

# Treatment of non cardiac chest pain: a role for hypnotherapy?

<b>Submission date</b> 30/08/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 07/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 26/05/2010	<b>Condition category</b> Signs and Symptoms	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Peter Whorwell

**Contact details**  
Wythenshawe Hospital  
Manchester  
United Kingdom  
M23 9LT  
+44 (0)1612915813  
[peter.whorwell@smuht.nwest.nhs.uk](mailto:peter.whorwell@smuht.nwest.nhs.uk)

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers**  
RDO/22/33

## Study information

## **Scientific Title**

### **Study objectives**

To assess whether hypnotherapy has a role in the treatment of non cardiac chest pain

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

Not specified

### **Study type(s)**

Treatment

## **Participant information sheet**

### **Health condition(s) or problem(s) studied**

Non cardiac chest pain

### **Interventions**

Patients will be randomised to receive either:

1. 12 sessions of Hypnotherapy

or:

2. 12 sessions of supportive listening of equal duration to hypnotherapy plus placebo medication

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome measure**

Subjective global assessment of relief of symptoms compared with pre-trial status.

### **Secondary outcome measures**

To determine whether hypnotherapy improves frequency, severity and duration of non cardiac chest pain, as well as quality of life and psychological status (visual analogue scales).

**Overall study start date**

01/01/2002

**Completion date**

01/09/2005

## Eligibility

**Key inclusion criteria**

Patients with angina-like chest pain who have been shown to have normal coronary arteries and have no other co-existent disease.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

50 patients

**Key exclusion criteria**

1. Patients with proven coronary artery disease
2. Patients with oesophageal reflux disease

**Date of first enrolment**

01/01/2002

**Date of final enrolment**

01/09/2005

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Wythenshawe Hospital

Manchester

United Kingdom

M23 9LT

# Sponsor information

## Organisation

Department of Health (UK)

## Sponsor details

Institute for Public Health Research and Policy  
University of Salford  
Humphrey Booth House  
Hulme Place  
The Crescent  
Salford  
England  
United Kingdom  
M5 6QA  
+44 (0)1612952802  
s.m.riley@salford.ac.uk

## Sponsor type

Hospital/treatment centre

## ROR

<https://ror.org/03sbpja79>

# Funder(s)

## Funder type

Government

## Funder Name

Department of Health (UK) - NHS Exec Biomedical Funding Scheme (ref: RDO/22/33)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/10/2006		Yes	No
<a href="#">Other publications</a>	resultts	01/11/2007		Yes	No