# Kinetic Oscillation Stimulation (KOS) in chronic hemodialysis: new potential anti-inflammatory treatment

Submission date	Recruitment status	Prospectively registered
26/11/2014	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
04/12/2014	Completed	Results
Last Edited	Condition category	Individual participant data
04/12/2014	Urological and Genital Diseases	<ul><li>Record updated in last year</li></ul>

#### Plain English summary of protocol

Background and study aims

Many patients with end-stage renal (kidney) disease survive because of chronic dialysis. Dialysis does some of the work usually done by the kidneys, such as removing waste products and excess fluid, maintaining safe levels of potassium, sodium and bicarbonate in the blood stream and helping to control blood pressure. However dialysis patients have an increased risk of cardiovascular disease and therefore are at a high risk of premature death. This may be partly due to autonomic dysfunction, whereby the autonomic nervous system (which controls basic bodily functions such as heart rate, breathing rate, body temperature and so on) no longer works properly and chronic inflammation. We want to explore the effects of a non-invasive device 3-4 times weekly on inflammation in adult dialysis patients and potential changes in autonomic dysfunction over a period of 3 months.

Who can participate?

Adult patients undergoing chronic dialysis

What does the study involve?

Participants are treated with the Kinetic Oscillation Stimulation (KOS) device for 10-15 minutes, 3 times a week before their dialysis session. The device is inserted into a nostril with a probe which is then stimulated with a low electric current causing oscillations. The participant feels a vibrating sensation. We look for evidence of inflammation and assess variations in heart rate at the start and end of the study period.

What are the possible benefits and risks of participating?

Kinetic Oscillation Stimulation(KOS) is safe and has been used in over 100 patients with chronic rhinitis and migraine. The vibrating sensation is not painful but may cause a slight discomfort initially. If KOS does have an anti-inflammatory effect this may benefit the research subjects taking part in the study. However this cannot be guaranteed.

Where is the study run from? Karolinska University Hospital (Sweden) When is the study starting and how long is it expected to run for? January 2014 to December 2016

Who is funding the study?

- 1. Stockholm County Council (ALF project) (Sweden)
- 2. Westman Foundation (Sweden)
- 3. Martin Rind Foundation (Sweden)

Who is the main contact? Professor Annette Bruchfeld Annette.bruchfled@ki.se

# Contact information

#### Type(s)

Scientific

#### Contact name

Prof Annette Bruchfeld

#### Contact details

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# Additional identifiers

#### Protocol serial number

DIA-CAP version 1

# Study information

#### Scientific Title

Modulation of the Cholinergic Anti-inflammatory Pathway in DIAlysis

#### **Acronym**

DIA-CAP

#### **Study objectives**

The overall aim of this open-label study is to investigate the effect of a new, non-pharmacological method that may induce changes in autonomic dysfunction in the dialysis setting and thereby influence chronic inflammation

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Regional ethical review board, Stockholm, 23/04/2014, ref. 2014/538-31/1

#### Study design

Interventional, single-centre, open-label study.

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Chronic inflammation in chronic dialysis patients

#### **Interventions**

We will use the Kinetic Oscillation Stimulation (KOS) device in chronic hemodialysis 3 times weekly during 10-15 minutes prior to the dialysis session. The device is inserted into one of the nostrils with a probe which is then stimulated with a low electric current causing oscillations. The research subject experiences this as a vibrating sensation. Our hypothesis is that this may stimulate the cholinergic anti-inflammatory pathway via the vagus nerve and decrease inflammation in this patient group with underlying chronic inflammation.

#### Intervention Type

Device

## Primary outcome(s)

- 1. Inflammatory markers in serum and in stimulated whole blood during follow-up compared to prior to stimulation.
- 2. Heart rate variability by EKG (autonomic dysfunction assessment) during follow-up compared to prior to stimulation

# Key secondary outcome(s))

Health assessment questionnaires

# Completion date

31/12/2016

# **Eligibility**

#### Key inclusion criteria

All stable adult patients with no age limit undergoing chronic dialysis.

# Participant type(s)

Patient

# Healthy volunteers allowed

No

#### Age group

#### Adult

#### Sex

All

#### Key exclusion criteria

Ongoing clinical infection.

## Date of first enrolment

24/11/2014

#### Date of final enrolment

31/12/2016

# Locations

#### Countries of recruitment

Sweden

## Study participating centre Karolinska University Hospital

Stockholm Sweden

# Sponsor information

#### Organisation

Karolinska University Hospital

#### **ROR**

https://ror.org/00m8d6786

# Funder(s)

# Funder type

Government

#### Funder Name

Stockholms Läns Landsting

#### Alternative Name(s)

Stockholm County Council

## **Funding Body Type**

Government organisation

# Funding Body Subtype

Local government

#### Location

Sweden

#### Funder Name

Westman Foundation (Sweden)

#### Funder Name

Martin Rind Foundation (Sweden)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Available on request