

# Efficacy of agomelatine given orally on improvement of subjective sleep in patients with major depressive disorder: a randomised, double-blind, flexible-dose international multicentre study with parallel groups versus Selective Serotonin Reuptake Inhibitor (SSRI) twelve week treatment plus double-blind extension for 12 weeks

<b>Submission date</b> 15/05/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/07/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 21/04/2020	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

## Clinical Trials Information System (CTIS)

2006-006540-54

### Protocol serial number

CL3-20098-063

## Study information

### Scientific Title

Efficacy of agomelatine (25 to 50 mg/day) given orally on improvement of subjective sleep in patients with Major Depressive Disorder. A randomised, double-blind, flexible-dose international multicentre study with parallel groups versus escitalopram (10 to 20mg/day). Twelve-week treatment plus double-blind extension for 12 weeks.

### Study objectives

To study the effect of agomelatine on subjective sleep versus Selective Serotonin Reuptake Inhibitor (SSRI).

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

First ethics committee approval in Brazil on 01/03/2007 from Comitê de Etica em Pesquisa do Instituto de Providencia dos Servidores do Estado de Minas Gerais - IPSEMG/ Hospital Governador Israel Pinheiro HGIP ; registration number: 245/07 ; in Belo Horizonte

### Study design

Randomised double-blind parallel-group flexible-dose international multicentre comparative phase III study

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Major Depressive Disorder

### Interventions

Therapeutic oral doses of agomelatine versus therapeutic oral doses of SSRI - twelve week treatment plus double-blind extension for twelve weeks.

### Intervention Type

Drug

### Phase

Phase III

### Drug/device/biological/vaccine name(s)

Agomelatine, Selective Serotonin Reuptake Inhibitor (SSRI)

**Primary outcome(s)**

Improvement of subjective sleep, measured by sleep score compared to SSRI

**Key secondary outcome(s)**

1. Evaluation of depression (Hamilton Depression [HAM-D] scale)
2. Evaluation of daytime drowsiness

**Completion date**

15/04/2009

## Eligibility

**Key inclusion criteria**

1. Aged between 18 to 70 years (included)
2. Male or female
3. Fulfilling Diagnostic and Statistical Manual of mental disorders fourth edition (DSM-IV) criteria for major depressive disorder

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Total final enrolment**

324

**Key exclusion criteria**

1. Women of childbearing potential without effective contraception as well as pregnant or breastfeeding women
2. All types of depression other than major depressive disorder, all other psychiatric disorders

**Date of first enrolment**

22/05/2007

**Date of final enrolment**

15/04/2009

## Locations

## Countries of recruitment

United Kingdom

Australia

Brazil

Canada

France

Russian Federation

South Africa

## Study participating centre

CHU de Bicêtre - 78

Le Kremlin Bicentre

France

94275

## Sponsor information

### Organisation

Institut de Recherches Internationales Servier (France)

### ROR

<https://ror.org/034e7c066>

## Funder(s)

### Funder type

Industry

### Funder Name

Institut de Recherches Internationales Servier (France)

## Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from <https://clinicaltrials.servier.com> if a Marketing Authorisation has been granted after 1st January 2014.

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Basic results</a>				No	No
<a href="#">Basic results</a>			21/04/2020	No	No