# Continuous Controllable Balloon Dilation (CCBD): a novel approach for cervix dilation

Submission date	Recruitment status  No longer recruiting	<ul><li>Prospectively registered</li></ul>		
13/06/2011		☐ Protocol		
Registration date 21/06/2011	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	Individual participant data		
26/10/2017	Pregnancy and Childbirth			

#### Plain English summary of protocol

Background and study aims

Cervical dilation is the opening of the cervix, the entrance to the uterus (womb), for example during childbirth. Cervical dilation with mechanical dilators is connected with various complications like infection and bleeding. In order to achieve safe and painless cervical dilation, a new medical device has been constructed, called Continuous Controllable Balloon Dilation (CCBD), where controlled pumping of incompressible fluid into a specially constructed balloon dilator leads to continuous dilation of the cervical canal. The aim of this study is to find out whether the dilation by means of the CCBD is less damaging to the cervical canal than traditional mechanical dilation devices.

Who can participate?
Pregnant women aged from 19 to 40

What does the study involve?

Participants are randomly allocated into three groups. Group 1 do not undergo dilation, in group 2 the dilations are performed using mechanical dilators, and in group 3 the dilations are performed using CCBD. Tissue samples are obtained from the cervix to assess cervical damage before and after dilation.

What are the possible benefits and risks of participating? Not provided at time of registration

Where is the study run from? Clinical Center of Montenegro

When is the study starting and how long is it expected to run for? September 2001 to September 2011

Who is funding the study? AUDIOTEL d.o.o. Belgrade (Serbia) Who is the main contact? Dr Gordana Vukcevic varkic@t-com.me

## **Contact information**

## Type(s)

Scientific

#### Contact name

Dr Gordana Vukcevic

#### Contact details

Clinical Center of Montenegro Podgorica Montenegro 81000

varkic@t-com.me

## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

EP1299146

# Study information

#### Scientific Title

Comparative analysis of the damage of the cervical canal during the dilation of the cervix by means of classical and hydraulic dilators

#### Acronym

**CCBD** 

#### Study objectives

The main purpose of this research is to assess that the dilation by means of the hydraulic dilator is much less damaging to the cervical canal than the classical alternative, which is more commonly performed and by use of the Hegar dilators.

## Ethics approval required

Old ethics approval format

Ethics approval(s)

#### Ethics Committee of Clinical Center of Montenegro, 28/01/2010

#### Study design

Interventional randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

#### Health condition(s) or problem(s) studied

Cervical dilation

#### **Interventions**

This study was carried out in order to enable analysis of the results of CCBD application for cervix dilation in comparison with a representative of traditional mechanical dilation devices (HeD)

Group I (without dilations)

Group II (the dilations were performed by HeD)

Group III (the dilations were performed by CCBD)

CCBD is a fully controllable device for cervical dilation based on the use of a specially constructed balloon dilator (BD) which consists of three layers: inner silicone layer, central layer made from high strength fabric, and outer silicone layer. The maximum diameter of BD expansion is limited by the central layer. The outer silicone layer is in contact with the tissues of the cervix during the dilation process. This BD was tested on consistency and endurance at a pressure of 25 bars, without detected risk of breakage. The reliability of CCBD was confirmed in vitro and in vivo.

The whole dilation procedure using CCBD is performed continuously with just one dilator placement. For the purpose of this study CCBD was integrated in a system that enables real time data acquisition and monitoring of relevant parameters related to the biophysics of the dilation process. Dilation dynamics directly depend on the flow of an incompressible fluid to the BD which is an easily controllable parameter. As an incompressible working fluid, distilled water was used with the addition of non-ionic contrast medium (Ultravist-300, Schering AG). This enables the possibility for visual monitoring of the dilation process on Digital Subtraction Apparatus for angiography (DSA).

Tissue material for histology evaluation of cervical damage was obtained from endocervical mucosa by single curettage (Novacs sonde was used) before and after dilation by HeD or CCBD.

Samples were stained by haematoxylin-eosin (H&E) and analysed by the light microscope Olympus BX 51. Cervical tissue sections, stained with H&E, were examined under a low-power (100×) light microscope (Zeiss Axioskop 40, Jena, Germany) equipped with digital camera. Images were captured and the surface areas of the regions under haemorrhagia were measured using Autodesk AutoCAD 2009 software application for design and drafting.

#### Intervention Type

Device

#### Primary outcome measure

Tissue material for histology evaluation of cervical damage:

- 1. Epithelium damage (grade 0, 1, 2)
- 2. Basal membrane damage (grade 0, 1)
- 3. Stromal damage (grade 0, 1)
- 4. Cervical haemorrhagia (grade 0, 1, 2, 3)

#### Secondary outcome measures

Semi-quantitative determination of tissue haemorrhagia

#### Overall study start date

01/09/2001

#### Completion date

01/09/2011

# Eligibility

#### Key inclusion criteria

- 1. Age from 19 to 40
- 2. Pregnancy verified by an ultrasound
- 3. Singleton pregnancy
- 4. Gestational age of 10 weeks or less (determined by the date of the last menstruation and verified by an ultrasound)
- 5. Uterus and cervix with normal findings
- 6. Absence of uterine contractions or bleeding
- 7. Cervix uteri maintained in full, external wall closed

#### Participant type(s)

Patient

#### Age group

Adult

#### Sex

Female

#### Target number of participants

120

#### Key exclusion criteria

- 1. Signs of spontaneous abortion (presence of the uterine bleeding, uterine contractions, with or without alteration of the cervix)
- 2. Former attempt of an abortion or usage of substances for cervical maturation
- 3. Multiple pregnancy
- 4. Presence or at least suspicion of a septic abortion, followed by increased body temperature of 38 degree celsius or higher, painful uterus and smelly vaginal secretion
- 5. Presence of any kind of former intervention on the uterine cervix
- 6. Uterine or cervical anomalies
- 7. Intra-uterine device in situ
- 8. Haemorrhagic diseases
- 9. Chronic diseases

# Date of first enrolment 01/09/2001

Date of final enrolment 01/09/2011

## Locations

#### Countries of recruitment

Montenegro

Study participating centre Clinical Center of Montenegro Podgorica Montenegro 81000

## Sponsor information

#### Organisation

Clinical Center of Montenegro (Montenegro)

## Sponsor details

c/o Vukcevic Gordana Podgorica Montenegro 81000

### Sponsor type

Hospital/treatment centre

# Funder(s)

## Funder type

Other

#### Funder Name

AUDIOTEL d.o.o. Belgrade, Serbia

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	19/06/2000		Yes	No
Results article	results	22/10/2012		Yes	No