# Managing social difficulties in routine oncology practice

Submission date	Recruitment status	Prospectively registered
12/05/2010	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
12/05/2010	Completed	Results
Last Edited	Condition category	[] Individual participant data
16/03/2016	Cancer	<ul><li>Record updated in last year</li></ul>

#### Plain English summary of protocol

Not provided at time of registration

### Contact information

#### Type(s)

Scientific

#### Contact name

Ms Emma Ingleson

#### Contact details

Psychosocial Oncology and Clinical Practice Research Group Beckett Street Leeds United Kingdom LS9 7TF

## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

7042

## Study information

Scientific Title

Pilot study to assess provision of simple support services information versus standard care in managing social difficulties in routine oncology practice

#### **Study objectives**

The primary objective of this study is to assess whether provision of information on support services can enhance patient well-being compared to standard practice. Specific aims are to develop and evaluate a Support Services Information Pack (SSIP) for patients, investigate the impact of this information provision on the process of care and patient well-being, and provide estimates of the effect size of this intervention in a future randomised trial. The main hypothesis is that simple information provision will improve detection of social difficulties, lead to a change in the process of care, lead to an increase in support accessed and an enhancement of patient well-being compared to standard care.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Leeds (Central) Research Ethics Committee, 11/05/2009, ref: 09/H1313/4

#### Study design

Single centre randomised interventional treatment trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Other

#### Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

Topic: National Cancer Research Network; Subtopic: All Cancers/Misc Sites; Disease: Bone, Head and Neck, Myeloma

#### **Interventions**

All patients on the study are asked to complete baseline measures (recording of an out-patient review consultation with their doctor and four questionnaires). Patients are then randomised into an intervention (treatment) arm, or a control arm. Those in the intervention arm will be provided with a Support Services Information Pack. Those in the control arm receive standard care (i.e. no additional information or interventions to those already available from their clinical teams or within the hospital).

All patients, regardless of arm, are on the study for a further 3 consecutive out patient review appointments (4 in total including baseline). Therefore the length of follow-up varies depending on their treatment, but will be between 4 to 12 weeks, with some exceptions. Patients are also asked to participate in an exit interview which can be completed within 2 weeks of completion of their participation in the study.

Follow-up length: 4 months

Study entry: registration and one or more randomisations

29/08/2012: Please note that as of 27/07/2012 patient recruitment was stopped due to the objectives becoming inviable and a lack of participants and staff. Interviews with staff will continue until 31/12/2012.

#### **Intervention Type**

Other

#### Phase

Not Applicable

#### Primary outcome measure

- 1. Cancer Rehabilitation Evaluation System-Short Form (CARES-SF)
- 2. Hospital Anxiety and Depression Scale (HADS)
- 3. Social Difficulties Inventory (SDI-21)

Measured at baseline (prior to any intervention) and end of study (after four months).

#### Secondary outcome measures

- 1. Patient checklists: recording use of services at baseline and end of study
- 2. Nurse checklists: recording informal contact between nursing staff running the clinic and participating patients, measured at baseline, visits 1 3 and end of study
- 3. Audio recording: recording consultations that participating patients have with the doctors, measured at baseline, visits 1 3 and end of study

#### Overall study start date

14/09/2009

#### Completion date

31/12/2012

## **Eligibility**

#### Key inclusion criteria

- 1. Be able to read and understand English
- 2. Have the capacity to give informed consent and complete the questionnaires
- 3. Not be participating in any other psychosocial studies
- 4. Be on active treatment having completed at least one cycle of chemotherapy and commenced radiotherapy
- 5. Be planning to continue treatment and attend the hospital for four consecutive appointments over 3 to 6 months
- 6. Male and female, lower age limit of 18 years

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

#### Target number of participants

Planned sample size: 60; UK sample size: 60

#### Key exclusion criteria

- 1. Does not meet inclusion criteria
- 2. Aged under 18 years

#### Date of first enrolment

14/09/2009

#### Date of final enrolment

31/12/2012

## Locations

#### Countries of recruitment

England

**United Kingdom** 

#### Study participating centre

Psychosocial Oncology and Clinical Practice Research Group

Leeds United Kingdom LS9 7TF

## Sponsor information

#### Organisation

University of Leeds (UK)

#### Sponsor details

Woodhouse Lane Leeds England United Kingdom LS2 9JT

#### Sponsor type

University/education

#### Website

http://www.leeds.ac.uk/

#### **ROR**

https://ror.org/024mrxd33

## Funder(s)

#### Funder type

Charity

#### **Funder Name**

Cancer Research UK (CRUK) (UK) (ref: C7775/A7424)

#### Alternative Name(s)

CR\_UK, Cancer Research UK - London, CRUK

#### **Funding Body Type**

Private sector organisation

#### **Funding Body Subtype**

Other non-profit organizations

#### Location

United Kingdom

## **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration