# MEN-Study: A randomized cross-over study on the effects of the skin patch and the vaginal ring versus a levonorgestrel containing oral contraceptive on the anticoagulations pathways

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>		
27/01/2006	No longer recruiting	☐ Protocol		
Registration date 27/01/2006	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	[] Individual participant data		
19/08/2009	Pregnancy and Childbirth			

### Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Dr Bea Hiemstra

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

## Secondary identifying numbers

N/A

## Study information

#### Scientific Title

#### **Acronym**

MEN-Study (Microgynon 30-EVRA-Nuvaring Study)

#### Study objectives

The effect on Activated Protein C (APC)-resistance of the skin patch and the vaginal ring contraceptives, containing third generation gestagens, is significantly increased in comparison with oral contraceptives, containing second generation gestagens.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Received from local medical ethics committee

#### Study design

Randomised open label active controlled crossover group trial

## Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Other

### Study type(s)

Other

## Participant information sheet

### Health condition(s) or problem(s) studied

Femal contraception, healthy person

#### Interventions

Skin patch and the vaginal ring versus a levonorgestrel containing oral contraceptive

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

APC-resistance

## Secondary outcome measures

Other coagulation factors

#### Overall study start date

01/01/2005

#### Completion date

31/12/2006

## **Eligibility**

#### Key inclusion criteria

Healthy female volunteers from 18-45 years

#### Participant type(s)

Patient

#### Age group

Adult

#### Lower age limit

18 Years

#### Upper age limit

45 Years

#### Sex

Female

### Target number of participants

20

#### Key exclusion criteria

- 1. Underage
- 2. Contra-indication for use of the contraceptive ring, skin patch or oral contraceptives, as termed by World Health Organization (WHO), Northen Virginia Oncology Group (NVOG) and the Dutch General Practitioners Society (Nederlands Huisartsen Genootschap [NHG])
- 3. Use of hormonal contraception or hormonal substitution therapy 2 months before inclusion
- 4. Pregnancy 3 months before inclusion or during the study
- 5. Use of medication with effect on the blood coagulation
- 6. Chronic or acute diseases
- 7. Lupus anticoagulans

#### Date of first enrolment

01/01/2005

#### Date of final enrolment

31/12/2006

## Locations

#### Countries of recruitment

Netherlands

Study participating centre
Leiden University Medical Center Department of Gynaecology
Leiden
Netherlands
2300 RC

## Sponsor information

### Organisation

Leiden University Medical Centre (LUMC) (Netherlands)

#### Sponsor details

Department of Gynaecology P.O. Box 9600 Leiden Netherlands 2300 RC

#### Sponsor type

Hospital/treatment centre

#### ROR

https://ror.org/027bh9e22

## Funder(s)

#### Funder type

Hospital/treatment centre

#### **Funder Name**

Leiden University Medical Centre (LUMC), Department of Gynaecology (Netherlands)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2009		Yes	No