# Evaluation of optical imaging in foot ulcer management

Submission date	Recruitment status	[X] Prospectively registered
07/06/2024	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
19/07/2024	Ongoing	Results
Last Edited	Condition category	Individual participant data
20/01/2025	Skin and Connective Tissue Diseases	[X] Record updated in last year

# Plain English summary of protocol

Background and study aims

Non-healing foot wounds (ulcers) are frequent and lead to poor quality-of-life with high risk of amputation and mortality. A major reason for wounds not to heal are blocked arteries in the legs. Currently, the standard test to measure the blood flow in the legs is called ankle brachial pressure index (ABPI) and it requires blood pressure measurement with a cuff at the ankle. However, ABPI is not frequently performed, may miss diagnoses, and does not measure blood flow in the foot where ulcers are.

Optoacoustic imaging (OAI) and photoplethysmography (PPG) are 2 new non-invasive methods that can use light to measure oxygen and blood flow through the skin, but these have not been tested in patients with ulcers.

The aim of the study is to evaluate the value of OAI and PPG in patients with foot ulcers. We hypothesize that OAI and PPG can provide additional important clinical information otherwise not available.

#### Who can participate?

All patients with foot ulcers scheduled for routine appointments in the multidisciplinary diabetic foot and vascular clinics at East Surrey Hospital.

#### What does the study involve?

OAI and PPG scans will be performed at several sites along the leg and foot in addition to standard investigations. In those patients that will undergo surgery to improve blood flow as part of usual care, we will repeat all measurements after surgery. We will collect the results of the standard investigations and baseline medical and sociodemographic characteristics and collect 1 year outcome data based on electronic patient records.

#### What are the possible benefits and risks of participating?

There are no direct benefits to patients. The results will help vascular doctors to evaluate the value of OAI and PPG and if they can provide additional important clinical information otherwise not available.

Where is the study run from?

East Surrey Hospital (Surrey and Sussex Healthcare NHS Trust), Redhill with the University of Surrey (Department of Clinical and Experimental Medicine), Guildford (UK)

When is the study starting and how long is it expected to run for? December 2023 to March 2026

Who is funding the study?

The study is funded by iThera Medical and Medical Research Council (UK)

Who is the main contact? Prof. Christian Heiss, c.heiss@surrey.ac.uk

# Contact information

## Type(s)

Public, Scientific, Principal Investigator

#### Contact name

**Prof Christian Heiss** 

#### **ORCID ID**

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# Additional identifiers

# EudraCT/CTIS number

Nil known

#### IRAS number

331195

### ClinicalTrials.gov number

Nil known

# Secondary identifying numbers

CPMS 68419, IRAS 331195

# Study information

Scientific Title

Evaluation of optoacoustic imaging and photoplethysmography in patients with foot ulcers: a cross-sectional pilot study

#### **Acronym**

OAI-1

### **Study objectives**

Optoacoustic imaging (OAI) and photoplethysmography (PPG) can provide additional important clinical information that is otherwise not available.

### Ethics approval required

Ethics approval required

# Ethics approval(s)

Approved 10/07/2024, South Central - Oxford C Research Ethics Committee (2 Redman Place, Stratford, London, E20 1JQ, United Kingdom; +44 207 104 8271; oxfordc.rec@hra.nhs.uk), ref: 24/SC/0242

# Study design

Single-centre prospective observational cross-sectional pilot study

# Primary study design

Observational

## Secondary study design

Cross sectional study

#### Study setting(s)

Hospital

#### Study type(s)

Diagnostic

#### Participant information sheet

See study outputs table

# Health condition(s) or problem(s) studied

Foot ulcers

#### **Interventions**

Patients with ulcers will be prospectively recruited in the multidisciplinary diabetic foot and vascular clinics. Optoacoustic imaging (OAI) and photoplethysmography (PPG) scans will be performed at several sites along the leg and foot in addition to standard investigations (ultrasound, ABPI, toe pressure) and baseline medical and sociodemographic characteristics. Some patients will undergo surgery to improve blood flow as part of usual care. In these patients, the researchers will repeat all measurements after surgery. They will collect 1 year outcome data (wound healing, amputation, mortality) based on electronic patient records.

#### Intervention Type

Other

### Primary outcome measure

- 1. Tissue oxygenation and blood flow measured using optoacoustic imaging in feet at baseline (all) and after angioplasty (subgroup that receives angioplasty as standard of care)
- 2. Blood flow measured using photoplethysmography in feet at baseline and after angioplasty (subgroup)

#### Secondary outcome measures

- 1. Ankle brachial pressure index measured using ankle Doppler based estimated ABPI (eABPI) at baseline and after angioplasty (subgroup)
- 2. Toe brachial pressure index measured using arterial plethysmography with cuff at baseline and after angioplasty (subgroup)
- 3. Peripheral vascular disease in lower extremity arteries measured with duplex ultrasound at baseline and after angioplasty (subgroup)
- 4. 1-year outcome (major amputation, death, revascularisation, wound healing) measured using electronic patient records over 1 year

### Overall study start date

04/12/2023

# Completion date

01/03/2026

# Eligibility

# Key inclusion criteria

- 1. Age 18 years or greater
- 2. Non-healing foot wound for at least 4 weeks despite wound care
- 3. Scheduled for/referred to routine vascular assessment, multidisciplinary foot team clinic or endovascular revascularisation
- 4. Willing and able to provide informed consent
- 5. Vascular ultrasound exam required including Ankle Brachial Pressure Index (ABPI) and Toe Brachial Index (TBI)

# Participant type(s)

**Patient** 

# Age group

Adult

# Lower age limit

18 Years

#### Sex

Both

# Target number of participants

40

# Key exclusion criteria

- 1. Heart failure New York Heart Association (NYHA) ≥3
- 2. Systemic inflammation
- 3. Critically ill, American Society of Anesthesiologists (ASA) IV
- 4. Extensive foot wounds making OAI scanning impossible
- 5. No toes to measure TBI
- 6. Leg wounds or skin conditions preventing ABPI, OAI or ultrasound investigations
- 7. Participants who are unable to wear the laser safety goggles
- 8. Tattoos in the field of view for OAI scanner
- 9. Currently under phototherapy
- 10. History of photosensitising disease (e.g. porphyria, Lupus erythematosus)
- 11. Experiencing photo-toxicity associated with currently taking or having taken photosensitizing agents within the previous 72 h (e.g. sulfonamides, ampicillin, tetracycline, doxycycline)
- 12. Pregnancy

#### Date of first enrolment

18/12/2024

#### Date of final enrolment

31/03/2025

# Locations

# Countries of recruitment

England

**United Kingdom** 

# Study participating centre Surrey and Sussex Healthcare NHS Trust

Trust Headquarters
East Surrey Hospital
Canada Avenue
Redhill
United Kingdom
RH1 5RH

# Sponsor information

#### Organisation

University of Surrey

#### Sponsor details

Assurance Team – Research, Innovation and Impact Senate House

Guildford England United Kingdom GU2 7XH +44 (0)1483 683490 rigo@surrey.ac.uk

#### Sponsor type

University/education

#### Website

https://www.surrey.ac.uk/faculty-health-medical-sciences/research/research-and-innovation-team

#### **ROR**

https://ror.org/00ks66431

# Funder(s)

# Funder type

Industry

#### **Funder Name**

iThera

#### **Funder Name**

Medical Research Council

#### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

## **Funding Body Type**

Government organisation

# **Funding Body Subtype**

National government

#### Location

**United Kingdom** 

#### **Funder Name**

European Association of National Metrology Institutes

#### Alternative Name(s)

EURAMET e.V., European Collaboration in Measurement Standards, EUROMET, EURAMET

### **Funding Body Type**

Private sector organisation

### **Funding Body Subtype**

Associations and societies (private and public)

#### Location

Germany

#### **Funder Name**

UK Research and Innovation

#### Alternative Name(s)

UKRI

#### Funding Body Type

Government organisation

### Funding Body Subtype

National government

#### Location

United Kingdom

# **Results and Publications**

#### Publication and dissemination plan

The results of this study will be submitted for publication in peer-reviewed journals and presented at relevant conferences. The researchers plan to publish the anonymised data in a publicly accessible repository (e.g. UK data archive). This is stated in the patient information sheet and consent form. A lay summary will be sent to participants who indicate they would like to receive this.

# Intention to publish date

01/02/2026

#### Individual participant data (IPD) sharing plan

The data-sharing plans for the current study are unknown and will be made available at a later date

# IPD sharing plan summary

Data sharing statement to be made available at a later date

Study outputs

Output typeDetailsDate createdDate addedPeer reviewed?Patient-facing?Participant information sheetversion 0112/06/202412/07/2024NoYes