# A placebo controlled study on the effect of oxandrolone in combination with authentic biosynthetic human growth hormone (GH) and low-dose oestrogens on growth and metabolic parameters in girls with Turner's syndrome

Submission date	Recruitment status No longer recruiting	Prospectively registered		
19/12/2005		Protocol		
Registration date	Overall study status	Statistical analysis plan		
19/12/2005	Completed	[X] Results		
<b>Last Edited</b> 10/01/2012	<b>Condition category</b> Other	[] Individual participant data		

# **Plain English summary of protocol**Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr - Nederlandse Groeistichting

#### Contact details

Westzeedijk 106 Rotterdam Netherlands 3016 AH

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### Acronym

Oxandrolone study

# Study objectives

Adding oxandrolone to the standard treatment of GH (in adolescence combined with oestrogens) increases growth velocity and final height. Adding oxandrolone does not lead to untoward side effects e.g. on voice characteristics.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Received from local medical ethics committee

## Study design

Multicentre randomised double blind placebo controlled parallel group trial

# Primary study design

Interventional

## Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

# Study type(s)

Treatment

# Participant information sheet

# Health condition(s) or problem(s) studied

Turner syndrome

#### **Interventions**

Three arm study:

- 1. GH alone (plus oestrogens in adolescence)
- 2. Idem plus low-dose oxandrolone (0.03 mg/kg body weight/day)
- 3. Idem plus moderate-dose oxandrolone (0.06 mg/kg/day)

#### Intervention Type

Drug

#### Phase

**Not Specified** 

# Drug/device/biological/vaccine name(s)

Oxandrolone

#### Primary outcome measure

Final height.

#### Secondary outcome measures

- 1. Potential side effects (glucose intolerance; lowering of the voice)
- 2. Psychosexual changes

# Overall study start date

01/01/1992

#### Completion date

01/01/2012

# **Eligibility**

#### Key inclusion criteria

Turner syndrome, confirmed by chromosomal analysis. 3 age ranges: 2.00-7.99 years, 8-11.99 years, 12.00-15.99 years.

# Participant type(s)

**Patient** 

# Age group

Child

#### Lower age limit

2 Years

# Upper age limit

16 Years

#### Sex

**Female** 

# Target number of participants

135

#### Key exclusion criteria

- 1. Any other disorder that may affect growth
- 2. Hydrocephalus
- 3. Other experimental drug study
- 4. Drugs that may interfere with GH
- 5. Previous treatment with GH or sex steroids or anabolic steroids
- 6. Suspicion of emotional deprivation

# **Date of first enrolment** 01/01/1992

# Date of final enrolment 01/01/2012

# Locations

# Countries of recruitment

Netherlands

# Study participating centre Westzeedijk 106 Rotterdam Netherlands 3016 AH

# Sponsor information

# Organisation

**Dutch Growth Foundation (Netherlands)** 

# Sponsor details

Westzeedijk 106 Rotterdam Netherlands 3016 AH

# Sponsor type

Charity

# Funder(s)

# Funder type

Industry

#### **Funder Name**

Pfizer (Netherlands)

# Alternative Name(s)

Pfizer Inc., Pfizer Consumer Healthcare, Davis, Charles Pfizer & Company, Warner-Lambert, King Pharmaceuticals, Wyeth Pharmaceuticals, Seagen

# **Funding Body Type**

Government organisation

# **Funding Body Subtype**

For-profit companies (industry)

#### Location

United States of America

#### Funder Name

Lilly (Netherlands)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2011		Yes	No