Motivational interviewing: altering outcome after stroke

| Submission date 09/09/2005 | Recruitment status No longer recruiting | Prospectively registered | |
|------------------------------|---|-----------------------------|--|
| 09/09/2003 | | ☐ Protocol | |
| Registration date 21/10/2005 | Overall study status Completed | Statistical analysis plan | |
| | | [X] Results | |
| Last Edited | Condition category | Individual participant data | |
| 12/09/2011 | Circulatory System | | |

Plain English summary of protocol

Not provided at time of registration

Study website

http://www.uclan.ac.uk/facs/health/nursing/research/groups/stroke/ongoing%20projects/motivinterview.htm

Contact information

Type(s)

Scientific

Contact name

Prof Caroline Watkins

Contact details

CPRU
Department of Nursing
University of Central Lancashire
Preston
United Kingdom
PR1 2HE
+44 (0)1772 895140

clwatkins@uclan.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

RDO/28/2/16

Study information

Scientific Title

Study objectives

Four sessions of motivational interviewing, given early after stroke, will benefit patients mood at 3 months post-stroke.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Approved by local research ethics committee

Study design

Single centre randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Stroke

Interventions

Usual care plus four individual sessions of motivational interviewing (one per week) with the same therapist; each session lasting between 30 and 60 minutes.

Control: usual care.

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Mood, assessed by General Health Questionnaire (GHQ-28) at 3 months post-stroke

Secondary outcome measures

- 1. Misery, assessed by Yale single question depression screen
- 2. Function, assessed by Barthel index
- 3. Expectations of recovery, assessed by Stroke Expectations Questionnaire (SEQ) All outcomes assessed at 3 months post-stroke

Overall study start date

01/07/2002

Completion date

01/06/2006

Eligibility

Key inclusion criteria

- 1. Patients admitted consecutively to hospital with an acute stroke
- 2. Over 18 years of age
- 3. Able to consent (no severe cognitive and communication problems)
- 4. Willing to participate

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

400

Key exclusion criteria

- 1. Known to be moving out of area following discharge
- 2. Already receiving Psychiatric or Clinical Psychology treatment

Date of first enrolment

01/07/2002

Date of final enrolment

01/06/2006

Locations

Countries of recruitment

England

United Kingdom

Study participating centre CPRU

Preston United Kingdom PR1 2HE

Sponsor information

Organisation

Royal Liverpool University Hospital (UK)

Sponsor details

Research and Development
4th Floor
Linda McCartney Centre
Royal Liverpool University Hospital
Prescot Street
Liverpool
England
United Kingdom
L7 8XP

Sponsor type

Hospital/treatment centre

ROR

https://ror.org/01ycr6b80

Funder(s)

Funder type

Government

Funder Name

NHS Executive North West (UK) - Health R&D NoW (RDO/28/2/16)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-----------------|---------|--------------|------------|----------------|-----------------|
| Results article | results | 01/03/2007 | | Yes | No |
| Results article | results | 01/07/2011 | | Yes | No |