

# Biochemical efficacy and tolerability of allopurinol 300 - 600 mg/day versus benzbromarone 100 - 200 mg/day in GOUT patients

<b>Submission date</b> 26/02/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 26/02/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 27/10/2022	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

NTR903

# Study information

## Scientific Title

Biochemical efficacy and tolerability of allopurinol 300 - 600 mg/day versus benzbromarone 100 - 200 mg/day in GOUT patients

## Acronym

GOUT-2

## Study objectives

Attainment of target serum urate levels seems more succesful with benzbromarone 100 mg/day than with allopurinol 300 mg/day. We study whether allopurinol 600 mg/day provides a better success rate in attaining target serum urate levels.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the Medical Centre Leeuwarden on the 13th March 2006 (ref: TPO-412).

## Study design

Randomised, active controlled, parallel group, multicentre trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Hyperuricemia, gout

## Interventions

Arm A: 1dd 300 mg allopurinol, when serum urate exceeds 0.30 mmol/L after eight weeks, dosage is increased to 2dd 300 mg

Arm B: 1dd 100 mg benzbromarone, when serum urate exceeds 0.30 mmol/L after eight weeks, dosage is increased to 1dd 200 mg

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Allopurinol, benzbromarone

**Primary outcome measure**

Success on study medication: tolerability and attainment of serum urate less than 0.30 mmol/L

**Secondary outcome measures**

1. Relative decrease of serum urate
2. Adverse drug reactions profile
3. Pharmacokinetic analysis of serum oxipurinol levels

**Overall study start date**

01/09/2006

**Completion date**

31/12/2007

**Eligibility****Key inclusion criteria**

1. Diagnosis based on crystal evidence or otherwise meeting the American Rheumatology Association (ARA) criteria
2. Baseline serum urate measured
3. Baseline urinary urate excretion measured
4. Estimated creatinine clearance more than 50 mL/min

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

60

**Total final enrolment**

65

**Key exclusion criteria**

1. Contra-indication for study medication: allopurinol or benzbromarone
2. Poor compliance on allopurinol defined as serum oxipurinol less than 5 mg/L

**Date of first enrolment**

01/09/2006

**Date of final enrolment**

31/12/2007

## **Locations**

**Countries of recruitment**

Netherlands

**Study participating centre****Medical Centre Leeuwarden**

Leeuwarden

Netherlands

8901 BR

## **Sponsor information**

**Organisation**

Medical Centre Leeuwarden (The Netherlands)

**Sponsor details**

Department of Clinical Pharmacy and Pharmacology

P.O. Box 888

Leeuwarden

Netherlands

8901 BR

**Sponsor type**

Hospital/treatment centre

**ROR**

<https://ror.org/0283nw634>

## **Funder(s)**

**Funder type**

Hospital/treatment centre

**Funder Name**

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

Not provided at time of registration

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>		01/06/2009		Yes	No