# Angiotensin II Receptor Blockers in patients with systemic right ventricles

Submission date Recruitment status Prospectively registered 28/09/2006 No longer recruiting [X] Protocol [ ] Statistical analysis plan Registration date Overall study status 28/09/2006 Completed [X] Results Individual participant data **Last Edited** Condition category 08/05/2013 Circulatory System

# Plain English summary of protocol

Not provided at time of registration

#### Study website

http://www.ccmo.nl

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

# Secondary identifying numbers

CVAL489ANL09

# Study information

#### Scientific Title

#### Acronym

ARBs and systemic right ventricles.

# **Study objectives**

Treatment with an angiotensin II receptor blocker (valsartan) stabilises or improves the functional performance of the systemic right ventricle.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the local medical ethics committee

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

# Study type(s)

Treatment

#### Participant information sheet

# Health condition(s) or problem(s) studied

Transposition of the great arteries, systemic right ventricle

#### **Interventions**

One group receives twice daily a 160 mg tablet of valsartan and the other group receives twice daily a placebo tablet.

#### Intervention Type

Drug

#### **Phase**

## Drug/device/biological/vaccine name(s)

Valsartan

#### Primary outcome measure

The change in right ventricular ejection fraction, determined by Cardiovascular Magnetic Resonance (CMR) (valsartan versus placebo). In patients who are not eligible for CMR the right ventricular ejection fraction is determined by echocardiography.

#### Secondary outcome measures

- 1. Changes congestive heart failure?
- 2. Changes the prevalence of supra-ventricular arrhythmias?
- 3. Changes in right ventricular function, determined by body surface mapping?
- 4. Changes the right ventricular volume?
- 5. Changes the peak oxygen consumption during exercise?
- 6. Changes the serum neurohormone levels?
- 7. Changes the quality of life and sport activity?
- 8. Changes the cardiac output and microcirculation?
- 9. Changes the number of deaths?

#### Overall study start date

01/09/2006

#### Completion date

01/01/2010

# **Eligibility**

# Key inclusion criteria

All adult patients with a systemic right ventricle due to a congenitally or surgically corrected transposition of the great arteries.

# Participant type(s)

**Patient** 

# Age group

Adult

#### Sex

Both

#### Target number of participants

128

#### Key exclusion criteria

- 1. Incapable of giving informed consen
- 2. Hypersensitivity to valsartan or any of its help substances
- 3. Known bilateral renal artery stenosis
- 4. Current symptomatic hypotension

- 5. Myocardial infarction, stroke or open-heart surgery in the previous four weeks
- 6. Previous heart transplant, or expected heart transplant within the next six months
- 7. Plasma creatinine level more than 250 µmol/L
- 8. Plasma potassium level more than 5.5 mmol/L
- 9. Pregnant or nursing women (a pregnancy test is offered to every female patient within the fertile age)
- 10. Desire to have children within the study period
- 11. Current treatment of hypertension with Angiotensin II receptor blockers or Angiotensin Converting Enzyme (ACE) inhibitors

# Date of first enrolment

01/09/2006

#### Date of final enrolment

01/01/2010

# Locations

#### Countries of recruitment

Netherlands

## Study participating centre Academic Medical Centre

Amsterdam Netherlands 1105 AZ

# Sponsor information

# Organisation

Academic Medical Center (AMC) (The Netherlands)

#### Sponsor details

P.O. Box 22660 Amsterdam Netherlands 1100 DD

#### Sponsor type

Hospital/treatment centre

#### **ROR**

https://ror.org/03t4gr691

# Funder(s)

# Funder type

Industry

#### Funder Name

Novartis Pharma B.V. (The Netherlands)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Protocol article</u>	protocol	01/11/2010		Yes	No
Results article	results	22/01/2013		Yes	No