Efficacy of self-help materials for anxiety and depression specifically adapted for use in prison: a pilot study

Submission date Recruitment status Prospectively registered 28/09/2007 No longer recruiting [] Protocol [] Statistical analysis plan Registration date Overall study status 28/09/2007 Completed [X] Results [] Individual participant data Last Edited Condition category Mental and Behavioural Disorders 24/01/2023

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number N0682184267

Study information

Scientific Title

Efficacy of self-help materials for anxiety and depression specifically adapted for use in prison: a pilot study

Study objectives

What is the response of prisoners with anxiety and/or depression to written self-help materials for mental health compared to usual treatment? This is in terms of symptom response and the prisoners attitudes to the self-help materials.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled pilot study

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Depression

Interventions

Prisoners that are eligible and accept their invite to participate will return to healthcare a week later to sign a consent form. The HADS (primary outcome measure) will determine allocation to either the depression or anxiety group (if scores are equivalent a simple question will be asked and ultimately depression will have priority (NICE, 2000). Within these groups blocked randomisation will determine if they are in the intervention (receive self-help) or control (delayed intervention) group. All participants will receive treatment as usual.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

HADS

Key secondary outcome(s))

Not provided at time of registration

Completion date

28/02/2007

Eligibility

Key inclusion criteria

Prisoners with symptoms of anxiety and/or depression.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Male

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

29/07/2006

Date of final enrolment

28/02/2007

Locations

Countries of recruitment

United Kingdom

England

Study participating centre Northumberland, Tyne & Wear NHS Trust Morpeth

United Kingdom NE61 2NU

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

Funder(s)

Funder type

Government

Funder Name

Northumberland Care Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

Not provided at time of registration

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	13/08/2009		Yes	No