# Low dose inhaled nitric oxide in patients with acute lung injury

Submission date Recruitment status 18/11/2011 No longer recruiting	Prospectively registered
	Protocol
Overall study status	Statistical analysis plan
31/01/2012 Completed	[X] Results
Condition category	Individual participant data
	No longer recruiting  Overall study status  Completed

#### Plain English summary of protocol

Background and study aims

Acute respiratory distress syndrome (ARDS) is a disease in which the lungs are inflamed, wet and there is difficulty transmitting oxygen from the air that enters the lung as part of the breathing process into the blood. It has many causes including infectious and non-infectious. The objectives of this study were to add a gas called nitric oxide(NO) to the air that participants were breathing in order to raise the oxygen level in the blood in hopes of improving outcome in participants with ARDS.

#### Who can participate?

Patients aged 18 and over, regardless of sex, who have ARDS and are on a breathing machine (called a ventilator) in order to enable oxygen transfer into the blood.

#### What does the study involve?

The study compared inhaled nitric oxide (INO) added to the air the patient was breathing though the machine with a placebo nitrogen, a safe gas that makes up most of the air that we breathe and would have no effect on ARDS. All participants will receive the same treatment that they would have received for ARDS, even if they had not participated in the study. If patients were randomly allocated to the group receiving inhaled nitric oxide, this would have been the additional therapy.

What are the possible benefits and risks of participating?

By participating it is possible that the subject will have improved oxygenation and that this may lead to improved outcome. There are no anticipated potential side effects of the treatment when delivered at the doses that will be used in this study.

#### Where is the study run from?

There were 35 centers taking part in this trial and the lead center is St. Johns Mercy Hospital St. Louis. Missouri.

When is study starting and how long is it expected to run for?

The start date of the study was 1996 and the duration of the study was approximately 3 years. Recruitment of participants was until late summer/fall 1999.

Who is funding the study?

The study was funded by INO Therapeutics (Now called IKARIA). They paid the costs associated with the trial.

Who is the main contact?
Phil Dellinger
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# Contact information

#### Type(s)

Scientific

#### Contact name

Dr Richard Dellinger

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# Additional identifiers

#### Protocol serial number

INOT06

# Study information

#### Scientific Title

Low dose inhaled nitric oxide in patients with acute lung injury: a randomized controlled trial

# Study objectives

To evaluate the clinical efficacy of low-dose (5-ppm) inhaled nitric oxide in patients with acute lung injury.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Human Subjects Committee (USA), 15 February 1996

# Study design

Multicenter randomized blinded placebo-controlled

# Primary study design

#### Interventional

#### Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Acute lung injury

#### **Interventions**

Inhaled nitric oxide (5ppm) or placebo (nitrogen gas) is delivered with mechanical ventilator breaths until the patient is extubated or for a total of 28 days.

#### Intervention Type

Drug

#### Phase

Not Applicable

#### Drug/device/biological/vaccine name(s)

Nitric oxide

#### Primary outcome(s)

Days alive and off mechanical ventilation

#### Key secondary outcome(s))

Pulmonary function including spirometry, lung volumes and diffusion of carbon monoxide evaluated at 6 months

#### Completion date

08/09/1999

# **Eligibility**

#### Key inclusion criteria

- 1. Mechanically ventilated patients with acute lung injury
- 2. Ratio of partial pressure of arterial oxygen (O2) to the fraction of inspired partial pressure of oxygen in arterial blood/fraction of inspired oxygen (Pa02/FiO2) ratio of 250 or less

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

All

#### Key exclusion criteria

Sepsis as the cause of the acute lung injury

#### Date of first enrolment

27/03/1996

#### Date of final enrolment

08/09/1999

# Locations

#### Countries of recruitment

United States of America

## Study participating centre Cooper University Hospital

Camden, New Jersey United States of America 19102

# Sponsor information

## Organisation

Ohmeda/INO Therapeutics Inc (USA)

# Funder(s)

# Funder type

Industry

#### Funder Name

Ohmeda PPD/INO Therapeutics Inc. (USA)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

**Study outputs** 

Output typeDetailsDate createdDate addedPeer reviewed?Patient-facing?Results article07/04/2004YesNoParticipant information sheet11/11/202511/11/2025NoYes