

Future oriented group training for suicidal patients

Submission date 28/12/2006	Recruitment status No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 28/12/2006	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 16/08/2010	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Study website
<http://www.toekomstgerichtetraining.nl>

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
NTR786

Study information

Scientific Title

Study objectives

1. The level of suicide ideation is correlated with a low level of positive future expectancies.
2. Our future oriented training will help people to predict a more positive future.
3. And this will lead to less suicide ideation.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the local medical ethics committee

Study design

Randomised open label active controlled parallel group trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Suicide

Interventions

We developed a manual-based group training, including elements from:

1. Motivational interviewing
2. Cognitive behavioural therapy
3. Problem solving treatment
4. Future thinking
5. Positive psychology

We compared three groups:

1. Treatment As Usual (TAU)
2. TAU and experimental training
3. Non-suicidal control group

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

1. Level of suicide ideations
2. Level of suicidal behaviour

Secondary outcome measures

1. Depression (BDI-II)
2. Quality of life (Outcome Questionnaire [OQ45])
3. Coping (Coping Inventory for Stressful Situations [CISS])
4. Problem solving (Social Problem Solving Inventory-Revised [SPSI-R])
5. Hopelessness (Beck Hopelessness Scale [BHS])
6. Worrying (Penn State Worry Questionnaire [PSWQ])

Overall study start date

01/01/2007

Completion date

01/01/2010

Eligibility

Key inclusion criteria

1. Suicide ideation (Beck Depression Inventory Second Edition [BDI-II], question nine more than zero)
2. Lifetime affective disorder

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

225

Key exclusion criteria

1. Primary psychotic disorder
2. Primary substance abuse disorder
3. Current manic state
4. Inability to read or write Dutch
5. Intelligence Quotient (IQ) less than 85

Date of first enrolment

01/01/2007

Date of final enrolment

01/01/2010

Locations

Countries of recruitment

Netherlands

Study participating centre

-

Alkmaar

Netherlands

-

Sponsor information

Organisation

Symfora Group (Netherlands)

Sponsor details

Postbus 219

Hilversum

Netherlands

1200 AE

Sponsor type

Not defined

Website

<http://www.symfora.nl/>

ROR

<https://ror.org/01m0gv380>

Funder(s)

Funder type

Research organisation

Funder Name

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	07/10/2009		Yes	No