

# The CareFile Project: An assessment of the impact of individualised information booklets in patients post stroke

<b>Submission date</b> 11/09/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 17/11/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 15/07/2010	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Deborah Lowe

### Contact details

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United Kingdom  
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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

## Scientific Title

## Study objectives

1. Potential to improve stroke knowledge following the implementation of an individualised information booklet
2. Assessment of new information tool and stroke knowledge assessment tool

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Approval was obtained from the local Research Ethics Committee

## Study design

Randomised controlled feasibility trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Prevention

## Participant information sheet

## Health condition(s) or problem(s) studied

Stroke

## Interventions

Individualised information booklets.

## Intervention Type

Other

## Phase

Not Applicable

## Primary outcome measure

Knowledge of stroke risk factors and secondary prevention.

## Secondary outcome measures

1. Satisfaction with information given
2. Utilisation of CareFile
3. Blood pressure targets

**Overall study start date**

01/04/2000

**Completion date**

01/03/2001

## Eligibility

**Key inclusion criteria**

1. Confirmed stroke
2. All ages
3. Either sex
4. Patients who are discharged home and who can self complete a questionnaire, or who have a named carer who can do so

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

100

**Key exclusion criteria**

1. Patients with pre-existing cognitive impairment
2. Patients who are discharged to institutionalised care
3. Patients who are discharged home and who cannot complete questionnaires and have no other named carer who can do so

**Date of first enrolment**

01/04/2000

**Date of final enrolment**

01/03/2001

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
c/o Stroke Research Office  
Liverpool  
United Kingdom  
L7 7AL

## **Sponsor information**

### **Organisation**

University Hospital Aintree Research and Development (UK)

### **Sponsor details**

University Hospital Aintree  
Longmoor Lane  
Liverpool  
England  
United Kingdom  
L7 7AL

### **Sponsor type**

Hospital/treatment centre

### **ROR**

<https://ror.org/008j59125>

## **Funder(s)**

### **Funder type**

Industry

### **Funder Name**

Aintree Trust (UK) - Research and Development

### **Funder Name**

Bristol-Myers Squibb (UK) - Research Grant

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2007		Yes	No