Randomised trial of vitamin D and calcium for the secondary prevention of osteoporosis related fractures in the elderly

| Submission date | Recruitment status | Prospectively registered | | |
|-------------------|--------------------------|--|--|--|
| 23/10/2000 | No longer recruiting | ☐ Protocol | | |
| Registration date | Overall study status | Statistical analysis plan | | |
| 23/10/2000 | Completed | [X] Results | | |
| Last Edited | Condition category | Individual participant data | | |
| 10/01/2014 | Musculoskeletal Diseases | | | |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

G9706483

Study information

Scientific Title

Acronym

RECORD

Study objectives

- 1. Daily oral Vitamin D or Calcium, or the two in combination, given to people aged 70 or over who have recently been successfully treated for a fracture likely to be related to osteoporosis, will decrease the incidence of subsequent fractures.
- 2. The cost of any effective regimen will be less than those associated with the fracture prevented

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Prevention

Participant information sheet

Health condition(s) or problem(s) studied

Primary care

Interventions

Daily oral Vitamin D/Calcium/Vitamin D and calcium in combination/placebo

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

- 1. New fractures,
- 2. Cost per avoided new fracture
- 3. Quality of life gain

Secondary outcome measures

Not provided at time of registration

Overall study start date

18/11/1998

Completion date

30/04/2004

Eligibility

Key inclusion criteria

- 1. Aged 70 years or over (irrespective of sex)
- 2. Recent first proximal femoral or other appendicular fracture sustained in a fall or clinical vertebral fracture
- 3. Attending fracture clinic or hospital in-patient
- 4. Resident in UK
- 5. Able to comply with protocol (eg Mini-mental Score greater than 7)
- 6. Gives consent

Participant type(s)

Patient

Age group

Senior

Sex

Both

Target number of participants

5250

Key exclusion criteria

- 1. Multiple or high energy transfer injury
- 2. Inability to walk prior to presenting fracture without the support of others
- 3. Suffering from known malignant disease
- 4. Contraindication to Calcium or Vitamin D
- 5. Current or recent treatment with more than 200iu daily of Vitamin D, Calcium, Fluoride, Diphosphonate or Calcitonin

Date of first enrolment

18/11/1998

Date of final enrolment

30/04/2004

Locations

Countries of recruitment

Scotland

United Kingdom

Study participating centre
Health Services Research Unit
Aberdeen
United Kingdom
AB9 2ZD

Sponsor information

Organisation

Medical Research Council (MRC) (UK)

Sponsor details

20 Park Crescent London United Kingdom W1B 1AL +44 (0)20 7636 5422 clinical.trial@headoffice.mrc.ac.uk

Sponsor type

Research council

Website

http://www.mrc.ac.uk

Funder(s)

Funder type

Research council

Funder Name

Medical Research Council (UK)

Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United Kingdom

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-----------------|---------|--------------|------------|----------------|-----------------|
| Results article | results | 07/05/2005 | | Yes | No |
| Results article | results | 01/09/2007 | | Yes | No |
| Results article | results | 01/09/2009 | | Yes | No |
| Results article | results | 08/01/2014 | | Yes | No |