# Sexunzipped pilot online trial

Submission date	Recruitment status  No longer recruiting	Prospectively registered		
12/01/2011		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
22/03/2011	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
06/01/2014	Urological and Genital Diseases			

# Plain English summary of protocol

Not provided at time of registration

# **Contact information**

## Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

# Protocol serial number

G0701749

# Study information

#### Scientific Title

An interactive computer-based intervention for sexual behaviour change: Sexunzipped pilot online trial

### **Study objectives**

That an interactive, tailored online intervention for sexual health promotion will be more effective in promoting sexual health in young people than an information-only website.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

UCL Ethics Committee approved on the 4th August 2010 (ref: 1023/002)

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

## Study type(s)

Quality of life

#### Health condition(s) or problem(s) studied

Sexual Health

#### **Interventions**

- 1. Interactive website containing sexual health information and activities based on psychological theories of behaviour change and a holistic conception of sexual wellbeing which includes a focus on pleasure
- 2. Quizzes and decision-making activities with tailored feedback
- 3. Control brief, information-only website with content which focuses mainly on sexually transmitted infection and contraception
- 4. No interactive activities

# Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome(s)

- 1. This pilot study will help to determine which outcome should be the primary outcome for a substantive trial. We will report on all measured outcomes including:
- 1.1. Knowledge
- 1.2. Self-efficacy
- 1.3. Intention
- 1.4. Affective outcomes
- 1.5. Communication in relationships
- 1.6. Sexual behaviour (especially condom use for vaginal or anal sex)
- 1.7. Genital chlamydia (postal sample)

# Key secondary outcome(s))

No secondary outcome measures

# Completion date

30/09/2011

# Eligibility

## Key inclusion criteria

- 1. Young people aged 16 20 years, either sex
- 2. Living in the UK
- 3. Able to read English

# Participant type(s)

**Patient** 

# Healthy volunteers allowed

No

# Age group

Adult

#### Sex

All

# Key exclusion criteria

People aged under 16 or over 21

#### Date of first enrolment

01/11/2010

#### Date of final enrolment

30/09/2011

# Locations

#### Countries of recruitment

**United Kingdom** 

England

# Study participating centre e-Health Unit

London United Kingdom NW3 2PF

# Sponsor information

# Organisation

University College London (UCL) (UK)

#### **ROR**

https://ror.org/02jx3x895

# Funder(s)

# Funder type

Research council

#### **Funder Name**

Medical Research Council (MRC) (UK) (ref: G0701749)

# Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

# **Funding Body Type**

Government organisation

# **Funding Body Subtype**

National government

#### Location

**United Kingdom** 

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Results article	results	11/12/2013	Yes	No
Results article	results	12/12/2013	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	No	Yes
Study website	Study website	11/11/2025 11/11/2025	No	Yes