

Randomised controlled trial of the effectiveness of a schools-based, peer-led, smoking intervention

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| Submission date 25/10/2000 | Recruitment status No longer recruiting | <input checked="" type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol |
| Registration date 25/10/2000 | Overall study status Completed | <input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results |
| Last Edited 24/11/2010 | Condition category Respiratory | <input type="checkbox"/> Individual participant data |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

Acronym

ASSIST (A Stop Smoking in Schools Trial)

Study objectives

1. To ascertain whether peer-leaders can be recruited and trained to reduce take-up of smoking among their peers and encourage those peers to maintain their non-smoking status
2. To ascertain whether those peer-leaders may also impact on smoking cessation among peers
3. To assess the costs of the intervention against a range of outcomes using a 'costs & consequences' approach
4. To undertake a process evaluation and produce an intervention manual

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration.

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Public health, social medicine

Interventions

Smoking behaviour of Year 8 pupils, followed up for 2 years

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Change in smoking prevalence among the 'high risk' group (experimenters, ex-smokers and less than weekly smokers), change in prevalence in the year group. Smoking prevalence is operationalised as that proportion having smoking in the last 7 days.

Secondary outcome measures

Perception of norms regarding adolescent smoking, intention to quit.

Overall study start date

01/01/2001

Completion date

30/04/2005

Eligibility**Key inclusion criteria**

Year 8 pupils in state secondary schools, where schools, parents and pupils agree to participation

Participant type(s)

Patient

Age group

Child

Sex

Not Specified

Target number of participants

750

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/2001

Date of final enrolment

30/04/2005

Locations**Countries of recruitment**

United Kingdom

Wales

Study participating centre
School of Social Sciences
Cardiff
United Kingdom
CF10 3WT

Sponsor information

Organisation

Cardiff University (UK)

Sponsor details

Cardiff University
Main Building
Park Place
Cardiff
Wales
United Kingdom
CF10 3XQ
+44 (0)29 2087 4000

Sponsor type

University/education

Website

<http://www.cardiff.ac.uk/>

ROR

<https://ror.org/03kk7td41>

Funder(s)

Funder type

Research council

Funder Name

Medical Research Council (MRC) (UK)

Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United Kingdom

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|----------------------------------|-----------|--------------|------------|----------------|-----------------|
| Protocol article | protocol: | 22/04/2005 | | Yes | No |
| Results article | results: | 10/05/2008 | | Yes | No |
| Results article | results | 01/12/2009 | | Yes | No |