

# Randomised controlled trial of the effectiveness of a schools-based, peer-led, smoking intervention

<b>Submission date</b> 25/10/2000	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 25/10/2000	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 24/11/2010	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

# Study information

## Scientific Title

### Acronym

ASSIST (A Stop Smoking in Schools Trial)

### Study objectives

1. To ascertain whether peer-leaders can be recruited and trained to reduce take-up of smoking among their peers and encourage those peers to maintain their non-smoking status
2. To ascertain whether those peer-leaders may also impact on smoking cessation among peers
3. To assess the costs of the intervention against a range of outcomes using a 'costs & consequences' approach
4. To undertake a process evaluation and produce an intervention manual

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration.

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Not Specified

### Participant information sheet

### Health condition(s) or problem(s) studied

Public health, social medicine

### Interventions

Smoking behaviour of Year 8 pupils, followed up for 2 years

### Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

Change in smoking prevalence among the 'high risk' group (experimenters, ex-smokers and less than weekly smokers), change in prevalence in the year group. Smoking prevalence is operationalised as that proportion having smoking in the last 7 days.

**Secondary outcome measures**

Perception of norms regarding adolescent smoking, intention to quit.

**Overall study start date**

01/01/2001

**Completion date**

30/04/2005

**Eligibility****Key inclusion criteria**

Year 8 pupils in state secondary schools, where schools, parents and pupils agree to participation

**Participant type(s)**

Patient

**Age group**

Child

**Sex**

Not Specified

**Target number of participants**

750

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/01/2001

**Date of final enrolment**

30/04/2005

**Locations****Countries of recruitment**

United Kingdom

Wales

**Study participating centre**  
**School of Social Sciences**  
Cardiff  
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CF10 3WT

## **Sponsor information**

### **Organisation**

Cardiff University (UK)

### **Sponsor details**

Cardiff University  
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### **Sponsor type**

University/education

### **Website**

<http://www.cardiff.ac.uk/>

### **ROR**

<https://ror.org/03kk7td41>

## **Funder(s)**

### **Funder type**

Research council

### **Funder Name**

Medical Research Council (MRC) (UK)

### **Alternative Name(s)**

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

### **Funding Body Type**

Government organisation

### **Funding Body Subtype**

National government

### **Location**

United Kingdom

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

### **Individual participant data (IPD) sharing plan**

### **IPD sharing plan summary**

Not provided at time of registration

### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol:	22/04/2005		Yes	No
<a href="#">Results article</a>	results:	10/05/2008		Yes	No
<a href="#">Results article</a>	results	01/12/2009		Yes	No