

# Computer-tailored health information for parents with young children combined with personal counselling in well-child care

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| <b>Submission date</b><br>04/04/2006   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol                       |
| <b>Registration date</b><br>04/04/2006 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input type="checkbox"/> Results                       |
| <b>Last Edited</b><br>01/09/2009       | <b>Condition category</b><br>Other                | <input type="checkbox"/> Individual participant data<br><input type="checkbox"/> Record updated in last year |

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

# Study information

## Scientific Title

### Study objectives

The computer-tailored health information in combination with personal counselling leads to:

1. Improvement of health behaviors
2. Improvement of parental satisfaction with well-child care visits
3. Improvement of well-child care provider satisfaction with well-child care visits

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Received from local medical ethics committee

### Study design

Multicentre randomised controlled parallel group trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Other

### Study type(s)

Prevention

## Participant information sheet

### Health condition(s) or problem(s) studied

Unintentional injuries, overweight

### Interventions

Parents are randomised into one of two groups below:

1. Tailored health information in combination with personal counselling
2. Usual care

Depending on the age of the child, the topics of the tailored health education program will differ. Parents of babies (n = 240) will receive health information on safety behaviors. Parents of toddlers (n = 240) will receive health information on overweight related health behaviors: physical activity and nutrition. Parents in the intervention group will access the computer-tailored health education program at their homes through the internet. After completion of the

assessment questions, the program compiles a tailored health information handout. During the next well-child visit the well-child care provider will discuss this tailored health information with the parent.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

1. Parents' child safety behaviors relevant to prevention of burns, drowning, falls, and poisoning; intentions to adopt child safety behaviors; beliefs about preventive behaviors
2. Children's physical activity and child nutrition and feeding practices; awareness of physical activity behavior and feeding practices

**Secondary outcome measures**

Well-child care provider: satisfaction with well-child visit

Parents: satisfaction with well-child visits

**Overall study start date**

01/04/2006

**Completion date**

31/12/2006

**Eligibility****Key inclusion criteria**

Parents visiting the youth health care centre for well-child visits.

**Participant type(s)**

Patient

**Age group**

Other

**Sex**

Both

**Target number of participants**

480

**Key exclusion criteria**

Those parents who are not able to read and understand Dutch sufficiently.

**Date of first enrolment**

01/04/2006

**Date of final enrolment**

31/12/2006

## Locations

### Countries of recruitment

Netherlands

### Study participating centre

Erasmus Medical Center

Rotterdam

Netherlands

3000 CA

## Sponsor information

### Organisation

Erasmus Medical Centre (Netherlands)

### Sponsor details

Department of Public Health

P.O. Box 2040

Rotterdam

Netherlands

3000 CA

### Sponsor type

Hospital/treatment centre

### ROR

<https://ror.org/018906e22>

## Funder(s)

### Funder type

Research organisation

### Funder Name

The Netherlands Organisation for Health Research and Development (ZonMw) (Netherlands)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration