Influence of Genetics on the Degradation of Cannabinoids

| Submission date 22/02/2010 | Recruitment status No longer recruiting | Prospectively registered | | |
|----------------------------|---|-----------------------------|--|--|
| Registration date | Overall study status Completed | Statistical analysis plan | | |
| 14/04/2010 | | [X] Results | | |
| Last Edited 06/06/2025 | Condition category Other | Individual participant data | | |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s) Scientific

Contact name Dr Lorenz Theiler

Contact details

University Dept of Anesthesiology and Pain Therapy Inselspital Bern Switzerland 3010

ltheiler@med.miami.edu

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers THLD2010-1

Study information

Scientific Title

Genetic Influence of CYP2C9 Polymorphism on Pharmacokinetics of intravenously applied d-9-Tetrahydrocannabinol (THC) in Healthy Volunteers

Study objectives

Rate of intravenous applied d-9THC depends on genetically determined CYP2C9, where two polymorphisms (SNP) are known

Ethics approval required

Old ethics approval format

Ethics approval(s)

Cantonal Ethics Committee of Bern approved on the 22nd of February 2010 (ref: KEK-Number 241/09)

Study design Single centre open label uncontrolled interventional pharmacokinetic study

Primary study design Interventional

Secondary study design Cohort study

Study setting(s) Other

Study type(s) Other

Participant information sheet

Not available in web format, please use contact details below to request a patient information sheet

Health condition(s) or problem(s) studied Pharmacokinetics, Forensic Medicine, Anesthesiology

Interventions

300 healthy volunteers will be genetically screened for single nucleotide polymorphisms (SNP) in the Cytochrome P450 2C9 (CYP2C9) gene. The three alleles identified for this study will be 1. Wild Type (WT) 2. R144C 3. I359L

30 volunteers will be picked to form 6 groups will be based on the 6 possible allelic combinations; 11 12 13 22 23 33. Each group consists of about 5 people, although there may be

some differences due to allelic frequencies. We will not study more than 30 volunteers. If more than 5 persons in a specific group are available from the screened population (that is expected for the WT), than we will randomly choose by computer randomisation.

Participants will receive a single dose of 0.1mg/kg intravenous (IV) THC. Vitals and blood THC levels will be measured continuously for 72 hours.

Intervention Type

Drug

Phase Not Specified

Drug/device/biological/vaccine name(s)

d-9-Tetrahydrocannabinol (THC)

Primary outcome measure

Blood levels of THC and degradation products, assessed by blood sampling at baseline, and 1, 2, 5, 10, 15, 20, 30, 45, 60, 90, 180, 300 Minutes and 24h, 48h after THC injection.

Secondary outcome measures

1. Vitals

2. Side effects

3. Well being, assessed by questionnaires filled out at regular intervals as well by Visual Analogue Scale (VAS)

4. Pupillometry will obtained in a subgroup using standardised techniques

Overall study start date

01/03/2010

Completion date

01/07/2010

Eligibility

Key inclusion criteria 1. Healthy volunteers 2. 18-65 years old

Participant type(s) Healthy volunteer

Age group Adult

Lower age limit 18 Years

Upper age limit 65 Years **Sex** Both

Target number of participants

Screening: 300, Inclusion in Study: 30

Key exclusion criteria

- 1. Refusal to participate
- 2. Does not speak or read German
- 3. Ongoing smoking status (<3 months since quitting)
- 4. Extreme nutritive status (BMI outside 16-35)
- 5. American Society of Anesthesiologists Status Class III and above
- 6. Suspected coronary heart disease
- 7. Major heart rhythm disturbances
- 8. Liver enzymes P450 altering medication

9. Any treated or suspected psychiatric diseases at any time during lifetime. This includes, but is not restricted to schizophrenic disorders, depression, use of heroin, cocaine, LSD, and ongoing use of THC (<1 month since quitting).

10. Pregnant, women will be tested by urine Human Chorionic Gonadotropin (HCG)-stick

Date of first enrolment 01/03/2010

Date of final enrolment 01/07/2010

Locations

Countries of recruitment Switzerland

Study participating centre University Dept of Anesthesiology and Pain Therapy Bern Switzerland 3010

Sponsor information

Organisation Inselspital (Switzerland)

Sponsor details c/o Prof. Robert Greif - Vice-Chair University Dept of Anesthesiology and Pain Therapy Inselspital Bern Switzerland 3010

Sponsor type Hospital/treatment centre

ROR https://ror.org/01q9sj412

Funder(s)

Funder type Hospital/treatment centre

Funder Name

Inselspital (Switzerland) - University Dept of Anesthesiology and Pain Therapy, Departmental Research Fund

Funder Name

Federal Office of Public Health (BAG) (Switzerland) (unrestricted grant)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient- facing? |
|---------------------------|---|-----------------|----------------|-------------------|---------------------|
| <u>Results</u> article | Quantification and time course of subjective psychotropic and somatic effects | 18/12 /2024 | 19/12 /2024 | Yes | No |
| <u>Results</u> article | Effects on pupillary reaction and pupil size | 13/05 /2025 | 06/06 /2025 | Yes | No |