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Motivational interviewing: altering outcome after stroke

Submission date 09/09/2005	**Recruitment status** No longer recruiting	[_] Prospectively registered [_] Protocol [_] Statistical analysis plan [X] Results [_] Individual participant data
Registration date 21/10/2005	**Overall study status** Completed	
Last Edited 12/09/2011	**Condition category** Circulatory System	

Plain English summary of protocol
Not provided at time of registration

Study website
http://www.uclan.ac.uk/facs/health/nursing/research/groups/stroke/ongoing%20projects/motivinterview.htm

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
RDO/28/2/16

Study information

Scientific Title

Study objectives
Four sessions of motivational interviewing, given early after stroke, will benefit patients mood at 3 months post-stroke.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Approved by local research ethics committee

Study design
Single centre randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Stroke

Interventions
Usual care plus four individual sessions of motivational interviewing (one per week) with the same therapist; each session lasting between 30 and 60 minutes.

Control: usual care.

Intervention Type
Other

Phase
Not Applicable

Primary outcome measure
Mood, assessed by General Health Questionnaire (GHQ-28) at 3 months post-stroke

Secondary outcome measures
1. Misery, assessed by Yale single question depression screen
2. Function, assessed by Barthel index
3. Expectations of recovery, assessed by Stroke Expectations Questionnaire (SEQ)
All outcomes assessed at 3 months post-stroke

Overall study start date
01/07/2002

Completion date
01/06/2006

Eligibility

Key inclusion criteria
1. Patients admitted consecutively to hospital with an acute stroke
2. Over 18 years of age
3. Able to consent (no severe cognitive and communication problems)
4. Willing to participate

Participant type(s)
Patient

Age group
Adult

Lower age limit
18 Years

Sex
Both

Target number of participants
400

Key exclusion criteria
1. Known to be moving out of area following discharge
2. Already receiving Psychiatric or Clinical Psychology treatment

Date of first enrolment
01/07/2002

Date of final enrolment
01/06/2006

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
CPRU
Preston
United Kingdom
PR1 2HE

Sponsor information

Organisation
Royal Liverpool University Hospital (UK)

Sponsor details
Research and Development
4th Floor
Linda McCartney Centre
Royal Liverpool University Hospital
Prescot Street
Liverpool
England
United Kingdom
L7 8XP

Sponsor type
Hospital/treatment centre

ROR
https://ror.org/01ycr6b80

Funder(s)

Funder type
Government

Funder Name
NHS Executive North West (UK) - Health R&D NoW (RDO/28/2/16)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2007		Yes	No
Results article	results	01/07/2011		Yes	No