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Future oriented group training for suicidal patients

Submission date	Recruitment status	[X] Prospectively registered
28/12/2006	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
28/12/2006	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
16/08/2010	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Study website
http://www.toekomstgerichtetraining.nl

Contact information

Type(s)
Scientific

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-
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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
NTR786

Study information

Scientific Title

Study objectives
1. The level of suicide ideation is correlated with a low level of positive future expectancies.
2. Our future oriented training will help people to predict a more positive future.
3. And this will lead to less suicide ideation.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethics approval received from the local medical ethics committee

Study design
Randomised open label active controlled parallel group trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Suicide

Interventions
We developed a manual-based group training, including elements from:
1. Motivational interviewing
2. Cognitive behavioural therapy
3. Problem solving treatment
4. Future thinking
5. Positive psychology

We compared three groups:
1. Treatment As Usual (TAU)
2. TAU and experimental training
3. Non-suicidal control group

Intervention Type

Other

Phase
Not Specified

Primary outcome measure
1. Level of suicide ideations
2. Level of suicidal behaviour

Secondary outcome measures
1. Depression (BDI-II)
2. Quality of life (Outcome Questionnaire [OQ45])
3. Coping (Coping Inventory for Stressful Situations [CISS])
4. Problem solving (Social Problem Solving Inventory-Revised [SPSI-R])
5. Hopelessness (Beck Hopelessness Scale [BHS])
6. Worrying (Penn State Worry Questionnaire [PSWQ])

Overall study start date
01/01/2007

Completion date
01/01/2010

Eligibility

Key inclusion criteria
1. Suicide ideation (Beck Depression Inventory Second Edition [BDI-II], question nine more than zero)
2. Lifetime affective disorder

Participant type(s)
Patient

Age group
Adult

Sex
Both

Target number of participants
225

Key exclusion criteria
1. Primary psychotic disorder
2. Primary substance abuse disorder
3. Current manic state
4. Inability to read or write Dutch
5. Intelligence Quotient (IQ) less than 85

Date of first enrolment

01/01/2007

Date of final enrolment
01/01/2010

Locations

Countries of recruitment
Netherlands

Study participating centre
-
Alkmaar
Netherlands
-

Sponsor information

Organisation
Symfora Group (Netherlands)

Sponsor details
Postbus 219
Hilversum
Netherlands
1200 AE

Sponsor type
Not defined

Website
http://www.symfora.nl/

ROR
https://ror.org/01m0gv380

Funder(s)

Funder type
Research organisation

Funder Name

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	07/10/2009		Yes	No