

# A study to investigate the delivery of nicotine in the blood stream from two variants of e-cigarette devices and a conventional cigarette

<b>Submission date</b> 02/11/2018	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 08/11/2018	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 17/08/2022	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

It has become increasingly important to reduce the health burden associated with the use of tobacco, with a number of initiatives currently in place to persuade individuals to quit smoking. Despite these efforts, smoking rates in adult populations worldwide remain relatively high, and the World Health Organisation (WHO) predicts there will be around 1.5 billion tobacco smokers worldwide by 2050.

Due to this, it is important to develop products which aim to reduce or prevent harm for those who wish to continue to smoke. One of these products in development and use worldwide are electronic-cigarettes (e-cigarettes). E-cigarettes also contain nicotine; however, they are considered a lower risk alternative to conventional cigarettes as they do not use tobacco as a means of delivering nicotine. E-cigarettes deliver a vapour which contains a significantly lower number of chemical toxicants compared to cigarette smoke.

In this study, we will investigate the delivery and levels of nicotine in the bloodstream from 2 variants of e-cigarettes developed by British American Tobacco, and a conventional cigarette. The 2 types of e-cigarettes will contain different e-liquid formulations. Nicotine delivery of the e-cigarettes will be compared to the conventional cigarette in order to determine which e-cigarette product is most similar to the conventional cigarettes.

### Who can participate?

Healthy adults aged 19-60 who are current daily users of e-cigarettes and current smokers of conventional factory-made cigarettes for at least one year prior

### What does the study involve?

Subjects will attend a screening visit to assess eligibility to participate in the study. Once deemed eligible, subjects will be admitted into the clinic (day 1) within 28 days of the screening visit, in which they will remain in the clinic for 8 days until discharge (day 8). During the subjects stay at the clinic, they will be allowed to familiarise with the study products a day before their assessment. During the assessment period, subjects will use their assigned products for a maximum of 5 minutes. Before, during and up to 2 hours after product use, blood samples will be collected for nicotine analysis. Subjects product satisfaction questionnaire will be completed,

and heart rate will be monitored at predefined intervals during this 2-hour period. The same procedure will be repeated on each study day until all the study products are used. No later than one week after discharge from clinic, a post-study follow-up will be performed, which will be conducted via a telephone call with the subjects.

What are the possible benefits and risks of participating?

The possible benefit to participants taking part in this study is that the tests involved may help them learn about their general health or discover any unknown medical conditions. As participants already use tobacco products (e-cigarettes and cigarettes), only the standard risks and side effects associated with nicotine and tobacco use apply. Participants are not likely to be exposed to nicotine levels higher than the ones they are usually exposed to when smoking. The possible side effects of e-cigarette use include headache, dizziness, nausea, palpitations, mouth and throat irritation, skin irritation and gastrointestinal disturbances. Subjects will be monitored for any of the listed symptoms.

Where is the study run from?

Simbec Research Limited (UK)

When is the study starting and how long is it expected to run for?

September 2018 to February 2019

Who is funding the study?

British American Tobacco (UK)

Who is the main contact?

Dr James K. Ebajemito

james\_ebajemito@bat.com

## Contact information

**Type(s)**

Public

**Contact name**

Dr James K. Ebajemito

**Contact details**

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

254373

**ClinicalTrials.gov number**

**Secondary identifying numbers**

BAT40118015/RD683-34202, IRAS 254373

## Study information

### Scientific Title

A randomised controlled single centre open-label pharmacokinetic study to examine nicotine delivery from different variants of an e-cigarette and a conventional cigarette in healthy subjects

### Study objectives

Use of e-cigarette will increase plasma nicotine to levels that are comparable to a combustible cigarette. Nicotine delivery and satisfaction will be modified by the inclusion of different formulations in the e-cigarette liquid.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Wales Research Ethics Committee 2, 25/10/2018, 18/WA/0353

### Study design

Interventional single-centre open-label eight-armed randomised crossover study

### Primary study design

Interventional

### Secondary study design

Randomised cross over trial

### Study setting(s)

Other

### Study type(s)

Other

### Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

### Health condition(s) or problem(s) studied

Cigarette smoking

### Interventions

A computer generated randomisation scheme will determine the order in which the subjects will use the study e-cigarettes/cigarette at study days 1-8. Participants will participate in all 8 arms of the study but the order in which they do will be randomly allocated. The study arms are as

follows:

Arm A: Combustible cigarette (ad libitum puff)

Arm B: Combustible cigarette (fixed puff)

Arm C: E-cigarette - EPEN2.0BT (ad libitum puff)

Arm D: E-cigarette - EPEN3.0BT18 (ad libitum puff)

Arm E: E-cigarette - EPEN3.0MB18VP (ad libitum puff)

Arm F: E-cigarette - EPEN3.0MB30VP (ad libitum puff)

Arm G: E-cigarette - EPEN3.0MB18VP (fixed puff)

Arm H: E-cigarette - EPEN3.0MB12VP (ad libitum puff)

After a minimum of 12 hours nicotine abstinence, subjects will smoke a combustible cigarette or use e-cigarette ad libitum (with puffs counted) or fixed for 5 minutes.

## **Intervention Type**

Other

## **Primary outcome measure**

Plasma nicotine levels will be analysed for the following parameters using blood samples 5 minutes before the first puff, and then at 1, 3, 5, 7, 9, 15, 30, 45, 60, 90, 120 minutes following the first puff:

1. C<sub>max</sub>
2. T<sub>max</sub>
3. AUC<sub>0-120</sub>)

## **Secondary outcome measures**

1. Heart rate, assessed using a heart rate monitor 5 minutes before the first puff, and then at 1, 3, 5, 7, 9, 15, 30, 45, 60, 90, 120 minutes following the first puff
2. Product satisfaction scores, assessed using the Subjective Product Satisfaction Questionnaire 5 minutes before the first puff and 15 and 120 minutes following the first puff
3. Product use:
  - 3.1. Device mass loss (DML), assessed using weighing scales before and after product use during familiarisation and during each session
  - 3.2. Puff number, assessed through observation with a click counter throughout each session
  - 3.3. Use count, assessed through observation with a click counter throughout each session

## **Overall study start date**

01/09/2018

## **Completion date**

28/02/2019

# **Eligibility**

## **Key inclusion criteria**

1. Aged 19-60 (demonstrated by government issued proof of identification)
2. Body mass index (BMI) of 18.5-30.0 kg/m<sup>2</sup>, inclusive
3. Body weight exceeding 52 kg for males or 45 kg for females
4. In good health, as judged by the PI or the appropriately qualified designee based on:
  - 4.1. Medical history (confirmed by volunteer)
  - 4.2. Physical examination
  - 4.3. Vital signs assessment
  - 4.4. 12-lead ECG

- 4.5. Clinical laboratory evaluations
- 4.6. Lung function tests
5. Written informed consent to participate in the study and will have agreed to abide by the study restrictions
6. Ability to comprehend the informed consent form (ICF), ability to communicate well with the PI or the appropriately qualified designee, understand and comply with the requirements of the study, and judged suitable for the study in the opinion of the PI or the appropriately qualified designee
7. Willing to refrain from consuming alcohol within 24 hours prior to admission
8. Prior to study start, subjects must be current daily users of e-cigarettes and current smokers of conventional factory-made cigarettes, and must have done so for at least 1 year. Product use status will be confirmed with a urinary cotinine level of  $\geq 200$  ng/ml and a product use history questionnaire at screening. Subjects must be smoking a maximum of 21 per week of 6-10 mg ISO tar cigarettes
9. E-Cigarette users e-liquid must contain at least 18 mg/ml nicotine
10. Willing to use the study products (cigarette product or e cigarette) and use only the products provided to them during clinical confinement, and to abstain from product use when instructed
11. Women of non-childbearing potential may be included if they are either surgically sterile (hysterectomy and/or oophorectomy) or postmenopausal for more than 1 year and must have a negative urine pregnancy test result during screening. Women who are surgically sterile must provide documentation of the procedure by an operative report.

**Participant type(s)**

Healthy volunteer

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

24

**Total final enrolment**

24

**Key exclusion criteria**

1. Male subjects who do not agree, or whose partners of childbearing potential do not agree, to use a barrier method of contraception (i.e., a condom with spermicide) in addition to a second highly effective method of contraception used by their female partners or to refrain from donating sperm from admission (day -1) until end of follow-up period
2. Female subjects of childbearing potential who do not agree to use a highly effective method of birth control in conjunction with male barrier method contraception (i.e. a condom with spermicide) from the time of signing the ICF until end of follow-up period
3. Female subjects who are pregnant or breastfeeding. This will be confirmed at screening and admission. Any female subject who becomes pregnant during this study will be withdrawn
4. Donated:

- 4.1  $\geq 400$  ml of blood within 90 days prior to screening
- 4.2 Plasma in the 7 days prior to screening
- 4.3 Platelets in the 6 weeks prior to screening
5. Acute illness (e.g. upper respiratory tract infection, viral infection) requiring treatment within 4 weeks prior to screening
6. Self-reported non-inhalers (smokers/vapers who draw smoke/aerosol from the cigarette/e-cigarette into the mouth and throat but who do not inhale). Subjects who are observed as non-inhalers at admission by the clinic staff will be excluded
7. Planning to quit smoking/vaping in the next 12 months, prior to enrolment. All subjects will be informed that they are free to quit smoking/vaping and withdraw from the study at any time
8. Significant history of alcoholism or drug/chemical abuse within 24 months prior to screening, as determined by the PI or the appropriately qualified designee
9. Positive urine drugs of abuse or alcohol screen (confirmed by repeat) at screening or admission
10. Serum hepatitis
11. Carriers of the hepatitis B surface antigen (HBsAg)
12. Carriers of the hepatitis C antibody
13. Positive result for the test for human immunodeficiency virus (HIV) antibodies
14. Used prescription or over-the-counter (OTC) bronchodilator medication (e.g. inhaled or oral  $\beta$ -adrenergic agonists) to treat a chronic condition within the 12 months prior to screening
15. Received any medications or substances (other than tobacco) which are known to be strong inducers or inhibitors of cytochrome P450 (CYP) enzymes within 14 days or 5 half-lives of the drug (whichever is longer) prior to screening
16. Perform strenuous physical activity (exceeding their normal activity levels) within 7 days prior to screening or admission
17. Employees and immediate relatives of the tobacco industry or the clinical site
18. Participation in a new chemical entity clinical study within the previous 3 months or a marketed drug clinical study within the 30 days before first dose of IMP
19. Any clinically relevant abnormal findings on the physical examination, medical history, ECG, lung function tests or clinical laboratory panel, unless deemed not clinically significant by the PI or the appropriately qualified designee
20. No use of a flavoured e-cigarette e-liquid
21. Diagnosed with a significant history of urticaria or asthma (childhood asthma is acceptable)
22. Have, or who have a history of, any clinically significant neurological, gastrointestinal, renal (including urinary tract infection or nephrolithiasis), hepatic, cardiovascular, psychiatric, respiratory, metabolic, endocrine, haematological or other major disorder that, in the opinion of the PI or the appropriately qualified designee, would jeopardise the safety of the subject or impact on the validity of the study results
23. Acute illness (e.g. upper respiratory tract infection, viral infection, etc.) requiring treatment within 4 weeks prior to screening.
24. Any treatment with smoking cessation medications (e.g. bupropion, varenicline or any NRTs) within 30 days of the planned first product use occasion
25. Previously been diagnosed with any form of malignancy
26. Previously randomised into or withdrawn from this study
27. In the opinion of the PI or the appropriately qualified designee, should not participate in this study

**Date of first enrolment**

31/10/2018

**Date of final enrolment**

04/12/2018

# Locations

## Countries of recruitment

United Kingdom

Wales

## Study participating centre

### Simbec Research Limited

Merthyr Tydfil Industrial Park,

Cardiff Road

CF48 4DR

United Kingdom

Merthyr Tydfil

United Kingdom

CF48 4DR

# Sponsor information

## Organisation

British American Tobacco (Investments) Ltd

## Sponsor details

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## Sponsor type

Industry

## Website

<http://www.bat-science.com/>

## ROR

<https://ror.org/01znsh139>

# Funder(s)

## Funder type

Industry

**Funder Name**

British American Tobacco

**Alternative Name(s)**

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

For-profit companies (industry)

**Location**

United Kingdom

## Results and Publications

**Publication and dissemination plan**

Full study protocol, statistical analysis plan, informed consent form, clinical study report will be available. Results from this study will be published in peer-reviewed scientific journals.

**Intention to publish date**

31/03/2020

**Individual participant data (IPD) sharing plan**

Deidentified participant level data will be available on request. This includes all data captured using the eCRF, questionnaires and full bioanalytical reports available in SDTM format for at least 5 years. This data will be available immediately following publication. Data will be available to anyone who wishes access to the data and for any purpose. Requests for data should be made to [clinical\\_info@bat.com](mailto:clinical_info@bat.com) and data requestors must sign a data access agreement

**IPD sharing plan summary**

Available on request

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/12/2020	24/11/2020	Yes	No
<a href="#">Protocol (other)</a>			17/08/2022	No	No
<a href="#">HRA research summary</a>			28/06/2023	No	No