# Pharmacodynamics/electroencephalographic (EEG) study with Ginkgo biloba special extract EGb 761®

<b>Submission date</b> 21/02/2011	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>	
		☐ Protocol	
Registration date	Overall study status	Statistical analysis plan	
12/04/2011 <b>Last Edited</b> 12/04/2011	Completed  Condition category  Mental and Behavioural Disorders	Results	
		Individual participant data	
		Record updated in last year	

## Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

Prof Thomas Münte

#### Contact details

Universitätsklinikum Schleswig-Holstein Campus Lübeck Klinik für Neurologie Ratzeburger Alle 160 Lübeck Germany 23538

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

523001.01.098

# Study information

#### Scientific Title

An open-label, exploratory clinical trial to investigate the effects of Ginkgo biloba special extract EGb 761® on dopamine-induced executive cognitive functions and their neurophysiological correlation in subjects with mild cognitive deficits

## **Study objectives**

Investigation of effects of EGb 761® on executive controlling functions and their correlation in electroencephalographic (EEG) examination in subjects with mild cognitive deficits

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics Committee of the Medical Faculty of the University Hospital of Schleswig-Holstein, Campus Lübeck (Ethikkommission der Medizinischen Fakultät der Universitätsklinik Schleswig-Holstein, Campus Lübeck) approved on 19.01.2011, reference number: 10-236

## Study design

Single-centre open-label single-arm exploratory clinical trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

# Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

Mild cognitive deficits

#### Interventions

Ginkgo biloba EGb 761® 240 mg film-coated tablets; 1 tablet/day for 8 weeks

EEG examinations; computer-based cognitive tests; psychological rating scales

## Intervention Type

Drug

## Phase

## Drug/device/biological/vaccine name(s)

Ginkgo biloba special extract EGb 761®

## Primary outcome measure

- 1. Cognitive/clinical: error rate, error correction rate, error correction time, post-error slowing, post-non-inhibition slowing, stop signal reaction time in Flanker/Stop exercise; reaction time and electoral behaviour in recompensation exercise; cognitive test battery; Beck Depression Inventory II; FEDA
- 2. EEG: amplitude of error-related negativity (ERN), amplitude of error positivity, amplitude of correction-related negativity, amplitude of N2 component, amplitude of Stop-ERN, amplitude of Stop-N2 in Flanker-Stop exercise; amplitude of feedback-related negativity (FRN) in the recompensation exercise

## Secondary outcome measures

No secondary outcome measures

## Overall study start date

15/03/2011

## Completion date

30/09/2011

# **Eligibility**

## Key inclusion criteria

- 1. Age 45 to 65 years
- 2. Informed consent according to legal requirements
- 3. Subject is capable to consent without any limitations
- 4. Existence of mild cognitive deficits, objectified by
- 4.1. A percentile below 16 in atleast 2 of 6 test parameters of the cognitive test battery
- 4.2. Alertness test (response time with/without audio warning)
- 4.3. Go/NoGo test (response time, mistakes)
- 4.4. Shared attention test (response time, mistakes) or
- 4.5 A percentile below 16 in one test parameter of the cognitive test battery and evidence of acquired attention disturbances and executive disturbances, relevant for every day life, i.e. questionnaire of experienced deficits of attention distractibility and retardation in mental processes, FEDA-AV less than or equal to 45 or FEDA-EV less than or equal to 31 or fatigue and slowdown in practical activities, FEDA-AN less than or equal to 20

## Participant type(s)

Patient

## Age group

Adult

#### Sex

Both

## Target number of participants

20 subjects

## Key exclusion criteria

- 1. Participation in another experimental drug trial at the same time or within the past 4 weeks before enrolment
- 2. Pregnancy or lactation period (exclusion by pregnancy test for all women of childbearing potential)
- 3. Women of child-bearing potential, i. e. who do not meet at least one of the following criteria:
- 3.1. Hormonal contraception for at least 6 months
- 3.2. Post menopausal status for at least 2 years
- 3.3. Hysterectomy
- 3.4. Bilateral oophorectomy
- 4. Active peptic ulcer disease or any gastrointestinal diseases with potential impairment of the absorption of orally applied drugs (e.g. Billroth I + II, Crohn's disease, ulcerative colitis, any kind of enterectomy), celiac disease, dietically inadequately controlled lactose intolerance, other diseases causing malabsorption or chronical diarrhoea)
- 5. Persisting or recurrent neurological or psychiatric disorder at the time of enrolment
- 6. Severe, medically uncontrolled cardiovascular or pulmonary disease
- 7. Clinically relevant renal or hepatic dysfunction (serum creatinine or serum ASAT, ALAT or Gamma GT above 3 times the upper limit of the reference range)
- 8. Other severe metabolic disorders or progressive diseases [e.g. insulin-dependent diabetes mellitus, anaemia, vitamin deficiencies, cancer, known human immunodeficiency virus (HIV) infection/Acquired immunodeficiency syndrome(AIDS), syphilis)
- 9. Abnormal neurological and/or psychopathological findings
- 10. Intake of prohibited medications
- 11. Total score in Mini-Mental-Status < 26
- 12. Status after apoplexia
- 13. Status after cranial or brain injury
- 14. Apraxia (i. e. Morbus Parkinson, Dystonia)
- 15. Severe and insufficiently corrected loss of vision or hearing, severe language difficulties or any other disability that may prevent the subject from co-operating adequately in the trial or that may interfere with neuropsychological test performance
- 16. Known hypersensitivity to Ginkgo biloba, Ginkgo biloba extract or any ingredient of the drug under study

## Date of first enrolment

15/03/2011

## Date of final enrolment

30/09/2011

# Locations

## Countries of recruitment

Germany

## Study participating centre

# Universitätsklinikum Schleswig-Holstein

Lübeck Germany 23538

# Sponsor information

## Organisation

Dr. W. Schwabe GmbH & Co. KG (Germany)

## Sponsor details

Willmar-Schwabe-Str. 4 Karlsruhe Germany 76227

## Sponsor type

Industry

### **ROR**

https://ror.org/043rrkc78

# Funder(s)

## Funder type

Industry

### Funder Name

Dr. W. Schwabe GmbH & Co. KG (Germany)

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration