

# A prospective, comparative analysis of commercial and customised thumb splints in osteoarthritis effects on pain, hand function and patient preference.

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<b>Registration date</b> 30/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 25/04/2014	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

N0185146346

# Study information

## Scientific Title

### Study objectives

Osteoarthritis of the thumb and splinting:

1. To contrast and compare levels of pain relief and scores on hand functions between the splints
2. To contrast and compare patients views of each splint in terms of pain relief, hand function and cosmesis
3. To compare this to the theoretical basis of splinting, and findings of previous studies in this area
4. To make recommendations for how practice can be improved
5. The null hypothesis is: there is no significant difference between customised and commercial splints with reference to pain levels, hand function and patient preference.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Prospective, longitudinal study with a randomised cross over design

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Not Specified

## Participant information sheet

### Health condition(s) or problem(s) studied

Musculoskeletal Diseases: Osteoarthritis (OA)

### Interventions

At the first appointment a Baseline assessment will be carried out , and the patient will be randomly allocated either a hard/ customised or soft/commercial splint, to be worn for two weeks.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Pain will be measured using a visual analogue scale, hand function will be assessed using the arthritis hand function test, and patient preference by using a questionnaire.

After randomisation, the patients will be reassessed, using the same assessments, with the said splint in situ. At this point they will be given a questionnaire to fill out, at home, within a week. At the third appointment they will be given the second, different type of splint to wear for two weeks. The same procedure of appointments and assessments as for the first splint will be repeated. At the final appointment patients will be asked which splint, if any, they prefer, and they will take this one away with them. Results gained will then be compared and contrasted as set out in the research proposal.

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

10/09/2002

**Completion date**

20/04/2003

**Eligibility****Key inclusion criteria**

Not provided at time of registration

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

10/09/2002

**Date of final enrolment**

20/04/2003

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Occupational Therapy Department

Plymouth

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## **Sponsor information**

**Organisation**

Department of Health

**Sponsor details**

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**Sponsor type**

Government

**Website**

<http://www.dh.gov.uk/Home/fs/en>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration