

The influence of moderate alcohol consumption on insulin sensitivity

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 11/12/2008	Condition category Circulatory System	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
RS/06/07.98/Fl

Study information

Scientific Title

Study objectives

The consumption of modest amounts of alcohol, on a regular basis, appears to reduce the risk of developing cardiovascular disease. The aim of this study was to determine whether alcohol exhibits this protection through a reduction in insulin resistance.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Cardiovascular diseases: Heart disease

Interventions

1. 3 units of alcohol in the form of vodka daily for 7 days
2. No alcohol

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Fasting glucose, insulin, insulin sensitivity or glucose effectiveness, first phase insulin secretion

Key secondary outcome(s))

Not provided at time of registration

Completion date

31/01/2000

Eligibility**Key inclusion criteria**

Not provided at time of registration

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/02/1999

Date of final enrolment

31/01/2000

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Royal Bournemouth & Christchurch NHS Trust

Bournemouth

United Kingdom

BH7 7DW

Sponsor information**Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)**Funder type**

Government

Funder Name

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2002		Yes	No