# A randomised, controlled pilot study to compare the effect of preoperative binaural beat audio with patient-selected music on subsequent anaesthetic drug requirements

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
29/09/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
29/09/2006	Completed	[X] Results
Last Edited	Condition category	[] Individual participant data
17/03/2009	Surgery	

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr D Laws

#### Contact details

Department of Anaesthesia Sunderland Royal Hospital Kayll Road Sunderland United Kingdom SR4 7TP

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### **Study objectives**

A pilot study to compare the doses of anaesthetic required to induce anaesthesia in patients receiving day-case surgery who have listened to one of two types of audio during the preceding hour.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

#### Study type(s)

**Not Specified** 

#### Participant information sheet

# Health condition(s) or problem(s) studied

Surgery: Anaesthesia

#### **Interventions**

Patients will be randomised to either listen to their own music or binaural beat audio.

#### Intervention Type

Procedure/Surgery

#### **Phase**

**Not Specified** 

#### Primary outcome measure

The study will compare the effect of preoperative binaural beat audio with patient-selected music on the amount of propofol required to achieve a BIS score of 50.

#### Secondary outcome measures

Not provided at time of registration

## Overall study start date

01/11/2005

#### Completion date

31/05/2006

# **Eligibility**

#### Key inclusion criteria

Adults receiving general anaesthesia for day case surgery at Sunderland General Hospital.

## Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

**Not Specified** 

#### Target number of participants

20 patients will be recruited, 10 in each group

## Key exclusion criteria

- 1. Patients under 16 years old
- 2. Patients arriving to the Day Unit within one hour of surgery (logistical exclusion)

#### Date of first enrolment

01/11/2005

#### Date of final enrolment

31/05/2006

# Locations

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre Department of Anaesthesia

Sunderland United Kingdom SR4 7TP

# Sponsor information

#### Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

#### Sponsor details

The Department of Health, Richmond House, 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

#### Website

http://www.dh.gov.uk/Home/fs/en

# Funder(s)

#### Funder type

Government

#### **Funder Name**

City Hospitals Sunderland NHS Foundation Trust (UK), NHS R&D Support Funding

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# Study outputs

Output typeDetailsDate createdDate addedPeer reviewed?Patient-facing?Results articleresults01/09/2005YesNo