

Efficacy of self-help materials for anxiety and depression specifically adapted for use in prison: a pilot study

Submission date 28/09/2007	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 28/09/2007	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 24/01/2023	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N0682184267

Study information

Scientific Title

Efficacy of self-help materials for anxiety and depression specifically adapted for use in prison: a pilot study

Study objectives

What is the response of prisoners with anxiety and/or depression to written self-help materials for mental health compared to usual treatment? This is in terms of symptom response and the prisoners attitudes to the self-help materials.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled pilot study

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Prison/detention

Study type(s)

Prevention

Participant information sheet

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Depression

Interventions

Prisoners that are eligible and accept their invite to participate will return to healthcare a week later to sign a consent form. The HADS (primary outcome measure) will determine allocation to either the depression or anxiety group (if scores are equivalent a simple question will be asked and ultimately depression will have priority (NICE, 2000). Within these groups blocked randomisation will determine if they are in the intervention (receive self-help) or control (delayed intervention) group. All participants will receive treatment as usual.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

HADS

Secondary outcome measures

Not provided at time of registration

Overall study start date

29/07/2006

Completion date

28/02/2007

Eligibility

Key inclusion criteria

Prisoners with symptoms of anxiety and/or depression.

Participant type(s)

Patient

Age group

Not Specified

Sex

Male

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

29/07/2006

Date of final enrolment

28/02/2007

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Northumberland, Tyne & Wear NHS Trust
Morpeth
United Kingdom
NE61 2NU

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

Sponsor details

The Department of Health, Richmond House, 79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

<http://www.dh.gov.uk/Home/fs/en>

Funder(s)

Funder type

Government

Funder Name

Northumberland Care Trust (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

Not provided at time of registration

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	13/08/2009		Yes	No