Motivational interviewing: altering outcome after stroke

Submission date	Recruitment status No longer recruiting	Prospectively registered		
09/09/2005		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
21/10/2005	Completed	[X] Results		
Last Edited 12/09/2011	Condition category Circulatory System	[] Individual participant data		
12/02/2011				

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number RDO/28/2/16

Study information

Scientific Title

Study objectives

Four sessions of motivational interviewing, given early after stroke, will benefit patients mood at 3 months post-stroke.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Approved by local research ethics committee

Study design

Single centre randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Stroke

Interventions

Usual care plus four individual sessions of motivational interviewing (one per week) with the same therapist; each session lasting between 30 and 60 minutes.

Control: usual care.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Mood, assessed by General Health Questionnaire (GHQ-28) at 3 months post-stroke

Key secondary outcome(s))

- 1. Misery, assessed by Yale single question depression screen
- 2. Function, assessed by Barthel index
- 3. Expectations of recovery, assessed by Stroke Expectations Questionnaire (SEQ)

All outcomes assessed at 3 months post-stroke

Completion date

01/06/2006

Eligibility

Key inclusion criteria

- 1. Patients admitted consecutively to hospital with an acute stroke
- 2. Over 18 years of age
- 3. Able to consent (no severe cognitive and communication problems)
- 4. Willing to participate

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

- 1. Known to be moving out of area following discharge
- 2. Already receiving Psychiatric or Clinical Psychology treatment

Date of first enrolment

01/07/2002

Date of final enrolment

01/06/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

CPRU

Preston United Kingdom PR1 2HE

Sponsor information

Organisation

Royal Liverpool University Hospital (UK)

ROR

https://ror.org/01ycr6b80

Funder(s)

Funder type

Government

Funder Name

NHS Executive North West (UK) - Health R&D NoW (RDO/28/2/16)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2007		Yes	No
Results article	results	01/07/2011		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes