# A randomised clinical trial to compare the AV impulse foot pump with low molecular weight Heparin in the prevention of deep vein thrombosis after total knee replacement

Submission date 23/01/2004	<b>Recruitment status</b> No longer recruiting	Prospectively registered	
		[_] Protocol	
Registration date	Overall study status	[] Statistical analysis plan	
23/01/2004	Completed	[X] Results	
Last Edited 22/02/2008	<b>Condition category</b> Surgery	Individual participant data	

## Plain English summary of protocol

Not provided at time of registration

## **Contact information**

**Type(s)** Scientific

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## Additional identifiers

EudraCT/CTIS number

**IRAS number** 

#### ClinicalTrials.gov number

Secondary identifying numbers R/41/1.97/Warw

## Study information

Scientific Title

#### **Study objectives**

What is the relative effectiveness (against deep vein thrombosis [DVT]), safety and cost of Low Molecular Weight Heparin and the AV Impulse Foot Pump after total knee replacement surgery?

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Our study had the approval of the local Medical Research and Ethics Committee.

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Hospital

**Study type(s)** Treatment

Participant information sheet

Health condition(s) or problem(s) studied Total knee replacement

#### Interventions

Enoxaparin (40 mg) was administered, subcutaneously, 12 hours before surgery (in accordance with the UK licence) and every 24 hours thereafter until discharge from hospital. The slippers for the foot pump were applied in the recovery room and the controller was then engaged. The foot pump was then used whenever the patient was not weight-bearing until discharge from hospital. The patient lay in bed with the legs parallel to the floor. The controller activated the pump every 20 seconds at a pressure of 130 mmHg for a period of one second.

Intervention Type Drug

### Phase

Not Specified

#### Drug/device/biological/vaccine name(s)

Enoxaparin

#### Primary outcome measure

Frequency of DVT as shown by the results of ipsilateral ascending venography between the sixth and eighth postoperative days.

### Secondary outcome measures

1. Perioperative blood loss: a single drain was used routinely and blood loss was derived from a summation of intraoperative blood loss and postoperative drainage at 36 hours

2. Haemoglobin and haematocrit: measured before operation, on the second day after surgery and just before discharge

3. Blood loss index: transfusion requirements of the patients were noted. We recorded whether or not the patient had bruising or oozing from the site of the wound on the fourth and seventh postoperative days.

4. Swelling: assessed by measuring the circumference of the thigh and calf at 10 cm above and below the joint, respectively on the fourth and seventh postoperative days. The level was marked by an indelible pen to maintain consistency.

5. Knee flexion: measured active knee flexion with a goniometer on the fourth and seventh postoperative days. The soft-tissue side-effects were assessed in an open-label manner as it was apparent whether or not the patient was using a foot pump.

### Overall study start date

01/08/1997

### **Completion date**

01/02/1999

## Eligibility

### Key inclusion criteria

Patients scheduled for unilateral primary total knee replacement at the Avon Orthopaedic Centre.

#### Participant type(s) Patient

Age group Not Specified

**Sex** Not Specified

# **Target number of participants** 229

Key exclusion criteria

Refusal of consent
 Long-term warfarin therapy for pre-existing cardiac or cerebral disease
 A bleeding tendency
 Painful joints or wounds in the feet which would preclude the use of the foot pump

Date of first enrolment 01/08/1997

Date of final enrolment 01/02/1999

## Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre Southampton University Hospitals NHS Trust** Southampton United Kingdom SO16 6YD

## Sponsor information

**Organisation** NHS R&D Regional Programme Register - Department of Health (UK)

### Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website http://www.doh.gov.uk

## Funder(s)

**Funder type** Government

#### **Funder Name** NHS Executive South West (UK)

## **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/04/2002		Yes	No