

# Randomised controlled trial of bed rest versus no bed rest after intra-uterine insemination: impact on pregnancy rates

<b>Submission date</b> 27/06/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 27/06/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 02/11/2009	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr I. Custers

**Contact details**  
Academic Medical Centre (AMC)  
Department of Obstetrics and Gynecology  
Centre for Reproductive Medicine  
P.O. Box 22660  
Amsterdam  
Netherlands  
1100 DD  
+31 (0)20 566 4355  
[i.m.custers@amc.uva.nl](mailto:i.m.custers@amc.uva.nl)

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

## Secondary identifying numbers

NTR426

# Study information

## Scientific Title

### Study objectives

Does a short time of immobilisation (i.e., 15 minutes) after Intra-Uterine Insemination (IUI) have a potential advantage on pregnancy rates, compared to immediate mobilisation and does it outweigh the disadvantage of the extra time and working space it consumes?

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Ethics approval received from the local medical ethics committee

### Study design

Randomised controlled parallel group multicentre trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

## Participant information sheet

### Health condition(s) or problem(s) studied

Subfertility

### Interventions

Intra uterine insemination will be performed in spontaneous cycles as well in cycles with Controlled Ovarian Hyper-stimulation (IUI-COH). IUI will be performed in lithotomy position with Trendelenburg tilt. After the insemination has been performed, the patient will, according to their allocation, immediately stand up and go home, or will return to normal supine position, and remain so for 15 minutes.

### Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

Ongoing pregnancy

**Secondary outcome measures**

Biochemical, clinical, ectopic pregnancy.

**Overall study start date**

01/09/2005

**Completion date**

01/09/2007

## **Eligibility**

**Key inclusion criteria**

All patients, receiving IUI with fresh or cryo-preserved donor- or husbands sperm IUI with or without Controlled Ovarian Hyper-stimulation (IUI-COH), as a treatment for their subfertility will be eligible for the trial.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Female

**Target number of participants**

280

**Key exclusion criteria**

1. Tubal pathology of both fallopian tubes
2. Patients younger than 18 years or older than 43 years of age

**Date of first enrolment**

01/09/2005

**Date of final enrolment**

01/09/2007

## **Locations**

**Countries of recruitment**

Netherlands

**Study participating centre**  
**Academic Medical Centre (AMC)**  
Amsterdam  
Netherlands  
1100 DD

## **Sponsor information**

**Organisation**  
Academic Medical Centre (AMC) (Netherlands)

**Sponsor details**  
Center For Reproductive Medicine  
P.O. Box 22660  
Amsterdam  
Netherlands  
1100 DD

**Sponsor type**  
Hospital/treatment centre

**Website**  
<http://www.amc.uva.nl>

**ROR**  
<https://ror.org/03t4gr691>

## **Funder(s)**

**Funder type**  
Hospital/treatment centre

**Funder Name**  
Academic Medical Centre (AMC) (Netherlands)

## **Results and Publications**

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	29/10/2009		Yes	No