# A randomised controlled trial of short-term intensive community case management of severe mental illness: an assessment of its benefit to 'heavy users' of hospital services and cost effectiveness

Submission date 23/01/2004	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li><li>Protocol</li></ul>
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<ul> <li>Statistical analysis plan</li> <li>Results</li> </ul>
Last Edited 29/11/2013	<b>Condition category</b> Mental and Behavioural Disorders	<ul> <li>Individual participant data</li> <li>Record updated in last year</li> </ul>

### Plain English summary of protocol

Not provided at time of registration

## **Contact information**

**Type(s)** Scientific

**Contact name** Dr Phil Harrison-Read

### Contact details

North West London Mental Health NHS Trust Community Intervention Project 144-150 High Road Willesden Brent United Kingdom NW10 2PT +44 (0)20 8830 1260

## Additional identifiers

EudraCT/CTIS number

**IRAS number** 

### ClinicalTrials.gov number

Secondary identifying numbers RDC00047

## Study information

Scientific Title

### **Study objectives**

This project aims to determine whether short-term intensive community case management provided to "heavy users" of psychiatric services when not in crisis is beneficial and costeffective. The patient group to be studied will be identified from an audit of users of acute psychiatric beds at Central Middlesex Hospital and other providers; previously it was found that 10% of patients utilised over 60% of total bed days. Case management will be provided by CIP, a fully operational mental health team working with clients with severe mental health problems.

Ethics approval required

Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Not specified

**Study type(s)** Not Specified

### Participant information sheet

### Health condition(s) or problem(s) studied

Mental and behavioural disorders: Schizophrenia and other psychoses; Mental and behavioural disorders: Depression, anxiety, neuroses

**Interventions** Short-term intensive community case management vs standard care

### Intervention Type

Other

**Phase** Not Specified

### Primary outcome measure

1. Hospital admission and service utilisation

- 2. Mental health assessments
- 3. Costing of services

**Secondary outcome measures** Not provided at time of registration

Overall study start date 30/04/1995

Completion date 30/04/2000

## Eligibility

### Key inclusion criteria

The sampling frame will be drawn from the current register of heavy users of psychiatric inpatient services.

**Participant type(s)** Patient

**Age group** Adult

**Sex** Not Specified

**Target number of participants** Not provided at time of registration

### Key exclusion criteria

Users who are not currently living in Brent, are aged 65 or over, are current CIP clients or inpatients, or have a primary problem of alcohol or substance misuse.

Date of first enrolment 30/04/1995

Date of final enrolment 30/04/2000

## Locations

**Countries of recruitment** England United Kingdom

**Study participating centre North West London Mental Health NHS Trust** Brent United Kingdom NW10 2PT

### Sponsor information

**Organisation** NHS R&D Regional Programme Register - Department of Health (UK)

### Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

### Sponsor type

Government

Website http://www.doh.gov.uk

### Funder(s)

**Funder type** Government

Funder Name NHS Executive London

## **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration