

# Randomised controlled trial of the effectiveness of a schools-based, peer-led, smoking intervention

<b>Submission date</b> 25/10/2000	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 25/10/2000	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 24/11/2010	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### Protocol serial number

G9900538

## Study information

Scientific Title

**Acronym**

ASSIST (A Stop Smoking in Schools Trial)

**Study objectives**

1. To ascertain whether peer-leaders can be recruited and trained to reduce take-up of smoking among their peers and encourage those peers to maintain their non-smoking status
2. To ascertain whether those peer-leaders may also impact on smoking cessation among peers
3. To assess the costs of the intervention against a range of outcomes using a 'costs & consequences' approach
4. To undertake a process evaluation and produce an intervention manual

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration.

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

Public health, social medicine

**Interventions**

Smoking behaviour of Year 8 pupils, followed up for 2 years

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Change in smoking prevalence among the 'high risk' group (experimenters, ex-smokers and less than weekly smokers), change in prevalence in the year group. Smoking prevalence is operationalised as that proportion having smoked in the last 7 days.

**Key secondary outcome(s)**

Perception of norms regarding adolescent smoking, intention to quit.

**Completion date**

30/04/2005

# Eligibility

## Key inclusion criteria

Year 8 pupils in state secondary schools, where schools, parents and pupils agree to participation

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Child

## Sex

Not Specified

## Key exclusion criteria

Not provided at time of registration

## Date of first enrolment

01/01/2001

## Date of final enrolment

30/04/2005

# Locations

## Countries of recruitment

United Kingdom

Wales

## Study participating centre

School of Social Sciences

Cardiff

United Kingdom

CF10 3WT

# Sponsor information

## Organisation

Cardiff University (UK)

ROR

## Funder(s)

### Funder type

Research council

### Funder Name

Medical Research Council (MRC) (UK)

### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

### Funding Body Type

Government organisation

### Funding Body Subtype

National government

### Location

United Kingdom

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results:	10/05/2008		Yes	No
<a href="#">Results article</a>	results	01/12/2009		Yes	No
<a href="#">Protocol article</a>	protocol:	22/04/2005		Yes	No