# Biochemical efficacy and tolerability of allopurinol 300 - 600 mg/day versus benzbromarone 100 - 200 mg/day in GOUT patients

Submission date	Recruitment status  No longer recruiting	Prospectively registered		
26/02/2007		∐ Protocol		
Registration date 26/02/2007	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 27/10/2022	<b>Condition category</b> Musculoskeletal Diseases	[] Individual participant data		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

**NTR903** 

# Study information

#### Scientific Title

Biochemical efficacy and tolerability of allopurinol 300 - 600 mg/day versus benzbromarone 100 - 200 mg/day in GOUT patients

## Acronym

**GOUT-2** 

# **Study objectives**

Attainment of target serum urate levels seems more successful with benzbromarone 100 mg/day than with allopurinol 300 mg/day. We study whether allopurinol 600 mg/day provides a better success rate in attaining target serum urate levels.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the Medical Centre Leeuwarden on the 13th March 2006 (ref: TPO-412).

## Study design

Randomised, active controlled, parallel group, multicentre trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

# Study type(s)

Treatment

# Participant information sheet

# Health condition(s) or problem(s) studied

Hyperuricemia, gout

#### **Interventions**

Arm A: 1dd 300 mg allopurinol, when serum urate exceeds 0.30 mmol/L after eight weeks, dosage is increased to 2dd 300 mg

Arm B: 1dd 100 mg benzbroamrone, when serum urate exceeds 0.30 mmol/L after eight weeks, dosage is increased to 1dd 200 mg

## Intervention Type

Drug

#### **Phase**

**Not Specified** 

# Drug/device/biological/vaccine name(s)

Allopurinol, benzbroamrone

## Primary outcome measure

Success on study medication: tolerability and attainment of serum urate less than 0.30 mmol/L

## Secondary outcome measures

- 1. Relative decrease of serum urate
- 2. Adverse drug reactions profile
- 3. Pharmacokinetic analysis of serum oxipurinol levels

## Overall study start date

01/09/2006

## Completion date

31/12/2007

# Eligibility

## Key inclusion criteria

- 1. Diagnosis based on crystal evidence or otherwise meeting the American Rheumatology Association (ARA) criteria
- 2. Baseline serum urate measured
- 3. Baseline urinary urate excretion measured
- 4. Estimated creatinine clearance more than 50 mL/min

## Participant type(s)

Patient

## Age group

Adult

#### Sex

Both

## Target number of participants

60

## Total final enrolment

65

## Key exclusion criteria

- 1. Contra-indication for study medication: allopurinol or benzbromarone
- 2. Poor compliance on allopurinol defined as serum oxipurinol less than 5 mg/L

# Date of first enrolment 01/09/2006

# Date of final enrolment 31/12/2007

# Locations

## Countries of recruitment

Netherlands

Study participating centre Medical Centre Leeuwarden Leeuwarden Netherlands 8901 BR

# Sponsor information

## Organisation

Medical Centre Leeuwarden (The Netherlands)

# Sponsor details

Department of Clinical Pharmacy and Pharmacology P.O. Box 888 Leeuwarden Netherlands 8901 BR

# Sponsor type

Hospital/treatment centre

## **ROR**

https://ror.org/0283nw634

# Funder(s)

# Funder type

Hospital/treatment centre

## **Funder Name**

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

# Individual participant data (IPD) sharing plan

Not provided at time of registration

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		01/06/2009		Yes	No