# **Hypertension Evaluation Project III**

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
31/10/2007		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
06/11/2007	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
31/12/2020	Circulatory System			

### Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

#### Contact name

Prof Hans Wilhelm Hoepp

#### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

3

## Study information

Scientific Title

Hypertension Evaluation Project III

#### Acronym

HEP III

#### **Study objectives**

Innovative ways for dissemination of guidelines are superior to traditional ways.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

All participants took part voluntarily and the interventions were optional therefore ethics approval was not necessary.

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

### Study type(s)

Quality of life

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Hypertension

#### **Interventions**

- 1. Guideline in print
- 2. Interactive guideline
- 3. Expert seminars
- 4. Control group

The intervention groups were 3825 physicians for the expert seminars and always 1500 for the guideline in print, the interactive guideline and the control group. The medium follow-up time after intervention was approximately six months.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Difference in guideline awareness between trained physicians and the control group.

#### Secondary outcome measures

Overall guideline awareness.

#### Overall study start date

01/01/2004

#### Completion date

31/03/2005

## **Eligibility**

#### Key inclusion criteria

Participants of HEP I-trial: In the HEP-I trial we explored the guideline awareness of 24899 German physicians, including all internists, cardiologists and 22% of general practitioners in a nationwide survey. The data is already published (see http://www.ncbi.nlm.nih.gov/sites/entrez? Db=pubmed&Cmd=ShowDetailView&TermToSearch=11677375)

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

Both

#### Target number of participants

8325

#### Total final enrolment

3825

#### Key exclusion criteria

See inclusion criteria.

#### Date of first enrolment

01/01/2004

#### Date of final enrolment

31/03/2005

### Locations

#### Countries of recruitment

Germany

### Study participating centre Kerpener Str. 62 Cologne Germany

## Sponsor information

#### Organisation

50937

University of Cologne (Germany)

#### Sponsor details

Koeln Fortune Program Faculty of Medicine Kerpener Str. 62 Cologne Germany 50937

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t.hensler@uni-koeln.de

#### Sponsor type

University/education

#### Website

http://www.uni-koeln.de/index.e.html

#### **ROR**

https://ror.org/00rcxh774

## Funder(s)

#### Funder type

University/education

#### **Funder Name**

University of Cologne (Germany) - Koeln Fortune Program, Faculty of Medicine

## **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	25/06/2008	31/12/2020	Yes	No