

# Integration/rehabilitation of purchasers of a social contribution (named IV-pensioners) according to the approach of Individual Placement Support

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<b>Registration date</b> 16/05/2012	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 17/03/2017	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

People in Switzerland suffering from a mental or physical disorder and therefore not able to work receive an IV-pension (the "Invalid pension"). Before they receive the IV there are several possibilities to get integrated into the competitive employment market. To date a sheltered workplace is the only possibility of employment after granting of the IV-Pension. Frontline services to incorporate pensioners into the competitive job market do not exist. This creates two main problems for the IV-pensioners. First it is not easy for the IV-pensioners to find a way back into a competitive job as most of the pensioners are not familiar with the legal framework. Secondly, pensioners grow accustomed with not working. Aside from these problems, a previous study pointed out that working in a protected working environment does not lead to a sufficient stabilization of the affected pensioners. Instead a better state of health and especially a more successful integration into the competitive job market was demonstrated by using the approach of Supported Employment (SE). The Supported Employment approach, which has already shown huge success as well in the USA as in Switzerland and other European countries, involves a direct integration of mentally ill people into the competitive job market with the close advice of job coaches. Job coaches support the client by searching for vacant jobs, assisting applications, as well as coaching the client in working situations. If the employer and client approve, job coaches can support the employer as well. This study uses the approach 'Individual Placement and Support' (IPS). The aim of this study is to find out whether job coaching according to the IPS approach enables IV-pensioners to be successfully integrated into the competitive job market and hence improves their quality of life, mental health and self-esteem.

### Who can participate?

People of a working age (18-60) who have an IV pension because of a mental illness, not approved for longer than one year, and who are motivated to work in the competitive employment market

What does the study involve?

Participants are randomly allocated into one of two groups. One group receives the support of the job coaches who are working according to the IPS model and are interviewed every 6 months. The job coaches support them by searching for job vacancies, and support them while applying and working. The other group does not receive the support and are interviewed every 6 months. Quality of life, motivation, job satisfaction, health, job preferences, self-esteem, and job satisfaction are assessed in both groups.

What are the possible benefits and risks of participating?

Participants may benefit from the support with their integration into competitive job market. There are no risks for participants.

Where is the study run from?

University of Zurich (Switzerland)

When is the study starting and how long is it expected to run for?

January 2011 to September 2014

Who is funding the study?

Swiss Federal Social Insurance Office (Switzerland)

Who is the main contact?

Dr Wolfram Kawohl

### **Study website**

<http://www.zhepp.ch/supported-employment>

## **Contact information**

### **Type(s)**

Scientific

### **Contact name**

Dr Wolfram Kawohl

### **Contact details**

University of Zurich  
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8021

## **Additional identifiers**

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

## Study information

### Scientific Title

Integration/rehabilitation of purchasers of a social contribution (named IV-pensioners) according to the approach of Individual Placement Support - the Zurich Integration - Pilot Project [Zürcher Eingliederungs-Pilot Projekt (ZhEPP)]

### Acronym

ZhEPP

### Study objectives

1. Job coaching according to the approach of IPS enables IV-pensioners, who are fully or part time retired due to a mental disorder to be successfully integrated into the open job market
2. For the intervention group (as opposed to the control group) we hypothesize the following:
  - 2.1. Enhancement of state of health
  - 2.2. Enhancement of quality of life
  - 2.3. Increased self-esteem
  - 2.4. Enhancement of recovery orientation
  - 2.5. Reduction of costs
  - 2.6. Reduction of self-stigma
  - 2.7. Education of cognitive appraisal of stigma as a stressor

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Zurich Cantonal Ethics Committee (CEC), 20/10/2010, ref: KEK-ZH-NR: 2010-0311/0

### Study design

Randomized controlled study

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Other

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

### Health condition(s) or problem(s) studied

## Mental disorders

### Interventions

Supported Employment according to the IPS (Individual Placement and Support) model lasts up to two years for each participant. The job coaches support for the participants of the Intervention group by searching for job vacancies, supporting them while applying and working.

125 of the 250 persons are randomised to an Intervention group (who receive the approach of IPS) and the other 125 to the control group. For the efficiency control of that intervention a two-factor analysis of variance is conducted with the two factors group affiliation (Intervention and control group) and outcome (employment yes/no).

To test the impact of the intervention some interview-based instrument are surveyed.

### Intervention Type

Other

### Phase

Not Applicable

### Primary outcome measure

The possibility to integrate IV-pensioners with a mental disorder with the aid of IPS by the end of this study

### Secondary outcome measures

1. Quality of life, motivation, job satisfaction, health condition, job preferences, self-esteem, job satisfaction/ termination, social disability, global assessment of functioning as a baseline (T0-T5)
2. Every year (T0, T2, T4): perceived devaluation-discrimination, stigma, cognitive appraisal of stigma as a stressor, depressive mood

### Overall study start date

01/01/2011

### Completion date

30/09/2014

## Eligibility

### Key inclusion criteria

1. IV-pension caused by a mental illness (full- or parttime pension)
2. The pension is not approved longer than one year
3. Voluntariness
4. The IV- retirees goal is to work in the first employment market
5. Participants have to sign a consent about the study
6. Working age (18-60)

### Participant type(s)

Patient

### Age group

Adult

**Lower age limit**

18 Years

**Upper age limit**

60 Years

**Sex**

Both

**Target number of participants**

250

**Key exclusion criteria**

1. Mental retardation [International Statistical Classification of Diseases and Related Health Problems, 10th Revision (ICD-10)]
2. Organic mental disorder (ICD-10)

**Date of first enrolment**

01/01/2011

**Date of final enrolment**

30/09/2014

## **Locations**

**Countries of recruitment**

Switzerland

**Study participating centre**

University of Zurich

Zurich

Switzerland

8021

## **Sponsor information**

**Organisation**

University of Zurich (Switzerland)

**Sponsor details**

c/o Prof Wulf Rössler

Research Unit Clinic for General and Social Psychiatry

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Zurich  
Switzerland  
8021

**Sponsor type**  
University/education

**Website**  
<http://www.uzh.ch/>

**ROR**  
<https://ror.org/02crff812>

## Funder(s)

**Funder type**  
Government

**Funder Name**  
Swiss Federal Social Insurance Office [Schweizerisches BSV (Bundesamt für Sozialversicherungen)] (Switzerland)

## Results and Publications

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	24/07/2013		Yes	No