

# Effect of two different forms of propofol administration on sedation during bronchoscopy

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<b>Registration date</b> 04/12/2020	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 04/01/2021	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Bronchoscopy is a standard procedure for the diagnosis and treatment of lung disease. Despite numerous possible complications, it is considered generally safe. Still, the examination can cause discomfort leading to disturbing and potentially harmful reactions. To reduce stress and difficulties and simplify the procedure, flexible bronchoscopy is normally performed under sedation. The increasing use of flexible bronchoscopy for diagnostic and interventional purposes requires further knowledge of feasible sedation. Current guidelines recommend that sedation should be offered to any patient undergoing flexible bronchoscopy and there is a number of studies aiming to identify the best sedation strategy by testing different drugs in varying doses and different methods of application, but there is no standardized sedation protocol. Propofol is widely used as a sedative for flexible bronchoscopy. However, the amount of propofol used and the level of sedation depends on the proceduralist's discretion. In order to provide stable blood levels of propofol and prevent complications, propofol administration by target-controlled infusion (TCI) has been tested. Considering the characteristics of propofol, the TCI algorithm can predict drug concentrations in the brain. The infusion rate of propofol is set according to the patient's age, weight, height and gender and to target the required concentration. The TCI device will then maintain this concentration by automatically changing the infusion rate. The aim of this study is to determine the impact of Target-Controlled Infusion (TCI) of propofol on sedation quality in patients undergoing flexible bronchoscopy in comparison to patients receiving propofol by intermittent boluses.

### Who participated

Adult patients scheduled for elective flexible bronchoscopy

### What does the study involve?

Participants receive one of the two types of sedation. Bronchoscopy is performed with continuous monitoring of vital signs and electroencephalogram (EEG). In the TCI group propofol sedation is achieved using a perfusor. Based on individual patient data (gender, age, weight and height), the initial infusion rate is set and subsequently increased in small defined steps every 60 seconds according to clinical assessment of sedation depth until the patient loses consciousness (LOC). At this point, the bronchoscopy is started. If necessary, a bolus of propofol (10-30 mg) is given to deepen sedation. To maintain the required level of sedation during the intervention,

the Infusion rate is increased or decreased. In case of adverse effects such as slow breathing or low blood pressure, the infusion rate is reduced or temporarily stopped. The bolus group patients receive boluses of 20 – 50 mg propofol until LOC is achieved. If necessary, additional boluses of 20 – 40 mg are used.

What are the possible benefits and risks of participating in the study?

The possible benefits of this study are improved sedation quality and better examination conditions. There are no additional risks to participants taking part in this study due to the observational design of the study. Both sedation regimens are well established for sedation during bronchoscopy.

Where is the study run from?

Technical University of Munich (Germany)

When is the study starting and how long is it expected to run for?

February 2014 to March 2015

Who is funding the study?

Technical University of Munich (Germany)

Who is the main contact?

Cornelius Husemann

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## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### Clinical Trials Information System (CTIS)

Nil known

**ClinicalTrials.gov (NCT)**

Nil known

**Protocol serial number**

Nil known

## Study information

### Scientific Title

Impact of target-controlled infusion (TCI) of propofol on state- and response-entropy and sedation depth during flexible bronchoscopy

### Study objectives

The aim of this observational study is to determine the impact of Target-Controlled Infusion of propofol on sedation quality in patients undergoing flexible bronchoscopy in comparison to patients receiving propofol by intermittent boluses. State and Response Entropy are used to monitor the level of sedation.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Approved 05/08/2014, Ethikkommission der Technischen Universität München (Grillparzerstraße 16, 3. Stock, 81675 München, Germany; +49 (0)89 4140 4371; ethikkommission@mri.tum.de), ref: 260/14 S

### Study design

Observational prospective single-centre cohort study

### Primary study design

Observational

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Sedation during flexible bronchoscopy

### Interventions

Due to the observational design of the study no specific intervention related to the study is performed.

Patients scheduled for diagnostic or interventional bronchoscopy are non-randomly assigned in an alternate sequence to receive propofol sedation using either intermittent boluses or Target Controlled Infusion (TCI).

In the TCI group propofol sedation is achieved by a perfusor. Based on individual patient data, the target effect-site concentration (Cet) is initially set to 2 µg/ml. Subsequently Cet is increased in steps of 0.5-1.0 µg/ml every 60s until the patient loses consciousness (LOC) defined as MOAA /S Score < 3 (29). At this point, bronchoscopy is initiated, if necessary, a bolus of propofol (10-30 mg) is given via the perfusor to deepen sedation. To maintain the required level of sedation during the intervention, Cet is titrated up/down with increments of 0.5-1.0 µg/ml. The bolus

group patients receive intermittent boluses of 20 – 50mg propofol until LOC is achieved. If necessary, additional boluses of 20 – 40 mg are applied.

Monitoring of three-channel electrocardiography, heart rate, peripheral oxygen saturation, blood pressure (every 2.5 min) and EEG is recorded continuously. As well as vital signs, endpoints include entropy monitoring to evaluate sedation depth, sedation quality and the total amount of propofol.

### **Intervention Type**

Procedure/Surgery

### **Primary outcome(s)**

1. Level of sedation measured with Response and State Entropy (RE+SE), expressed as mean  $\pm$  SEM representing the baseline starting points, the induction period until loss of consciousness (LOC), the LOC itself as a timepoint, and the procedure until the end of bronchoscopy
2. Sedation quality measured using a questionnaire to be completed by proceduralists and assisting nurses right after examination. Sedation quality could be rated using a grading system from Grade 1 = "Patient was very calm, excellent working conditions" up to Grade 6 "Patient was uneasy, not good working conditions". Expressed as numbers n and percentage
3. Total amount of propofol, and duration until LOC and duration of the procedure, expressed as mean  $\pm$  SEM, measured using a timer function within the recording software, starting right before the sedation starts and ending 10 min after bronchoscopy ends

### **Key secondary outcome(s)**

Adverse effects of the sedation protocol, i.e. heart rate  $>125$  bpm and  $<50$  bpm, blood pressure  $<90$  mmHg,  $<80\%$  and  $>120\%$  of baseline, SpO<sub>2</sub>  $<90\%$  and  $<80\%$  for  $>10$  sec and respiratory rate  $<8$ /min, expressed as number (n) and percentage (%), measured using a monitoring device and software recording every vital sign in real-time every second for HR and SpO<sub>2</sub> and every 2.5 min for respiratory rate during the whole procedure

### **Completion date**

31/03/2015

## **Eligibility**

### **Key inclusion criteria**

Patients scheduled for diagnostic or interventional bronchoscopy with an estimated duration  $>10$  min

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Sex**

All

## **Total final enrolment**

54

## **Key exclusion criteria**

1. Age <18 years
2. Contraindications to propofol
3. Emergency procedures
4. Pregnancy
5. Cystic fibrosis
6. Mandatory ventilation
7. Acute respiratory insufficiency
8. Tachycardia >125 bpm
9. Tachycardic arrhythmias
10. Acute coronary syndrome
11. Severe heart failure
12. Septic shock
13. Severe hepatic impairment
14. Systolic blood pressure <90 mmHg
15. SpO<sub>2</sub> < 90% without supplemental oxygen at presentation and body mass index > 40 kg/m<sup>2</sup>

## **Date of first enrolment**

01/06/2014

## **Date of final enrolment**

31/03/2015

## **Locations**

### **Countries of recruitment**

Germany

### **Study participating centre**

**Medizinische Klinik und Poliklinik, Klinikum rechts der Isar der Technischen Universität München**

Ismaninger Straße 22

Munich

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81675

## **Sponsor information**

### **Organisation**

Rechts der Isar Hospital

### **ROR**

<https://ror.org/04jc43x05>

# Funder(s)

## Funder type

University/education

## Funder Name

Technische Universität München

## Alternative Name(s)

Technical University of Munich, TUM

## Funding Body Type

Government organisation

## Funding Body Subtype

Universities (academic only)

## Location

Germany

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from Cornelius Husemann (cornelius.husemann@mri.tum.de).

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol file</a>			04/01/2021	No	No