

# Radiotherapy with or without ibandronate in the treatment of painful bone metastases of prostate cancer

<b>Submission date</b> 09/01/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 09/01/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 03/04/2006	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

N/A

## Study information

### Scientific Title

### Study objectives

The purpose of this study is to evaluate the efficacy of oral ibandronate (versus placebo) added to the standard radiotherapy regimen for painful bone metastases to reduce pain, to reduce the need of analgesics, and to reduce skeletal-related events (impending fractures, need of repeated radiotherapy, or surgery).

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Not Specified

### Participant information sheet

### Health condition(s) or problem(s) studied

Prostate Cancer

### Interventions

Ibandronate tablet or placebo

### Intervention Type

Drug

### Phase

Not Specified

### Drug/device/biological/vaccine name(s)

ibandronate

### **Primary outcome measure**

Primary objective will be pain reduction on the pain scale (scale 0-10) at 12 weeks of treatment. Response of treatment will be defined as a reduction of at least two points of the pain scale.

### **Secondary outcome measures**

1. Pain reduction on the pain scale at 4-8-16-20-24 weeks of treatment. Use of analgesics at 4-8-12-16-20-24 weeks of treatment.
2. New skeletal-related events (= time to progression, including fractures, need of repeated radiotherapy, surgery)
3. Side effects at 4-8-12-16-20-24 weeks of treatment
4. Quality of Life, as measured by the EORTC-QLQ-C30 and EQ-5D, at 12-24 weeks

### **Overall study start date**

01/12/2005

### **Completion date**

01/12/2007

## **Eligibility**

### **Key inclusion criteria**

1. Karnofsky score >60%
2. Written informed consent
3. Histologically proven PC with documented (bone scintigraphy, CT scan, MRI, or conventional X-Ray) bone metastases, without spinal cord/cauda equina compression
4. Indication for analgesic radiotherapy
5. Estimated life expectancy of >6 months
6. Clinically documented painful bone metastases
7. Indication for analgesic radiotherapy for the painful bone metastases

### **Participant type(s)**

Patient

### **Age group**

Not Specified

### **Sex**

Not Specified

### **Target number of participants**

80

### **Key exclusion criteria**

1. Previous treatment with any kind of bisphosphonates or radionuclides
2. Hypercalcemia (serum calcium level >2.65 mmol/l), hypocalcemia (serum calcium level <2.2 mmol/l), impaired renal function (creatinine >266 µmol/l; albumin >50 g/l), according to the medical charts
3. Investigational drugs within 30 days before study entry
4. Paget's disease
5. Untreated esophagitis or gastric ulcer

**Date of first enrolment**

01/12/2005

**Date of final enrolment**

01/12/2007

## **Locations**

**Countries of recruitment**

Netherlands

**Study participating centre**

**Erasmus Medical Center**

Rotterdam

Netherlands

3008 AE

## **Sponsor information**

**Organisation**

Erasmus Medical Center (The Netherlands)

**Sponsor details**

Dr. Molewaterplein 40/50

Rotterdam

Netherlands

3000 CA

**Sponsor type**

Not defined

**ROR**

<https://ror.org/018906e22>

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

Roche Nederland BV

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration