

6

#### Key exclusion criteria

- 1. A family or personal history of diabetes mellitus
- 2. A history of precocious pubarche or the presence of other signs of androgen excess
- 3. Evidence for thyroid dysfunction or glucose intolerance
- 4. Intake of medications known to affect gonadal function or carbohydrate metabolism.

#### Date of first enrolment

03/03/2011

#### Date of final enrolment

12/03/2011

## Locations

#### Countries of recruitment

Spain

Study participating centre
Hospital Sant Joan de Deu, University of Barcelona
Esplugues, Barcelona
Spain
08950

## Sponsor information

#### Organisation

Hospital Sant Joan de Déu, University of Barcelona (Spain)

#### Sponsor details

Hospital Sant Joan de Deu, Univeristy of Barcelona c/o Lourdes Ibañez Esplugues, Barcelona Spain 08950

#### Sponsor type

Hospital/treatment centre

#### **ROR**

https://ror.org/001jx2139

## Funder(s)

#### Funder type

Hospital/treatment centre

#### **Funder Name**

Hospital Sant Joan de Déu, University of Barcelona (Spain)

## **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2011		Yes	No