

# A randomised controlled parallel group study of a culturally focused cardiac rehabilitation programme - an efficacy trial (CADISAP)

<b>Submission date</b> 30/09/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 21/12/2018	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Sandeep Gupta

### Contact details

Consultant Cardiologist  
Forest Healthcare  
London  
United Kingdom  
E11 1NR

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0080139149

# Study information

## Scientific Title

A randomised controlled parallel group study of a culturally focused cardiac rehabilitation programme - an efficacy trial (CADISAP)

## Study objectives

To determine whether a culturally focused cardiac rehabilitation service for South Asians would be superior to conventional rehabilitation programmes.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled parallel group study

## Primary study design

Interventional

## Secondary study design

Randomised parallel trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Cardiovascular

## Interventions

Focused cardiac rehabilitation service for South Asians vs conventional rehabilitation

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

Quality of life data from the SF-36 MOS, uptake and compliance in the programme are the main outcome measures to determine the differences between the two arms of the trial.

## Secondary outcome measures

Not provided at time of registration

**Overall study start date**

02/02/2004

**Completion date**

01/09/2005

## **Eligibility**

**Key inclusion criteria**

150 patients

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

150

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

02/02/2004

**Date of final enrolment**

01/09/2005

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Forest Healthcare**

London

United Kingdom

E11 1NR

# Sponsor information

## Organisation

Department of Health

## Sponsor details

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL  
+44 (0)20 7307 2622  
dhmail@doh.gsi.org.uk

## Sponsor type

Government

## Website

<http://www.dh.gov.uk/Home/fs/en>

# Funder(s)

## Funder type

Government

## Funder Name

Whipps Cross University Hospital NHS Trust (NHS R&D Support Funding)

## Funder Name

British Heart Foundation

## Alternative Name(s)

the\_bhf, The British Heart Foundation, BHF

## Funding Body Type

Private sector organisation

## Funding Body Subtype

Trusts, charities, foundations (both public and private)

## Location

United Kingdom

# Results and Publications

## Publication and dissemination plan

2004 results presented at British Cardiovascular Society conference <http://connection.ebscohost.com/c/articles/13169861/cadisap-study-novel-comprehensive-cardiac-rehabilitation-cr-programme-can-improve-uptake-south-asian-sa-patients-established-chd>

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration