

# Effects of probiotics on liver function in chronic liver disease

<b>Submission date</b> 25/10/2009	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 11/11/2009	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 11/11/2009	<b>Condition category</b> Digestive System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Stephen Riordan

**Contact details**  
The Prince of Wales Hospital  
Barker Street  
Randwick  
Australia  
2031

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
00/207

## Study information

**Scientific Title**

Effects of probiotics on liver function in chronic liver disease: a randomised controlled trial

**Study objectives**

Probiotic treatment may improve liver function in patients with cirrhosis.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

South Eastern Illawarra Area Health Service approved on the 5th July 2002 (ref: 00/215)

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Cirrhosis

**Interventions**

Oral probiotic or placebo therapy for 30 days

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome measure**

Markers of liver function, measured at day 7, day 28 and day 56.

**Secondary outcome measures**

Tolerability, measured at day 7, day 28 and day 56.

**Overall study start date**

01/10/2009

**Completion date**

01/10/2010

## Eligibility

**Key inclusion criteria**

1. Patients aged between 18 and 70 years (either sex) with established cirrhosis
2. No antibiotic or lactulose therapy within 6 weeks
3. No prior use of probiotic therapy

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

30

**Key exclusion criteria**

1. Age under 18 years or over 70 years
2. Antibiotic or lactulose therapy within 6 weeks
3. Prior use of probiotic therapy
4. Hepatocellular carcinoma

**Date of first enrolment**

01/10/2009

**Date of final enrolment**

01/10/2010

## Locations

**Countries of recruitment**

Australia

**Study participating centre**

The Prince of Wales Hospital

Randwick

Australia

2031

# Sponsor information

## Organisation

The Prince of Wales Hospital (Australia)

## Sponsor details

c/o Professor Stephen Riordan  
Blacket Building  
Barker Street  
Randwick  
Australia  
2031

## Sponsor type

Hospital/treatment centre

## ROR

<https://ror.org/022arq532>

# Funder(s)

## Funder type

Other

## Funder Name

Investigator initiated and funded (Australia)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration