

# Add-on salmeterol versus montelukast in Arg /Arg-16 asthmatics

<b>Submission date</b> 18/04/2008	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 31/07/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 09/11/2012	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**  
NCT00655616

**Secondary identifying numbers**  
sm2006msd01

# Study information

## Scientific Title

A proof-of-concept study to evaluate the benefit from add-on therapy with montelukast versus salmeterol in children with asthma carrying the Arg/Arg-16 beta2-receptor genotype

## Study objectives

The purpose of this study is to determine whether patients with asthma who carry a genotype associated with adverse outcomes with long-acting beta-2 agonists like salmeterol show greater benefit from the use of an asthma drug that works via alternative pathways like montelukast.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from Tayside Committee on Medical Research Ethics on the 2nd November 2006 (ref: 06/S1401/86).

## Study design

Interventional, single-centre, randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details provided in the interventions field to request a patient information sheet

## Health condition(s) or problem(s) studied

Asthma

## Interventions

Group one (comparison):

1. Seretide 100 Accuhaler (50 micrograms of salmeterol and 100 micrograms of fluticasone propionate) 1 dose twice daily plus 1 tablet daily of placebo montelukast
2. Seretide 250 Accuhaler (50 micrograms of salmeterol and 250 micrograms of fluticasone propionate) 1 dose twice daily plus 1 tablet daily of placebo montelukast
3. Seretide 500 Accuhaler (50 micrograms of salmeterol and 500 micrograms of fluticasone propionate) 1 dose twice daily plus 1 tablet daily of placebo montelukast

Group two (active):

1. Flixotide Accuhaler (fluticasone propionate) 50 micrograms per blister; 1 blister dose twice daily plus 1 tablet daily of montelukast
2. Flixotide Accuhaler (fluticasone propionate) 100 micrograms per blister; 1 blister dose twice daily plus 1 tablet daily of montelukast
3. Flixotide Accuhaler (fluticasone propionate) 250 micrograms per blister; 1 blister dose twice daily plus 1 tablet daily of montelukast
4. Flixotide Accuhaler (fluticasone propionate) 500 micrograms per blister; 1 blister dose twice daily plus 1 tablet daily of montelukast

Doses of montelukast or placebo:

Up to 6 years: 4 mg once daily

6 - 14 years: 5 mg once daily

15 years and above: 10 mg once daily

The total duration of treatment and follow-up for all treatment arms is one year.

Please use the following contact details to request a patient information sheet:

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### **Intervention Type**

Drug

### **Phase**

Not Specified

### **Drug/device/biological/vaccine name(s)**

Montelukast, salmeterol, fluticasone propionate

### **Primary outcome measure**

Oral montelukast is associated with reduced school absences in comparison to inhaled salmeterol over a period of 1 year in Arg/Arg-16 asthmatic children.

### **Secondary outcome measures**

1. Oral montelukast is associated with reduced out-of hours visits/hospital visits or admissions in comparison to inhaled salmeterol over a period of 1 year
2. Oral montelukast is associated with a reduction in airway resistance in comparison to inhaled salmeterol over a period of 1 year
3. Oral montelukast is associated with reduced exhaled nitric oxide levels in comparison to inhaled salmeterol over a period of 1 year
4. Oral montelukast is associated with reduced salivary eosinophilic cationic protein levels in comparison to inhaled salmeterol over a period of 1 year
5. Oral montelukast is associated with improved asthma specific quality-of-life in comparison to inhaled salmeterol over a period of 1 year

6. Oral montelukast is associated with improved morning peak expiratory flow rate in comparison to inhaled salmeterol over a period of 1 year

**Overall study start date**

01/08/2007

**Completion date**

31/12/2009

## **Eligibility**

**Key inclusion criteria**

All children and adolescents (5 - 18 years, either sex) with asthma in Tayside (Scotland) known:

1. To carry the Arg/Arg-16 genotype, and
2. Currently on inhaled steroids, and
3. Inhaled bronchodilators according to need

Will be telephoned or contacted through home visits to establish if they have had:

1. Any school absences from asthma, or
2. Out-of-hours visits to General Practitioner (GP)/hospital visits or admissions due to asthma over the previous 12 months

**Participant type(s)**

Patient

**Age group**

Child

**Lower age limit**

5 Years

**Upper age limit**

18 Years

**Sex**

Both

**Target number of participants**

120

**Key exclusion criteria**

The presence of serious respiratory or multi-system disease (e.g. cystic fibrosis, cancer under current treatment)

**Date of first enrolment**

01/08/2007

**Date of final enrolment**

31/12/2009

## **Locations**

**Countries of recruitment**

Scotland

United Kingdom

**Study participating centre**

**Maternal and Child Health Sciences**

Dundee

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## **Sponsor information**

**Organisation**

University of Dundee (UK)

**Sponsor details**

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**Sponsor type**

University/education

**Website**

<http://www.dundee.ac.uk/>

**ROR**

<https://ror.org/03h2bxq36>

## **Funder(s)**

**Funder type**

University/education

**Funder Name**

University of Dundee (UK)

**Funder Name**

Merck Sharp & Dohme Limited (MSD) (UK)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/04/2013		Yes	No