

# Evaluation of guidelines for open access flexible sigmoidoscopy

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|--|---|--|
| <b>Submission date</b><br>23/01/2004   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered    |
|  |   | <input type="checkbox"/> Protocol                    |
| <b>Registration date</b><br>23/01/2004 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan   |
|  |   | <input checked="" type="checkbox"/> Results          |
| <b>Last Edited</b><br>03/10/2012       | <b>Condition category</b><br>Cancer               | <input type="checkbox"/> Individual participant data |

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
PSI B-10

## Study information

**Scientific Title**

## **Study objectives**

To evaluate the effect of guidelines on utilisation of an open access flexible sigmoidoscopy (OAFS) service and the subsequent clinical management of patients referred to it. To compare the management of patients referred to outpatient clinics or to OAFS in terms of process measures, clinical outcome and resource utilisation. To identify changes in referral case mix following introduction of guidelines for an OAFS.

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

Not provided at time of registration

## **Study design**

Randomised controlled trial

## **Primary study design**

Interventional

## **Study type(s)**

Screening

## **Health condition(s) or problem(s) studied**

Colorectal cancer

## **Interventions**

1. Open access flexible sigmoidoscopy (OAFS) guidelines.
2. No guidelines.

## **Intervention Type**

Other

## **Phase**

Not Specified

## **Primary outcome(s)**

1. Referrals/1000 population
2. Endoscopy findings
3. Final diagnoses
4. Time to diagnosis
5. Resource costs in primary and secondary care
6. Patient resource costs.

The introduction of the guideline had no significant effect on the selection of patients for investigation, but did influence patient management, both at the time of endoscopy and thereafter, the sum effect of which was reduced use of secondary care resources. GPs are selective in their use of an OAFS service for patients with rectal bleeding. The introduction of OAFS is cost effective and results in changes in case mix in referrals to specialist clinics. Non-malignant neoplasms were found more often in OAFS referrals, confirming the value of this service in evaluating low risk rectal bleeding.

## **Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

30/06/1999

## Eligibility

**Key inclusion criteria**

1. Patients referred for open access flexible sigmoidoscopy and their referring practices.
2. Patients with symptomatic rectal bleeding referred for outpatient assessment prior to and during the study period.
3. < 18 years old

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

01/03/1997

**Date of final enrolment**

30/06/1999

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

School of Science  
Sunderland  
United Kingdom  
SR2 7BW

## Sponsor information

### Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

## Funder(s)

### Funder type

Government

### Funder Name

NHS Primary and Secondary Care Interface National Research and Development Programme (UK)

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

| Output type                                   | Details                       | Date created | Date added | Peer reviewed? | Patient-facing? |
|---|-------------------------------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a>               | results                       | 01/01/2000   |            | Yes            | No              |
| <a href="#">Participant information sheet</a> | Participant information sheet | 11/11/2025   | 11/11/2025 | No             | Yes             |