

Comparing the effectiveness of multidisciplinary family approach with traditional dietetic treatment in managing the weight of overweight or obese children

Submission date 17/01/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 17/02/2006	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 18/10/2016	Condition category Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Barrie Margetts

Contact details

Institute of Human Nutrition
University of Southampton
Southampton General Hospital
Southampton
United Kingdom
SO16 6YD
+44 (0)23 8079 4776
B.M.Margetts@soton.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

J03

Study information

Scientific Title

Comparing the effectiveness of multidisciplinary family approach with traditional dietetic treatment in managing the weight of overweight or obese children

Study objectives

That a multidisciplinary family approach will be more effective in managing weight than usual care

Ethics approval required

Old ethics approval format

Ethics approval(s)

Health and Social Services Ethics Committee, Jersey

Study design

Randomised cross-over design

Primary study design

Interventional

Secondary study design

Randomised cross over trial

Study setting(s)

Not specified

Study type(s)

Quality of life

Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

Health condition(s) or problem(s) studied

Overweight or obese children

Interventions

Family support and activity versus usual care

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Weight

Secondary outcome measures

1. Percentage body fat
2. Nutritional balance
3. Physical activity
4. Self-esteem
5. Body image

Overall study start date

01/10/2004

Completion date

30/09/2007

Eligibility**Key inclusion criteria**

Overweight or obese children between 6 to 14 years of age

Participant type(s)

Patient

Age group

Child

Lower age limit

6 Years

Upper age limit

14 Years

Sex

Both

Target number of participants

40 children

Key exclusion criteria

1. Any medical condition preventing safe exercising
2. Inability to attend without parent or guardian

Date of first enrolment

01/10/2004

Date of final enrolment

30/09/2007

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

University of Southampton

Southampton

United Kingdom

SO16 6YD

Sponsor information

Organisation

University of Southampton, Institute of Human Nutrition (UK)

Sponsor details

Public Health Nutrition

Institute of Human Nutrition

University of Southampton

Level E (893)

Centre Block

Southampton General Hospital

Southampton

England

United Kingdom

SO16 6YD

Sponsor type

University/education

ROR

<https://ror.org/01ryk1543>

Funder(s)

Funder type

Charity

Funder Name

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2011		Yes	No