

# Home versus Hospital based cardiac rehabilitation: a randomised trial with preference arms to compare clinical outcomes and costs. Cornwall Heart Attack Rehabilitation Management Study (CHARMS).

<b>Submission date</b> 11/01/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 08/02/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 14/09/2009	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

## Secondary identifying numbers

N0202102544

# Study information

## Scientific Title

## Acronym

CHARMS

## Study objectives

Not provided at time of registration

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Other

## Study type(s)

Other

## Participant information sheet

## Health condition(s) or problem(s) studied

Acute myocardial infarction

## Interventions

Interventions: 6-week nurse facilitated self-help package (the Heart Manual) or attendance at comprehensive hospital-based cardiac rehabilitation classes for 8-10 weeks.

## Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

Not provided at time of registration

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/12/2000

**Completion date**

30/06/2004

## Eligibility

**Key inclusion criteria**

A subset of all patients from two primary care trusts admitted to the Royal Cornwall Hospital with uncomplicated myocardial infarction and without major co morbidity

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

230

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

01/12/2000

**Date of final enrolment**

30/06/2004

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Lower Lemon Street Surgery**

Truro  
United Kingdom  
TR1 2LZ

## Sponsor information

**Organisation**

Peninsula Medical School (Primary Care) (UK)

**Sponsor details**

Postgraduate Education Centre  
Barrack Road  
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**Sponsor type**

University/education

**ROR**

<https://ror.org/04dtfyh05>

## Funder(s)

**Funder type**

Government

**Funder Name**

NHS Research & Development - NHS Executive South West "developments in organisation of care" grant (ref: D/02/10.99/Dal) (UK)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	10/07/2007		Yes	No