# Study of the efficacy and safety indicators of two different iron chelators in patients with iron overload (Estudio de los indicadores de eficacia y seguridad de dos quelantes del hierro en pacientes con sobrecarga ferrica)

Recruitment status	Prospectively registered
No longer recruiting	☐ Protocol
Overall study status	Statistical analysis plan
Completed	Results
Condition category	Individual participant data
Haematological Disorders	Record updated in last year
	No longer recruiting  Overall study status  Completed  Condition category

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Pilar Giraldo Castellano

#### Contact details

Servicio de Hematología Hospital Universitario Miguel Servet Paseo Isabel La Católica 1-3 Zaragoza Spain 50009 +34 670285339 giraldo.p@gmail.com

# Additional identifiers

# Protocol serial number

TRA-158 (EC09/080)

# Study information

#### Scientific Title

A single-centre, prospective, randomised, phase III clinical study to evaluate the efficacy and safety indicators of two different iron chelators in patients with iron overload

### Acronym

QuelaFer

### **Study objectives**

The main aim of this study is to evaluate the efficacy of Deferasirox versus Deferoxamine in reducing serum ferritin levels and iron liver deposits in iron overload patients.

Excess iron in blood and tissues causes irreversible tissue damage. The removal of excess iron as response to treatment positively influences on the survival of patients with overload. Currently, there are two types of iron chelating agents authorised, each one with different route of administration (Deferoxamine-parenteral and Deferasirox-oral) but the superiority of one over another is not defined in relation to the intensity of the response, time to be reached or the severity and frequency of associated adverse effects or its impact on quality of life.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Clinical Research Ethics Committee of Aragon (Comité Ético de Investigación Clínica de Aragón) (CEICA).

Ref: C.I. EC09/080 11/08/2010

### Study design

Phase III single-centre prospective randomised clinical study

# Primary study design

Interventional

# Study type(s)

Treatment

# Health condition(s) or problem(s) studied

Haemosiderosis

#### Interventions

- 1. Group A: Deferasirox 20 mg/kg/day oral capsules for 4 months
- 2. Group B: Desferoxamine 30 mg/kg/day, slow Subcutaneous (SC) infusion administered over 8 hours by a portable infusion pump 3 times/week for 4 months
- 3. Patients from both groups will be followed for 1-month period.
- 4. The following tests should be performed:
- 4.1. Peripheral blood creatinine (weekly in the 1st month and then monthly), serum transaminases, bilirubin and alkaline phosphatase (on day 1 of treatment, every 2 weeks in the 1st month, then monthly, and at the end of treatment)
- 4.2. Serum ferritin (at screening, at baseline and at the beginning of each month of treatment)

- 4.3. Liver magnetic resonance imaging (MRI) and quantification of tissue iron (at screening visit and at the end of 4 months of treatment)
- 4.4. Computerised tomography (CT), CCL18 and proBNP activity (at screening, before the 2nd month of treatment and after treatment)
- 4.5. Eastern Cooperative Oncology Group (ECOG) performance status (at screening, and on day 1 of each new cycle of treatment)
- 4.6. Electrocardiogram (at screening and whenever the investigator deems it appropriate, SF36 quality of life questionnaire (at screening, before the 2nd month of treatment and after treatment).

### Intervention Type

Drug

#### Phase

Phase III

### Drug/device/biological/vaccine name(s)

1. Deferoxamine 2. Deferasirox

### Primary outcome(s)

Treatment efficacy was determined by measuring the serum ferritin at screening, at baseline and at the beginning of each month of treatment

### Key secondary outcome(s))

- 1. Identify whether blood biomarkers of macrophage activation (chitotriosidase, CCL-18) are higher in patients with iron overload than in the population with normal serum ferritin levels stratified by age and sex and if they can be used as markers of response to chelation therapy 2. To study if the biomarkers concentration correlates with the serum ferritin level, liver MRI, cardiac function assessed by ultrasound and its own changes after 4-month treatment with iron chelators
- 3.To assess the quality of life of patients undergoing both these treatments

### Completion date

30/09/2012

# Eligibility

### Key inclusion criteria

- 1. Age ≥ 18 years
- 2. Diagnosis of myelodysplastic syndrome
- 3. Have received a hematopoietic stem cell transplantation in the last 6 months
- 4. Gaucher's disease diagnosis
- 5. Serum ferritin concentration >500 mcg/L
- 6. To not have received previous iron chelation therapy
- 7. No severe renal failure (creatinine clearance >30 ml/min/1.73 m2)
- 8. No severe liver failure (liver enzymes under twice the upper normal limit)
- 9. Life expectancy of at least 6 months

### Participant type(s)

Patient

### Healthy volunteers allowed

No

### Age group

Adult

### Lower age limit

18 years

#### Sex

All

### Key exclusion criteria

- 1. To not accept to use reliable contraception throughout the study and during three months after cessation of treatment
- 2. Pregnancy or breast-feeding
- 3. History of cataracts or increasing risk of cataract formation
- 4. Severe renal failure (creatinine clearance <30 ml/min/1.73 m2)
- 5. Active chronic disease such as human immunodeficiency virus (HIV) or hepatitis B or C
- 6. To have received treatment with iron chelators in the last 6 months
- 7. Suspected or known hypersensitivity to the drug under study or any of the excipients
- 8. Dependence or current abuse of drugs or alcohol
- 9. Treatment with another investigational product in the last 6 months prior to baseline

### Date of first enrolment

01/03/2011

### Date of final enrolment

30/09/2012

# Locations

### Countries of recruitment

Spain

### Study participating centre Servicio de Hematología

Zaragoza Spain 50009

# Sponsor information

### Organisation

Aragon Institute of Health Sciences [Instituto Aragonés de Ciencias de la Salud] (Spain)

### ROR

https://ror.org/05p0enq35

# Funder(s)

# Funder type

Government

### **Funder Name**

Aragon Institute of Health Sciences [Instituto Aragonés de Ciencias de la Salud] (Spain)

# **Results and Publications**

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### **Study outputs**

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet Participant information sheet 11/11/2025 11/11/2025 No Yes